The M.C.F.O.O.D.S. Directory
MIDDLESEX COUNTY FOOD ORGANIZATION AND OUTREACH DISTRIBUTION SERVICES
732-729-0880
To help achieve local food security and provide access to nutritionally adequate food and other basic necessities to all residents in Middlesex County, at all times, the Middlesex County Food Organization and Outreach Distribution Services (M.C.F.O.O.D.S.) was created in 1994. Assisting in this fight to ease local hunger, the Middlesex County Board of Chosen Freeholders and the Middlesex County Improvement Authority (MCIA) have been working with M.C.F.O.O.D.S. to coordinate food drives through schools, municipalities and corporate businesses.

Since long term, sustainable, development-oriented approaches are necessary to meet the community food needs, many government and non-profit agencies and organizations, churches, schools and businesses have formed a partnership to help achieve our goals. This directory includes a listing of many food pantries and soup kitchens throughout the County that offer assistance to Middlesex County Residents.

This directory will enable agencies, churches, municipal officials, police departments, etc. to have vital information at hand when asked for assistance by a Middlesex County resident. While this directory is not intended to be distributed to the public, it will provide information for the public.

All sites listed in the directory have given permission for their names to be included. If you know of other sites that wish to be included, please contact the coordinator at 732-729-0880 or complete and return the questionnaire at the back of the book.
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**NUTRITION PROJECT FOR THE ELDERLY**  
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**ANGEL FOOD NETWORK**  
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M.C.F.O.O.D.S. Directory
A BETTER WORLD CAFÉ, HIGHLAND PARK

Contact: Rachel Weston  
Telephone: 732-510-1572  
Address: 19 South 2nd Avenue  
Highland Park (in the Reformed Church)  
Hours of Operation: Monday-Friday 11:00 a.m.-3:00 p.m.

Community Cafe serving seasonal, local and organic foods. Open for the public. The “Pay A Fair Price” system allows patrons to create a plate that fits their budget, volunteer in exchange for a meal or enjoy the daily complimentary dish.

ABUNDANT LIFE CHRISTIAN WORSHIP CENTER, “LIVING WATERS”

Contact: Vince Lombardi  
Telephone: 732-355-0225 Church  
Address: 2245 Route 130, Suite 101  
Dayton, NJ 08810  
Website: http://abundantlifechristian.com/ministries  
Hours of Operation: Tuesday and Wednesday 12:00 p.m. – 3:00 p.m.  
Saturday 8:00 a.m. – 11:00 a.m.  
Delivery service - Call for an appt.

Services provided include food and prayer. Nonperishable foods and toiletries are accepted as donations.

BETHEL CHURCH OF GOD IN CHRIST

Contact: Dionne Bynes or Aiesha Bynes  
Telephone: 732-846-4085  
Address: 141 Comstock Street  
New Brunswick, NJ 08801  
Hours of Operation: Call for an appointment.

Free clothing and food is provided for Middlesex County residents in need.
CALVARY BAPTIST CHURCH
Contact: Michael and Joan Richards
Telephone: 732-541-9169 or 732-352-0102
Address: 38 McKinley Avenue
Carteret, NJ 07008
Hours of Operation: Last Saturday of the month, 11:00 a.m. – 1:00 p.m.
Community outreach program providing emergency food to the people of Carteret.

CALVARY CHAPEL BROKEN LOAVES
FOOD & RAIMENT MINISTRY
Contact: Dave and Kathy Galya
Telephone: 732-679-4837
Address: 139 White Oak Lane
Old Bridge, NJ 08857
Hours of Operation: Fridays
10:30 a.m. - 1:00 p.m. and 6:30 p.m. - 9:00 p.m.
Services offered include food, clothing, counseling, and prayer. An appointment must be made by calling in advance – office hours are Tuesday, Wednesday and Thursday from 10:30 a.m.-2:00 p.m. Walk-ins are not accepted and services are limited to once a month.

CARTERET CHRISTIAN WORSHIP CENTER
Contact: Antonia Tavares
Telephone: 732-352-0021
Address: 546 Roosevelt Avenue
Carteret, NJ 07008
Hours of Operation: Tuesdays 10:00 a.m. – 1:00 p.m.
Emergency food is available to those in need.

CATHEDRAL INTERNATIONAL - MERCY HOUSE
Contact: Demaris Wicks or Lucy Morales
Telephone: 732-826-0447 or 732-826-1238
Fax: 732-826-1239
Website: www.thecathedral.org
Address: 282 McClellan Street
Perth Amboy, NJ 08861
Mailing Address: 205 Smith Street, Perth Amboy, NJ 08861
Hours of Operation: Monday – Friday: 10:00 a.m. – 4:00 p.m.
A soup kitchen and food pantry are available to Middlesex county residents in need.
M.C.F.O.O.D.S. Directory
CHRIST CHURCH EPISCOPAL

Contact: Church Office
Telephone: 732-545-6262
Address: 5 Paterson Street
          New Brunswick, NJ 08901
Hours of Operation: Last 2 Fridays of the month, 9:00 a.m. - 10:00 a.m.
                  Last 3 Wednesdays of the month
                  6:00 p.m. – 7:00 p.m.
                  Last 2 Saturdays of the month
                  10:30 a.m. - 11:30 a.m.

Emergency food distribution is subject to items available.

CHURCHES UNITED FOR PEOPLE

Contact: Alice Ryan
Telephone: 732-967-4883
Address: Woodmere Senior Citizen Housing
          250 Crescent Avenue
          Spotswood, NJ 08884
Website: http://www.stpetersspotwood.org/cohm.htm
Hours of Operation: Tuesday - Thursday
                   9:30 a.m. - 11:30 a.m. & 1:30 p.m. - 3:30 p.m.

