

Through connections with campus partners, community resources, and support systems, the **Campus Social Worker** assists students experiencing challenging situations. Through individualized planning, she encourages success while reducing the impact of stressors. In addition to identifying challenges, the social worker will also provide support options and connect students to resources. Throughout the process of coordinating these resources and managing the student's success plan, the social worker will follow up with students as necessary.

OFFICE HOURS



Anayah Hall
Campus Social Worker
Monday-Thursday
10 am - 6 pm



Laticia Watson
Campus Social Worker
Monday-Thursday
10 am - 6 pm

Campus Social Worker Resources

NJ PUBLIC ASSISTANCE

[NJ Helps](#)

This site will help to see if you are eligible for food assistance (SNAP), cash assistance (WFNJ/TANF or WFNJ/GA), and health Insurance (NJ FamilyCare/Medicaid). From there you can apply for services or learn about additional resources.

[NJ 211](#)

Assistance with finding social services in your area (shelters, food, utility assistance, etc). Call 2-1-1 or search on the website.

NJ 211 provides live assistance 24 hours a day, every day of the year. Our services are free, confidential and multilingual. There are several ways to reach us:

- By phone (simply dial 2-1-1)
- Via text (send your zip code to 898-211)
- By Email (info@nj211.org)
- Chat with us online

[NJ FamilyCare](#)

As of January 1, 2023, children under 19 may now apply for NJ FamilyCare regardless of their immigration status. All other requirements for NJ FamilyCare still apply.

New Jersey's publicly funded health insurance program - includes CHIP, Medicaid and Medicaid expansion populations. That means qualified NJ residents of any age may be eligible for free or low-cost healthcare coverage that covers doctor visits, prescriptions, vision, dental care, mental health and substance use services, and even hospitalization.

[NJ resident](#)

Individuals ineligible for NJ FamilyCare can find information on other insurance affordability programs at www.getcovered.nj.gov.

FOOD

SEU Food Pantry : **Mahoney Library, 2nd Floor, Room E**

Campus Food Pantry is a resource for all currently enrolled SEU students. We understand it is important to ensure that all students have access to nutritional and basic necessities. In the Food Pantry, students will be able to select from a menu of items inclusive of proteins, grains, vegetables, toiletries, and more. The pantry has been stocked with the help of organizations such as the Community FoodBank of New Jersey, Women Fighting Hunger, Faculty/Staff, Students/Parents, etc.

NJ SNAP

New Jersey's Supplemental Nutrition Assistance Program, NJ SNAP, provides food assistance to families and individuals with low incomes to help them buy groceries through a benefits card accepted in most food retail stores and some farmers markets. Eligibility is set by several factors, such as income and resources. You can use SNAP benefits to stretch your food budget and buy nutritious foods that can keep you and your family healthy.

- How to Apply:
<https://www.nj.gov/humanservices/njsnap/apply/ways/>
- Getting assistance with applying for SNAP:
shorturl.at/gvZ69

Women, Infant Child (W.I.C.)

The New Jersey Supplemental Nutrition Program for Women Infants and Children is commonly known as WIC. WIC is a successful public health nutrition program that provides wholesome food, nutrition education and community support for income eligible women who are

MENTAL HEALTH SERVICES

If you or someone you know is experiencing a crisis and thinking about or planning suicide, please come to the Wellness Center (Founders Hall) during business hours: M-F 9-4:30, or call our office (973) 290-4134. You may also call 911 or go to your closest emergency room.

In case of a psychiatric emergency after hours and you live on campus, please contact the 24-hour Residence Life Duty phone: (973) 985-7394. Otherwise, call 911 or go to your closest emergency room.

pregnant and postpartum, infants and children up to five years old. <https://www.nj.gov/health/fhs/wic/>

How to Apply to WIC: <https://www.nj.gov/health/fhs/wic/participants/apply-wic/>

Find free food near you by calling the USDA National Hunger Hotline at 866-3-HUNGRY (866-348-6479) or 877-8-HAMBRE <https://www.hungerfreeamerica.org/en-us/get-help>

ADDITIONAL LOCAL FOOD PANTRIES

Community FoodBank of New Jersey (partnership with SEU)

31 Evans Terminal Rd #1, Hillside, NJ 07205
908-355-3663

Interfaith Food Pantry Network

<https://mcifp.org/>
2 Executive Drive, Morris Plains, NJ 07950
973-538-8049

Spring Street Community Development Corporation

<https://www.springstreetcdc.org/table-of-hope>
65 Spring St, Morristown, NJ 07960
info@springstreetcdc.org
(P) 973-998-9330
(F) 973-685-4168

nourish.NJ

<https://nourishnj.org/>
nourish.NJ creates lasting solutions to the problems of hunger, homelessness and poverty. We offer food, housing, work readiness, medical, social and educational services 365 days a year in a warm, safe and caring environment, free of charge, no questions asked.