Emergency food is provided to those in need. You must first be interviewed and
recommended by a local church. (St. Peter’s Episcopal Church, 505 Main Street,
732-251-2449; Spotswood Reformed Church, 429 Main Street, 732-251-9277 and
Trinity United Methodist, 70 Manalapan Road, 732-251-0815.)

COMMUNITY CHURCH FIXER OF HEARTS

Contact: Pastor Barry Habib
Telephone: 732-297-2792
Address: 1210 Cozzens Lane
          North Brunswick, NJ 08902
Website: http://www.heygotchurch.com/
Hours of Operation: Wednesdays 12:00 p.m. – 7:00 p.m.
                   Fridays    7:00 p.m. – 9:00 p.m.
                   Saturdays  9:00 a.m. – 1:00 P.M.
                   Sundays   12:00 p.m. – 1:00 p.m.

Emergency food is provided to those in need.
COMMUNITY PRESBYTERIAN CHURCH

Contact: Church secretary
Telephone: 732-287-1666
Address: 75 Glenville Road
        Edison, NJ 08817
Hours of Operation: Monday - Friday
        Call for an appointment.

A three-day supply of food is available once a month for Edison Township residents. Proof of residence is required (driver’s license, utility bill, etc.). You must call ahead and make an appointment.

DELIVERANCE PRAYER REVIVAL TABERNACLE

Contact: Jennie Shields or Barbara Sawyer
Telephone: 732-220-8266
Address: 306 Somerset Street
        New Brunswick, NJ 08901
Hours of Operation: Sunday, Wednesday, Thursday, Friday and
        some Saturdays. Times vary.
Website: www.deliveranceprayer.com

Nonperishable food, prepared meals and clothing are provided to those in need.

EBENEZER BAPTIST CHURCH SOUP KITCHEN

Contact: Reverend Dr. Clarence Brown or Annye Brown
Telephone: 732-846-6742
Address: 126 Lee Avenue
        New Brunswick, NJ 08901
Hours of Operation: Tuesdays
        11:00 a.m. – 1:15 p.m.

Hot meals are provided to all those in need.

“ELIJAH’S BREAD” FELLOWSHIP BIBLE CHURCH

Contact: Louis Devizia
Telephone: 732-636-7727
Address: 121 East Prospect Avenue
        Woodbridge, NJ 07095
Website: http://www.yourfamilychurch.com/

M.C.F.O.O.D.S. Directory
ELIJAH’S PROMISE

Contact: Tony MacLachlan
Telephone: 732-545-9002 Ext. 118
Address: 18 Neilson Street
New Brunswick, NJ 08901
Website: http://www.elijahspromise.net/
Hours of Operation: Soup Kitchen Hours
Monday - Friday, Lunch 11:00 a.m. - 12:15 p.m.
Monday - Friday, Dinner 6:00 p.m. - 7:00 p.m.
Saturday/Sunday, Dinner 3:30 p.m. - 4:30 p.m.

Prepared meals, health services, educational services, counseling and
general assistance are available. Prepared “Meals to Go” program is
available Sunday - Friday for people who are working and unable to
attend regular meal times. “Fresh is Best” program offers perishable
and nonperishable food for people with HIV/AIDS by appointment only.
Suggested donations include food and paper supplies.

EMANUEL EVANGELICAL LUTHERAN CHURCH

Contact: Jeffrey C. Eaton, Vanessa Dunzik
Telephone: 732-545-2673
Address: New & Kirkpatrick Streets
(entrance is at the back of the building)
New Brunswick, NJ 08901
Website: www.emanualnb.org
Hours of Operation: Wednesdays 10:00 a.m.-12:00 p.m.
Every 3rd Saturday 9:00 a.m.-11:00 a.m.

Emergency food distribution is available. Services may be used once
every month and are limited by availability of food. Nonperishable
foods and baby supplies may be donated.

FAITH FELLOWSHIP MINISTRIES,
WORLD OUTREACH CENTER

Contact: Reverend Elaina Villanova
Telephone: 732-727-9500 x1300
Address: 2707 Main Street
Sayreville, NJ 08872
Hours of Operation: Tuesday and Thursday
9:00 a.m. - 2:00 p.m. by appointment only.

Emergency food, clothing and shelter referrals are available to anyone in
need. Identification for each recipient is required. Special arrangements
can also be made for emergencies. The church is also open for prayer and
counseling, please call for an appointment.
FAITH KITCHEN at ZION HILL MISSIONARY BAPTIST CHURCH

Contact: Martha Ellis
Telephone: 732-463-7776
Address: 450 Highland Avenue
Piscataway, NJ 08854
Hours of Operation: Faith Kitchen every Thursday from 12:00 p.m. – 1:00 p.m.
Recovery Ministry every Monday from 7:00 p.m. – 8:30 p.m.

The Faith Kitchen provides a prepared lunch, nonperishable food, and assistance to those in need. A 12 step program and counseling is offered through the Recovery Ministry. Food and clothing are also available for those who attend the Recovery Ministry and are in need.

FAVOR MINISTRIES

Contact: Pastor David or Cindy Foster
Telephone: 1-877-5-Favored/1-877-532-8673
Address: 1580 Roosevelt Avenue
W. Carteret, NJ 07008
Hours of Operation: 3rd Saturday of the month 9:00 a.m.-12:00 p.m.

Services are provided to those in need. Emergency food is available as needed; new clothes are provided on a quarterly basis and toys are distributed for Christmas.

FIRST BAPTIST CHURCH OF WOODBRIDGE - HOMELESS SHELTER

Contact: Shirley Jones or Lilla Green
Telephone: 732-750-9475
Address: 130 Sewaren Avenue
Sewaren, NJ 08861
Hours of Operation: Friday night through Sunday afternoon

Emergency food is provided to those in need.

FIRST CONGREGATIONAL CHURCH OF WOODBRIDGE

Contact: Church Office
Telephone: 732-634-0582
Address: 539 Barron Avenue
Woodbridge, NJ 07095
Hours of Operation: By appointment only.

Call in advance for information and to set up an appointment. Emergency food is available by appointment only and proof of need is required.

M.C.F.O.O.D.S. Directory
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<th><strong>FIRST PRESBYTERIAN CHURCH OF AVENEL</strong></th>
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<tr>
<td><strong>Contact:</strong> Carolyn Stockl</td>
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<tr>
<td><strong>Telephone:</strong> 732-634-1631</td>
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<tr>
<td><strong>Address:</strong> 621 East Woodbridge Avenue</td>
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<tr>
<td><strong>Website:</strong> <a href="http://avenelpresbyterianchurch.org">http://avenelpresbyterianchurch.org</a></td>
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Emergency food distribution is available. If it is an emergency, you may call the church office for immediate assistance. Food donations and toiletries are accepted.

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<th><strong>FIRST PRESBYTERIAN CHURCH OF CRANBURY - SKEET’S PANTRY</strong></th>
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<td><strong>Contact:</strong> Church Office</td>
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<tr>
<td><strong>Telephone:</strong> 609-395-0897</td>
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<tr>
<td><strong>Address:</strong> 22 South Main Street</td>
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<td><strong>Website:</strong></td>
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Nonperishable food items and some perishable items are available to any county resident in need.

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<th><strong>FIRST PRESBYTERIAN CHURCH OF ISELIN</strong></th>
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<tr>
<td><strong>Contact:</strong> Gloria Haeseler or Margarita Estrada</td>
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<tr>
<td><strong>Telephone:</strong> 732-283-1188</td>
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<tr>
<td><strong>Address:</strong> 1295 Oaktree Road</td>
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<td><strong>Website:</strong></td>
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<td><strong>Hours of Operation:</strong> Call for Appointment</td>
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Food is distributed on Monday. You must call in advance – by Friday to receive food on Monday. Food is supplied once a month. Identification and recommendation are usually required.

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<th><strong>FIRST PRESBYTERIAN CHURCH OF METUCHEN</strong></th>
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<td><strong>Contact:</strong> Church Office</td>
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<tr>
<td><strong>Telephone:</strong> 732-491-2300</td>
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<td><strong>Address:</strong> 270 Woodbridge Avenue</td>
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M.C.F.O.O.D.S. Directory
Emergency food distribution is available to residents of Edison and Metuchen; proof of residency must be provided. All requests must come in by phone by 3PM on Tuesday so that volunteers can package the food for pick up on Thursday. Emergency requests are also arranged. Limited to once a month. Suggested donations include: Parmalat Milk, Peanut Butter and Jelly, Maple Syrup and Pancake Mix (mix with water), Dry Cereal, Canned meats, juices, and vegetables, Soups, Spaghetti Sauce and Pasta. We do not accept perishable items.

FIRST PRESBYTERIAN CHURCH
OF SOUTH AMBOY

Contact:     Board of Deacons
Telephone:   732-721-4516
Address:     150 North Broadway
             South Amboy, NJ 08879
Hours of Operation:  3rd Saturday of each month
                    9:30 a.m. - 1:00 p.m.
                    Emergencies by appointment

Emergency food distribution is available once a month. Must show identification, be over the age of 18 and complete paperwork for proof of need and low income.

FIRST PRESBYTERIAN CHURCH
OF WOODBRIDGE

Contact:     George Goodrich
Telephone:   732-634-1024
Address:     600 Rahway Avenue
             Woodbridge, NJ 07095
Hours of Operation:  Mondays
                    9:00 a.m.-11:00 a.m. (emergencies upon notification)

Emergency groceries SFPP and T.E.F.A.P. commodities are provided to all residents in need. To receive T.E.F.A.P. food, proof of residency, address, social services information and ID card are required. Proper notification is also required. Food is given to registered adults only. Families are welcome, but food is only distributed to adults.

FISH, INC.

Contact:     Bob Mitchell
Telephone:   732-356-0081, Hotline
Address:     456 New Market Road
             Piscataway, NJ 08854
Website:     www.fishhospitality.com
Hours of Operation:  Monday, Wednesday & Friday
                    9:00 a.m. - 12:00 p.m. call for appointment

Emergency food and clothing are available. Clients are limited to once a month and must show proof of residency of Piscataway, Middlesex, Dunellen, Highland Park, Edison or South Plainfield. Nonperishable foods are accepted as donations.

M.C.F.O.O.D.S. Directory
FIVE LOAVES PANTRY STORE at SECOND REFORMED CHURCH OF NEW BRUNSWICK

Contact: Reverend Doug Shepler
Telephone: 732-545-0581
Address: 100 College Avenue
New Brunswick, NJ 08901
Hours of Operation: Tuesdays, Thursdays and Saturdays
1:00 p.m. – 4:00 p.m.

Emergency food is available to those below poverty level. Proof of need will be required.