36 Sussex Avenue, Morristown, NJ 07960

In a crisis after hours or on weekends? Check out the crisis hotlines below...

CRISIS HOTLINES

Crisis hotline at Morristown Medical Center

(973) 540-0100

Suicide & Crisis Lifeline (988)

Crisis Text Line

text HOME to 741741 crisistextline.org

NJ Hopeline

(855) NJ-HOPELINE (654-6735) njhopeline.com

2nd Floor: youth helpline

2NDFLOOR is a confidential and anonymous helpline for New Jersey's youth and young adults. We are here to help you find solutions to the problems that you face and we are available 24/7 365 days a year.

(888) 222-2228 2ndfloor.org

LGBTQ Trevor Lifeline

(866) 488-7386 thetrevorproject.org

- Trevor Text Line: text START to 678-678
- Trevor Chat: thetrevorproject.org/get-help

Sexual Assault Hotline

(800) 656-HOPE (4673) rainn.org

WEBSITES FOR BEHAVIORAL HEALTH PROVIDERS

PsychologyToday.com and BetterHelp.com

Mental Health Association of Essex and Morris

<https://www.mhainspire.org/>

The mission of the Mental Health Association is to promote mental health, including the integration of physical healthcare, to improve the care and treatment of individuals with mental illness, and to remove the stigma associated with emotional and mental disorders.

As a community organization, we accomplish our mission through advocacy, education, prevention, early intervention, treatment and service. (Advocating/ Providing/Educating/Helping)

NEARBY THERAPISTS

Therapy Resources of Morris County, LLC

VICTIM/SURVIVOR SERVICES

ONLINE RESOURCES FOR VICTIM/SURVIVOR OF RAPE/SEXUAL ABUSE

<https://www.ascasupport.org/>

<http://www.aftersilence.org/>

<https://forge-forward.org/>

<https://1in6.org/>

<https://www.loveisrespect.org/> (https://www.loveisrespect.org/pdf/SafetyPlan_College_Students.pdf)

(accepts most insurances/sliding scale)
25 Lindsley Dr, Suite 203, Morristown, NJ 07960
973-998-7900

Email: info@therapyresourcesmc.com
<https://www.therapyresourcesmc.com/>

Feelings Forward Wellness, LLC (accepts Aetna)
30 Lafayette Ave, Ste 1 1008, Morristown, NJ 07960
929-470-1186

<https://www.feelingsforwardwellness.com/>

St. Clares Wellness & Recovery Program

56 Morris Ave.

Denville, NJ 07834

(973)625-0096

<https://saintclares.com/services/behavioral-health-services/wellness-and-recovery-center/>

Atlantic Behavioral Health

Access Center 1-888-247-1400

atlanticealth.org

Morris CARES (for sexual assault survivors: counseling, advocacy, respect, education & support)

Morristown Medical Center

25A Vreeland Road, Suite 105, Florham Park, NJ

Schedule appointment/obtain program information:

973-971-4754

24-hour hotline: 973-829-0587

New Jersey MentalHealthCares

866-202-HELP (4357)

<https://www.njmentalhealthcares.org/>

**If students have health insurance they should check what kind of behavioral health providers are covered.

<https://www.joinonelove.org/>

<https://malesurvivor.org/>

Title IX and Sexual Misconduct Policies

HEALTH & WELLNESS SERVICES

SEU Health Services

The mission of the Health Services is to provide quality healthcare services to students that will enhance the educational process by modifying or removing health-related barriers to learning by promoting optimal wellness, and by enabling students to make informed decisions about health related matters.

Health Services is committed to providing resources to support, encourage, teach, counsel, and treat students with acute and chronic illnesses. In addition, Health Services takes the initiative to empower students to become active participants in promoting their own health and wellness.

We recognize diversity and plan care appropriately for individuals from various cultures, ethnic backgrounds, religions, and socioeconomic status. All aspects of health and wellness services are within the context of a strong Catholic identity, and in compliance with all Federal and State regulations.

University Health Insurance: United HealthCare Insurance Company

**Saint Elizabeth University also has a partnership with Atlantic Health

PREGNANCY/REPRODUCTIVE SUPPORT

Planned Parenthood of Northern, Central and Southern NJ/Morristown Health Center

196 Speedwell Ave, Morristown, NJ 07960
973-539-1364

Planned Parenthood is one of the nation's leading providers of high-quality, affordable health care, and the nation's largest provider of sex education. With or without insurance, you can always come to us for your health care.