GUARDIAN ANGELS CHURCH, SOCIETY OF ST. VINCENT DE PAUL

Contact: Food Pantry
Telephone: 732-570-2334
Address: 37 Plainfield Avenue
PO Box 1216
Edison, NJ 08817
Hours of Operation: Twice a month on a Wednesday
(usually the 1st and 3rd Wednesday)
10:00 a.m. – 12:00 noon

Emergency food distribution is provided to those in need. Please call the number above Monday – Friday between 1:00 and 4:00 for an appointment.

HANDS OF HOPE AT ST. JAMES EPISCOPAL CHURCH

Contact: Jackie Goedesky
Telephone: 732-985-5552 or 732-561-2385
or 732-236-3330
Address: 2136 Woodbridge Avenue, PO Box 1028
Edison, NJ 08818
Website: http://handsofhopenj.net
Hours of Operation: 1st & 3rd Saturday of the month from
11:00 a.m. – 1:30 p.m.

Soup Kitchen and food pantry available to any Middlesex County resident in need. An intake application must be completed.
HEAVEN’S HELPERS

Contact: Kathy Hoffman
Telephone: 732-742-8942
Address: VFW Post 4410 – 493 Pearl Street
Woodbridge, NJ 07095
Hours of Operation: 1st Thursday of the month
(emergencies by appointment)
10:00 a.m. - 12:00 p.m.

Kosher foods, and paper goods are available upon request. Recipients are limited to once a month and must complete a registration form with proper identification. Donations of all foods are accepted. Frozen foods, fresh fruit & vegetables, dairy goods and meats can be accepted with a few hours notice. We have freezers and storage facilities available.

HIGHLAND PARK FOOD PANTRY

Contact: Beth Leech or Rosa Torres
Telephone: 732-819-0052 (Rosa) and 732-491-6013 (Beth)
Address: Highland Park Youth & Senior Center
South 6th Avenue
Highland Park, NJ 08904
Hours of Operation: 2nd & 4th Thursdays of the month
9:00 a.m. – 10:45 a.m., 6:00 p.m. – 7:00 p.m.
The Saturdays following the 2nd and 4th
Thursdays of the month 9:30 a.m. - 10:30 a.m.

Nonperishable and Kosher food distribution is available to Highland Park residents in need. Proof of residency is required. Appointments can be made for emergencies.

HOUSE OF MANNA, FIRST REFORMED CHURCH

Contact: Yvette Molina,
Telephone: 732-545-9002 ext.115
Address: 9 Bayard Street
New Brunswick, NJ 08901
Hours of Operation: Tuesday and Thursday
5:30 p.m. - 6:30 p.m.

Congregate meals for families with children now serving dinner. Call for additional information.
JAMES O. BRYANT FOOD PANTRY

Contact: Wilhelmina A. Bryant  
Telephone: 732-287-5184  
Address: 6 Ethel Road  
Piscataway, NJ 08854  
Hours of Operation: 3rd and 4th Saturday of the month  
9:00 a.m. - 11:30 a.m.

Basic foods and necessities are provided once a month to Piscataway area residents who are receiving TANF, SSI, WIC, food stamps, disability, unemployment or low income. Must provide proof of identity, residency and income and may come once a month.

JAMESBURG PRESBYTERIAN CHURCH - DEACON’S FOOD CUPBOARD

Contact: Church Office  
Telephone: 732-521-1711  
Address: 177 Gatzmer Avenue  
Jamesburg, NJ 08831  
Hours of Operation: 3rd Saturday of the month by appointment only.

Please call the church office for specific information. However, proof of residency in Jamesburg, Helmetta, or Spotswood is required and an application must be completed.

JEWSIH FAMILY & VOCATIONAL SERVICES OF MIDDLESEX COUNTY

Contact: Intake  
Telephone: 732-777-1940  
Website: www.jfvs.org  
Address: 32 Ford Avenue, 2nd Floor  
Milltown, NJ 08850  
(United Way Bldg., street parking)  
Hours of Operation: By appointment

Family, couple, and individual counseling, older adult services, vocational & career services, emergency food (both perishable and non-perishable), Kosher Meals on Wheels delivery, referrals for essential needs, and the Women’s Center for Displaced Homemakers are among the services available. Must be a Middlesex County resident, 18 or older, must show proof of name & address and income. Requests are limited to once a month and no more than three times per year for emergency circumstances. Nonperishable food, preferably Kosher, and money for the purchase of perishables may be donated.
JEWISH FAMILY & VOCATIONAL SERVICES OF MIDDLESEX COUNTY

Contact: Intake  
Telephone: 609-395-7979  
Website: www.jfvs.org  
Address: 52 Concordia Shopping Center Monroe Twp., NJ 08831  
Hours of Operation: By appointment

Family, couple, and individual counseling, older adult services, vocational & career services, emergency food (both perishable and non-perishable), Kosher Meals on Wheels delivery, referrals for essential needs, and the Women’s Center for Displaced Homemakers are among the services available. Must be a Middlesex County resident, 18 or older, must show proof of name & address and income. Requests are limited to once a month and no more than three times per year for emergency circumstances. Nonperishable food, preferably Kosher, and money for the purchase of perishables may be donated.

KOSHER FOOD BANK OF CARTERET

Contact: Rabbi Mayer  
Telephone: 732-969-2497  
Email: foodbank@ygoc.org  
Address: 42 Noe Street Carteret, NJ 07008  
Hours of Operation: Daily from the 15th of the month to the end of the month 9:00 a.m. - 5:00 p.m. By appointment only

Nonperishable food items are distributed to area residents in need. Please call for information or to make an appointment.

LIVING WATER FAMILY OUTREACH

Contact: Cheryl Underwood  
Telephone: 732-541-5683 or 732-216-6593  
Email: outreach104@comcast.net  
Address: 104 Union Street Carteret, NJ 07008  
Hours of Operation: 3rd Saturday of the month 10:00 a.m. – 2:00 p.m. Any resident in need 4th Tuesday of the month 9:00 a.m. – 2:00 p.m. Senior citizens in need only

Clients must be 18 years or older and supply proof of income and address. Clients are limited to once a month. Emergency food and clothing are available. Elder care assistance is also available to seniors in the area. Community workshops to assist, improve and empower clients in job search, health care and education are usually held quarterly.
METRO PARK ASSEMBLY OF GOD
Contact: Sandra Burton
Telephone: 732-310-8758
Address: 48 Berkley Street
Iselin, NJ 08820
Website: http://www.metroparkassembly.org/food-pantry.html
Hours of Operation: 10:00 a.m. - 12:00 p.m.

Emergency food is available to anyone in need.

MONROE TOWNSHIP OFFICE ON AGING
Contact: Bonnie Leibowitz or Claire Kelly
Telephone: 732-521-6111
Address: Municipal Building, One Municipal Plaza
Monroe, NJ 08831
Hours of Operation: 1st Wednesday of the month
8:30 a.m. - 12:00 p.m. by appointment only.

Nonperishable food distribution is available on the 1st Wednesday of each month from 8:30 a.m. - Noon. Emergency calls are taken Monday - Friday from 8:30 a.m.-4:30 p.m. Proven financial eligibility and proof of residency in Monroe Township is required.

NEW BEGINNINGS CHURCH OF THE NAZARENE
Contact: Lucy Mendoza
Telephone: 732-985-7097
Address: 80 Jefferson Blvd.
Edison, NJ 08817
Hours of Operation: 4th Saturday of each month

Nonperishable food is available for any Middlesex County resident over the age of 18 who is in need. ID is required.

NORTH BRUNSWICK TOWNSHIP FOOD BANK
Contact: Kathleen Aruta
Telephone: 732-247-0922 ext. 475
Address: 710 Hermann Road
North Brunswick, NJ 08902
Hours of Operation: Tuesday 10:00 a.m. - 12:00 p.m.
Thursday 6:00 p.m. - 8:00 p.m.

Food is available for North Brunswick residents who are in need of assistance. Driver’s license, picture ID with address, or County ID with recent official mailing address showing are necessary for verification of residency.
OLD BRIDGE TOWNSHIP FOOD BANK
Contact: Rose Welsh
Telephone: 732-721-5600 ext. 2022
Address: One Old Bridge Plaza
Old Bridge, NJ 08857
Hours of Operation: Tuesday, Wednesday and Thursday
10:00 a.m.-12:00 p.m. By appointment only

Emergency food is available for Old Bridge residents. For intake appointment to receive food, you must call 732-721-5600 ext. 6215 (Sandy) or ext. 6625 (Diane). Clients must make initial contact via phone. Required information: 2 proofs of residency, proof of income, SSI/SSD award letter and/or Medicare card.

OUR LADY OF FATIMA
BREAD OF LIFE FOOD PANTRY
Contact: Reverend Joshy Nirappel
Telephone: 732-442-6634
Address: 380 Smith Street
Perth Amboy, NJ 08861
Hours of Operation: Every 3rd Wednesday of the month and the Saturday that follows 3:00 p.m. - 6:30 p.m.

Emergency food is available to any Middlesex County resident in need.

OUR LADY OF LOURDES CHURCH
Contact: Church Office
Telephone: 732-828-0011
Address: 233 North Main Street
Milltown, NJ 08850
Hours of Operation: By appointment only.

Emergency food is available for Milltown residents in need only. Please call the church office for an appointment.

PUERTO RICAN ACTION BOARD (MAIN OFFICE)
Contact: Family Workers
Telephone: 732-828-4555 or 732-828-2135
Address: 90 Jersey Avenue, PO Box 240
New Brunswick, NJ 08901
Hours of Operation: Monday - Friday
8:30 a.m. - 4:30 p.m.

Cases are determined on individual need. Clients will not be allowed to establish a routine. Clients are eligible for assistance once every two months (if needed).
PUERTO RICAN ACTION BOARD (PRESCHOOLS)

Contact: Family Workers
Telephone: 732-828-4709 or 732-828-4572
Address: Preschool
P.O. Box 240
New Brunswick, NJ 08901
Hours of Operation: Monday - Friday
9:00 a.m. - 5:30 p.m.

Emergency food assistance is available to any Puerto Rican Action Board Preschool Family. Suggested donations include rice, beans, tomato sauce and spaghetti.

SALVATION ARMY

Contact: Jeannette Lugo
Telephone: 732-545-1477
Address: 287 Handy Street, P.O. Box 69
New Brunswick, NJ 08901
Hours of Operation: Monday - Friday
9:00 a.m. - 4:30 p.m.

Services include emergency food pantry, prescription assistance, rental and utility bill assistance. ID for all household members, rent receipt, utility bill, and proof of income are required. Clients are eligible for assistance once every two months (excluding Holiday assistance). Must be a resident of New Brunswick, North Brunswick, East Brunswick, Highland Park or Milltown.

SALVATION ARMY

Contact: Captain Carlos and Trudy Medina
Telephone: 732-826-7040
Address: 433 State Street
Perth Amboy, NJ 08861
Hours of Operation: Monday, Wednesday-Friday
9:00 a.m. - 11:00 a.m.