Firstchoice Women's Resource Centers Jersey City, Montclair, Morristown, Newark, and New Brunswick

973-538-0967

www.1stChoice.org

PARENTING AND CHILDCARE SUPPORT

State of New Jersey: The Early Childhood, Parenting and Professional Resource Center

The New Jersey Child Care Assistance Program (CCAP)

As so many families know, child care costs can take up a lot of the monthly budget. The New Jersey Child Care Assistance Program (CCAP) can help income-eligible parents who are working, in school or in job training to pay for child care. You can use these benefits at any licensed child care center, registered family child care provider, approved home (in-home and family, friend or neighbor), school-based program or summer youth camp that is approved by the state and that participates in CCAP.

Child and Family Resources - Morris County

111 Howard Boulevard, Suite 104, Mt. Arlington, NJ 07856

Phone: (973) 398-1730 | Fax: (973) 398-0319

Programs for Parents Inc. Essex County

570 Broad Street, 8th Floor, Newark, NJ 07102

Phone: (973) 297-1114

Fax: (973) 297-5976

Abbott School District: East Orange; Irvington; Newark; Orange

Child Support

New Jersey Paternity Opportunity Program

The New Jersey Paternity Opportunity Program (POP) is a program under the Department of Human Services and provides paternity establishment outreach, education, training, guidance, assessment, and technical assistance to birthing hospitals, local registrars, child support offices, community partners and parents. The program's focus is to promote voluntary paternity establishment to ensure that children in New Jersey have legal fathers and the financial and emotional support that all children need and deserve.

POP was created by the State of New Jersey, in response to a federal mandate, to make it easier for parents to acknowledge paternity voluntarily using a simple in-hospital process at the time of birth. Parents can also voluntarily acknowledge paternity after they leave the hospital at the State Office of Vital Statistics and Registry, their local registrar or their local child support office. The program also provides information and resources for more complicated paternity issues to unmarried parents and married or recently divorced parents where a third-party biological father is involved.

NJ Helps

[Family Support Services for Special Situations & Parent Challenges](#)

[Federal Benefits and Resources](#)

The Benefit Finder questionnaire can help you find benefits you may be eligible to receive and direct you to the agency to apply.

HOUSING

[Residence Life at Saint Elizabeth University](#)

The staff are here to encourage you, support you, challenge you, and inspire you to develop into the best version of yourself. Feel free to contact us - by phone (973) 290-4035, email at residencelife@steu.edu or stop by the Residence Life Office located in Founders Hall.

[New Jersey Housing Resource Center](#)

The NJHRC is a FREE, online searchable registry of affordable and accessible housing units throughout the State of New Jersey, including: Affordable Rental Housing; Affordable For-Sale Housing; Housing with Accessibility Features

[Adolescent Housing Hub](#)

The Adolescent Housing Hub (AHH or the Hub) is a real-time database designed to assist youth with placement in a transitional or permanent housing program. The AHH program is managed by the Office of Adolescent Services under the Department of Children and Families. AHH services are available to eligible homeless youth, youth at risk for homelessness, and youth aging out of the child welfare system, ages 18 - 21 years. Youth may contact PerformCare at 1-877-652-7624 24 hours a day to find out about housing and supports available to help.

[Covenant House](#)

Covenant House provides housing and supportive services to youth facing homelessness.

[Section 8 Housing Choice Voucher](#)

The Section 8 Housing Voucher Program assists in making safe and quality housing in the private rental market affordable to low, and very low-income households by reducing housing costs through direct rent subsidy payments to landlords. The program is funded by the U.S. Department of Housing and Urban Development. Section 8 HCV program is based on the premise that housing costs (rent and utilities) should not exceed 30 percent of a household's income. Assistance is provided to low, and very low-income households and individuals. The statewide program is available to residents of all New Jersey counties. Section 8 Existing Housing programs are administered throughout the State by a number of municipal and county authorities. Click the link below to see the list of county authorities directory.

**Enrollment Period is Tuesday, January 17, 2023, at 9:00 AM EST., until Friday, February 3, 2023, at 5:00 PM EST.

UTILITY ASSISTANCE

[Low Income Home Energy Assistance \(LIHEAP\)](#)

The Home Energy Assistance Program helps low-income residents with their heating and cooling bills, and makes provisions for emergency heating system services and emergency fuel assistance within the Home Energy Assistance Program.

[Low Income Home Water Assistance Program \(LIHWAP\)](#)

LIHWAP is a federally funded program designed to help low-income households reduce the balances they have on their residential water and wastewater bills.

[Affordable Connectivity Program](#)

The Affordable Connectivity Program is an FCC benefit program that helps ensure that households can afford the broadband they need for work, school, healthcare and more.

[Division of Housing and Community Resources Screening Tool](#)

Check to see what benefits you may qualify for. Screening takes about 1-2 minutes to complete, and you will need to provide income information for other programs.

LEGAL

Legal Services of New Jersey

Legal Services in New Jersey embraces the vision of full access to essential civil legal aid for all economically disadvantaged people who cannot secure a lawyer

on their own. This belief in the importance of legal assistance to indigent people stems from an underlying concern with fairness, and a conviction that important legal needs of individuals should be addressed.