Food pantry, daily feeding program (lunch) and emergency winter shelter is provided. Must prove need for service and show ID with proof of address. Must also show proof of income & expenses. Food pantry is available once a month. Daily feeding program is available Monday - Friday on the last 10 days of the month. Emergency winter shelter is available November 1 - April 1.
SAYREVILLE CARE & SHARE FOOD BANK

Contact: Sue Paul
Telephone: 732-721-8053
Address: Senior Center 423 Main Street
Sayreville, NJ 08872
Hours of Operation: Certain Tuesdays (Call for specific dates)
10:00 a.m. - 11:00 a.m.

Emergency food distribution is provided. Clients must have a referral from clergy or Welfare Department. Services are limited to once a month and clients must be Sayreville residents. Only nonperishable foods are accepted for donations.

SOUTH BRUNSWICK TOWNSHIP FOOD PANTRY

Contact: LouAnne Wolf, or Jeanne Wert
Telephone: 732-329-4000 ext. 6674 or ext. 7672
Address: South Brunswick Municipal Building
540 Ridge Road, Social Services Office
Monmouth Junction, NJ 08852
Hours of Operation: Tuesday, 12:30 p.m. - 2:30 p.m.
Wednesday if needed is available for pantry appointments
Thursday, 9:30 a.m. - 11:30 a.m.
By appointment only

Food box and, if available, food certificates. Cases are determined on individual need for South Brunswick residents only. An application is required. Information must be updated every visit. Food is available as emergency aid only. Donations accepted include cereal, Parmalat, peanut butter, jelly, pasta, sauces, tuna fish, snack foods, beverages, macaroni & cheese, canned meats.

SOUTH PLAINFIELD SOCIAL SERVICES DEPARTMENT

Contact: Margaret Ackerman
Telephone: 908-226-7625
Address: 2480 Plainfield Avenue
South Plainfield, NJ 07080
Hours of Operation: Monday - Friday
9:00 a.m. - 3:00 p.m.

Emergency nonperishable food distribution is available for South Plainfield residents in need. Proof of residency is required.
SOUTH RIVER FOOD BANK

Contact: Debra A. Jones
Telephone: 732-257-1999 ext. 118
Address: 55 Reid Street
South River, NJ 08882
Hours of Operation: Every Wednesday 10:00 a.m. – Noon

Nonperishable food is provided to needy South River residents. Two proofs of South River residency must be provided and services are limited to once a month. Emergency financial assistance for housing and utilities is determined on a case by case basis.

ST. CECELIA’S FOOD PANTRY

Contact: Theresa Borg
Telephone: 732-283-0150 ext. 23
Address: St. Cecelia’s School Basement
45 Wilus Way
Iselin, NJ 08830
Hours of Operation: Tuesday
10:00 a.m. to 2:00 p.m. (by appointment only)

Emergency food is available. A registration form must be completed and you will be required to show some ID and a proof of income (driver license, social security card, utility bill, pay stub or letter from SSI). Food is available once a month for Woodbridge residents.

ST. FRANCIS CATHEDRAL SOCIAL CONCERNS

Contact: Josepha Flanigan
Telephone: 732-548-0100 x 225 for Social Concerns
Address: 45 Library Place
Metuchen, NJ 08840
Hours of Operation: Monday - Thursday
9:30 a.m. - 11:30 a.m.

Emergency food distribution is available.
ST. GEORGE’S CHURCH

Contact: Kristen Tabert
Telephone: 732-521-0169
Address: 56 Main Street
Helmetta, NJ 08828
Website: www.stgeorgeshelmetta.org
Hours of Operation: Tuesday and Thursday
10:00 a.m. - 12:00 p.m.

Nonperishable food is available to anyone in need.

ST. JAMES EMERGENCY FOOD PANTRY

Contact: Peggy Catalano
Telephone: 732-636-4310 or 732-636-6343
Address: 174 Grove Street
Woodbridge, NJ 07095
Hours of Operation: Tuesday, Wednesday and Thursday
9:00 a.m. - 11:00 a.m.
Thursday, 7:00 p.m. - 8:30 p.m.

Emergency food is provided once a month. Must show proof of residence in Woodbridge Township and proof of income. Food and monetary donations accepted.

ST. JOHN THE BAPTIST CHURCH,
SOCIETY OF ST. VINCENT DE PAUL

Contact: Gary Schuller
Telephone: 732-545-6701
Address: 29 Abeel Street
New Brunswick, NJ 08901
Hours of Operation: Wednesday & Saturday
10:00 a.m. - 1:00 p.m.

Emergency food distribution is provided. Need must be established under TEFAP guidelines. Food may be picked up weekly.

ST. JOSEPH’S PARISH, SOCIETY OF ST. VINCENT DE PAUL FOOD PANTRY

Contact: Jim O’Donnell
Telephone: 732-541-6003
Address: 55 High Street
Carteret, NJ 07008
Hours of Operation: Every 3rd Saturday
9:30 a.m. - 10:30 a.m.

Nonperishable food items available to Carteret residents in need. Proof of residency is required.
M.C.F.O.O.D.S. Directory
**ST. LAWRENCE, SOCIETY OF ST. VINCENT DEPAUL FOOD PANTRY**

Contact: Joseph Mondello  
Telephone: 732-566-1093  
Address: 109 Laurence Parkway  
Laurence Harbor, NJ 08879  
Hours of Operation: Mondays and Saturdays  
8:30 a.m. – 10:00 a.m.

Approximately 1 week of emergency food items are available to anyone in need. Holiday baskets are also prepared for Christmas, Easter and Thanksgiving.

**ST. MARY’S CHURCH FOOD PANTRY**

Contact: Stan Kusic  
Telephone: 732-721-7418 [24-hour hotline]  
Address: 256 Augusta Street  
South Amboy, NJ 08879  
Hours of Operation: 4th Saturday of the month  
8:30 a.m. - 10:00 a.m.

Emergency food distribution is provided to residents of South Amboy, Sayreville and Old Bridge. Proof of residency is required.

**ST. PAUL’S EVANGELICAL LUTHERAN CHURCH**

Contact: Church Office  
Telephone: 732-287-0888  
Address: 445 Old Post Road  
Edison, NJ 08817  
Hours of Operation: Monday - Friday  
9:30 a.m. - 12:30 p.m.

Nonperishable canned foods are available on an emergency basis. Services are limited to once a month.

**ST. PETER’S EPISCOPAL CHURCH**

Contact: Alice Ryan  
Telephone: 732-967-4883  
Address: Main Street & DeVoe Avenue  
Spotswood, NJ 08884  
Website: http://www.stpetersspotswood.org/cohm.htm  
Hours of Operation: Wednesdays 6:00 p.m. - 7:00 p.m.

Free supper to anyone needing a meal and/or fellowship.
**ST. PETER’S EPISCOPAL CHURCH, PETER’S PANTRY**

Contact: Deacon Kathy DeJohn  
Telephone: 732-826-1594  
Address: 183 Rector Street  
Perth Amboy, NJ 08861  
Hours of Operation: Monday, 5:00 p.m. - 7:00 p.m.  
Thursday, 10:00 a.m. – 12:00 p.m.

Emergency food is available to Perth Amboy residents. Must provide proof of residence; picture ID, proof of all income (tax return, child support / alimony info, WIC affiliation etc.)

**ST. VINCENT DEPAUL, PERTH AMBOY**

Contact: Jerry Yaros or Joe Serrao  
Telephone: 732-548-4317 or 732-254-4153  
Address: 295 Barclay Street  
Perth Amboy, NJ 08861  
Hours of Operation: Saturday, 9:45 a.m.–12:45 p.m.

Emergency food available for those in need.

**SUYDAM STREET REFORMED CHURCH**

Contact: Virginia Previte  
Telephone: 732-249-6803  
Address: 74 Drift Street  
New Brunswick, NJ 08901  
Hours of Operation: Monday and Saturday 9:30 a.m. -11:00 a.m.  
Sunday 7:30 a.m. - 8:00 a.m. Subject to change

Canned and packaged goods are available through the pantry and bread and pastries are distributed on Sundays. Clients must sign a form, and present a proper ID, adults only. Services are limited to once a month. Donations accepted include canned and packaged goods.

**TABERNACLE BAPTIST CHURCH**

Contact: Mrs. Mary Graham  
Telephone: 732-545-6617  
Address: 239 George Street  
New Brunswick, NJ 08901  
Hours of Operation: 2nd and 4th Wednesday  
11:30 a.m. - 1:00 p.m.

Emergency food is provided to the hungry and homeless. A fully cooked meal is also provided every 2nd Monday of each month.

M.C.F.O.O.D.S. Directory
THE CRISIS ROOM AT ALDERSGATE

Contact: Diane Hutchins
Telephone: 732-257-9920 Help Line
Address: 568 Ryders Lane
East Brunswick, NJ 08816
Hours of Operation: Tuesday and Friday, 12:30 p.m. – 3:00 p.m.
                     Sunday, 1:00 p.m. -3:00 p.m.

Emergency food and clothing are provided to those in need. Referral is required for assistance. Limited financial assistance is also available, however you must have a referral from another agency.

THE MOVING FORWARD SELF HELP CENTER OF NEW BRUNSWICK

Contact: Lucy Buckner, Manager
Telephone: 732-309-6877 or 732-317-3893
Address: 35 Elizabeth Street, Suite 2B
          New Brunswick, NJ 08901
Hours of Operation: Monday - Friday, 3:00 p.m. – 7:00 p.m.
                   Saturday, 11:00 p.m. – 6:00 p.m.

Food pantry, socialization, rap groups, recreation and advocacy are available. Eligibility is restricted to adults age 18 or older with mental health issues or other special needs in Middlesex County.

TRINITY DELIVERANCE TABERNACLE CHURCH FOOD PANTRY

Contact: Reverend Frederick Broughton, Marilyn Broughton
Telephone: 732-429-6088
Address: 450 New Market Road
          Piscataway, NJ 08854
Hours of Operation: 2nd and 4th Sunday of each month
                    2:00 p.m. – 5:00 p.m.

Emergency food and services to the community are available to Middlesex County residents.
TRINITY EPISCOPAL CHURCH FOOD PANTRY

Contact: Carroll Thomas
Telephone: 732-634-7422 x 4 (Parish Office)
Monday or Tuesday 9:00 a.m. – 1:00 p.m. ONLY
Address: Trinity Church
650 Rahway Avenue
Woodbridge, NJ 07095
Website: www.trinitywoodbridge.org
Hours of Operation: Thursdays (Red Building)
10:00 a.m. – 11:00 a.m. ONLY

A three-day supply of emergency food is provided on a once a month basis. Please call on above days, speaking clearly, so that food packages may be prepared ahead for Thursday pick up. If you are unable to come in call before 11:00 am on Thursday to the parish office at x 10.

TRINITY EPISCOPAL CHURCH SOUP KITCHEN

Contact: Fr. Counselman
Telephone: 732-634-7422 ext. 3
Address: Trinity Church, 650 Rahway Avenue
Woodbridge, NJ 07095
Website: www.trinitywoodbridge.org
Hours of Operation: Fridays, 11:00 a.m. – 1:00 p.m.