LGBTQIA+

EDGE NJ

295 East Main St, Denville, NJ 07834

Great group aimed at supporting “those living with HIV, those at risk, and the LGBTQ+ communities by providing supportive services, housing opportunities, prevention strategies, and education to enhance the community we serve.”

They have a lot of programs such as primary and psychiatric care, residential services, education and training, mentoring, and more.

The Pride Network

17-D Academy St. Newark, NJ 07102

This would be a great addition to the list for students to further their leadership skills. The group aims to offer “emerging LGBTQ+ leaders opportunities for personal transformation and professional development to create change within themselves and in our communities.”

Offer Leadership training, LGBTQ mentoring, and even some grants.

GAAMC (Gay Activist Alliance in Morris County)

This website has a lot of great resources.

TRANSPORTATION

Commuter Resources

NJ Transit Student Pass – Unlimited Monthly Travel

Full-time undergraduate and graduate students are eligible to purchase a rail, bus, or light rail mobile student monthly pass at 25% off the regular monthly pass price, when they enroll online through NJ TRANSIT’s Mobile Student program.

Why Mobile Student Monthly Passes?

Mobile passes offer the convenience of purchasing and displaying your student monthly pass on your mobile device. No need to pre-pay or wait for a paper ticket in the mail. Buy at your leisure.

Traveling via public transportation to and from campus. Save 25% on NJ Transit Monthly passes. New to Mobile Student Program:

- Log in to shorturl.at/dhqEP to enroll
- Fill in all required fields on the registration form
- Verify your full-time status and student (.edu) email address
- Download the NJ TRANSIT APP and buy your Mobile Student Monthly Pass

After you sign up, the discounted student pass can be purchased directly from the NJ TRANSIT mobile app. Passes may be purchased from the 19th of the preceding month through the 10th of the month that the pass is valid.

Reactive your account:

Existing Mobile Student Monthly Users

If you are an existing Mobile Student Monthly customer, you need to reactivate your account at the start of each semester. Here’s how:

- Login to shorturl.at/dhqEP to reactivate your account
- Login to NJ TRANSIT with your student (.edu) email and the password
- Verify your full-time status and student email address
- Buy your Mobile Student Monthly Pass

Important Information to Remember:

- Download the NJ TRANSIT app
- Open the app and tap BUY
- Sign in with your .edu email and password
- Select a Student Monthly pass and pay for it in the app

- Monthly passes are available for purchase from the 19th of the previous month through the 10th of the month the pass is valid
- On the 1st of the month your student pass will display in the app

per month. Passes are non-transferable. Any abuse or purposeful deception will result in the cancellation of the student's monthly pass account, and (s)he will be unable to participate in the program in the future. This will also apply to any other student who is knowingly involved.

Students who participate in this program agree that the monthly pass is for their exclusive use only. Each student is eligible to receive one discounted monthly pass

HOTLINES

CHILD ABUSE

Child Help USA National Child Abuse Hotline
(800) 422-4453

DISASTER

Disaster Distress Helpline
(800) 985-5990

DOMESTIC VIOLENCE

Child Help USA - National Child Abuse Hotline
(800) 422-4453

Jersey Battered Women's Service
(973) 267-4763

National Domestic Violence Hotline
(800) 799-7233

EATING DISORDERS

National Eating Disorders Association Helpline
(800) 931-2237

LGBTQ

The Trevor Lifeline
(866) 488-7386

MENTAL HEALTH

[NJ Mental Health Cares](#)
(866) 202-HELP (4357)

Substance Abuse and Mental Health Services Administration
(800) 662-4357

Morristown Medical Center Crisis Hotline
(973) 540-0100

RUNNING AWAY

National Runaway Safeline
(800) 786-2929

SELF INJURY

Self Abuse Finally Ends Info Line
(800) 366-8288

SEXUAL ASSAULT AND RAPE

RAINN - Rape, Abuse, & Incest National Network
(800) 656-HOPE (4673)

Morris Cares (Morris County Sexual Assault Center)
(973) 829-0587

SUBSTANCE ABUSE

NJ Al-Anon for Families of Alcoholics
(888) 944-5678

National Council on Alcoholism and Drug Dependence Hotline
(800) 622-2255

Substance Abuse and Mental Health Services Administration
(800) 662-4357

SUICIDE PREVENTION

Morristown Medical Center Crisis Hotline
(973) 540-0100

988 Suicide and Crisis Lifeline
988
[lifeline.org/](https://www.lifeline.org/)

NJ Hopeline
(855) 654-6735

Para Español
(888) 628-9454

St. Clare's Hospital Suicide Hotline
(973) 625-0280

Veterans Crisis Hotline
(800) 273-TALK
(8255), then press 1