A substantial hot lunch is provided to anyone who shows up - no questions asked.

UNION BAPTIST CHURCH OF SOUTH RIVER INC., JOSHUA FOOD PANTRY & COMMUNITY RESOURCE CENTER

Contact: Dawn Broughton, Director of Church Administration & Operations
Telephone: 732-651-2770
Address: 76 Washington Street
South River, NJ 08882
Hours of Operation: 1st and 3rd Thursday 9:30 a.m. to 11:30 a.m.
1st and 3rd Saturday 9:30 a.m. to 11:30 a.m.

A soup kitchen and food pantry provides services to any Middlesex County resident in need. Community based outreach services are also available to help individuals in need find appropriate resources.

M.C.F.O.O.D.S. Directory
NUTRITION PROJECT FOR THE ELDERLY
Anyone 60 and over is welcome at the following sites:

Site 1:  Manager: Mary Ann Detres
         732-541-6221
         Thomas J. Deverin Community Center
         100 Cooke Avenue
         Carteret, NJ 07008

Site 2:  Manager: Damaris Santiago
         732-442-0930
         Alexander J. Jankowski Community Center
         1 Olive Street
         Perth Amboy, NJ 08861

Site 3:  Manager: Vicky Passamonte
         732-254-4299
         Sayreville Senior Center
         423 Main Street
         Sayreville, NJ 08872

Site 4:  Manager: Debbie Cerverizzo
         732-452-0377
         Edison Senior Center
         2963 Woodbridge Avenue
         Edison, NJ 08817

Site 5:  Manager: Keri Edwards
         732-743-9844
         Piscataway Senior Center
         700 Buena Vista Boulevard
         Piscataway, NJ 08854
Site 6: Manager: Karen Delikat
732-329-6171
South Brunswick Senior Center
540 Ridge Road
Monmouth Junction, NJ 08852

Site 7: Manager: Jill Ostman
732-607-1582
Old Bridge Senior Center
1 Old Bridge Plaza
Old Bridge, NJ 08857

Division Director:
Ms. Laila M. Cuane
Middlesex County
Department of Senior Services
732-745-2062 or 732-745-3295

Round-trip transportation available to all sites.
Home-delivered meals available for mobility-impaired.
Suggested Meal Donation: Congregate: $2.25
Home Delivered: $2.75
Blessings by the box - It’s both a Bargain and a Blessing!
Angel Food is available in a quantity that can fit into a medium-sized box at $30 per unit. Each month’s menu is different than the previous month and consists of both fresh and frozen items with an average retail value of approximately $60. Comparison shopping has been done across the country in various communities using a wide range of retail grocery stores and has resulted in the same food items costing from between $42 and $78.

Generally, one unit of food assists in feeding a family of four for about one week or a single senior citizen for almost a month. The food is all the same high quality one could purchase at a grocery store. There are no second-hand items, no damaged or out-dated goods, no dented cans without labels, no day-old breads and no produce that is almost too ripe.

Also offered are specialty boxes such as steaks, chicken and pork. Many participants in this bonus program appreciate the expanded choices. Additionally, there is no limit to the number of units or bonus foods an individual can receive, and there are no applications to complete or qualifications to which participants must adhere. Angel Food Ministries also participates in the U.S. Food Stamp program, using the Off-Line Food Stamp Voucher system.

Please see the website for additional information about the program, how to get food and how to become a host site. Angel Food Network http://www.angelfoodministries.com/ The following organizations are current host sites.

Current Host Sites in Middlesex County:

METUCHEN ..........................First Baptist Church of Metuchen
732-548-4279
848-203-1355

MIDDLESEX....... Christian Life Church & Compassion New Jersey
732-560-5800

MONMOUTH JUNCTION..... South Brunswick Christian Fellowship
732-940-1101

PERTH AMBOY... Cathedral Community Development Corporation
732-826-8207

PISCATAWAY ... North Stelton Economic Development Corporation
732-662-5966
908-803-2331
If your organization is interested in becoming a part of the M.C.F.O.O.D.S. network, please complete the form below and mail it to:

M.C.F.O.O.D.S.
c/o 101 Interchange Plaza
Cranbury, NJ 08512
Fax: 609-655-4748 or Email: ja@mciauth.com

Name of Organization: .............................................................

Mailing Address: ................................................................

Location of Emergency Food (if different from mailing address):

Name of Contact Person: ....................................................

Phone Number at Location: ...............................................

Phone Number for Contact Person if Different: ......................

Fax: ......................................................................... E-mail: ................................

Website and/or email: ........................................................

Days of Operation: .............................................................

Hours of Operation: ..............................................................

Services Provided: .................................................................

Eligibility Requirements for those you serve. (Documents required, age limitations, times of use per month, etc.) .................................................................

Are you a registered 501(c)3? ......................................................

Are you a member of the Community Food Bank of NJ? ..........

Please provide a signature authorizing publication of above information in a directory to be used as a referral tool by private and governmental agencies in Middlesex County.

Signature, Title and Date
MIDDLESEX COUNTY BOARD
OF CHOSEN FREEHOLDERS

Christopher D. Rafano
Freeholder Director

Ronald G. Rios
Freeholder Deputy Director

Carol Barrett
Stephen J. Dalina
H. James Polos
Mildred S. Scott
Blanquita B. Valenti

MIDDLESEX COUNTY
IMPROVEMENT AUTHORITY

Carol Barrett, Freeholder
& MCIA Liaison

Leonard J. Roseman, Chairman

Robert J. Mantz
Jacque Eaker
Anthony Raczynski
Camille Fernicola

Richard Pucci, Executive Director

Revised May 2010