



# COVID-19 UPDATES

Dear SEU Community:

As quarantine and isolation protocols continue to be a significant part of mitigating the spread of COVID-19, the following updated protocols are in place for all students and employees effective immediately and until further notice.

**The University's updated quarantine and isolation protocols are based on the newest CDC guidance for the general public as of today and replace all SEU previous quarantine and isolation protocols.**

**IMPORTANT:** Do not come to campus, class, work or activities if you are ill with any COVID-19 like symptoms or if you test positive. You must complete the daily health screening (employees) or CampusClear App (students) first thing each morning.

## Residential Students:

Isolation and quarantine can take place on campus on a space-available basis.

If quarantine and isolation spaces are not available due to a campus outbreak, students living within 150 miles of campus will be required to isolate or quarantine at home.

**Vaccination status matters** – if exposed, vaccinated and boosted individuals do not have to quarantine if they remain without symptoms and test negative, but must follow the guidelines below.

## UPDATED PROTOCOLS

**REGARDLESS OF VACCINATION STATUS** – if you experience symptoms or test positive for COVID-19, stay home and isolate from the first day of symptoms (even if mild), positive test result or exposure. This is considered **Day Zero (0)**.

If symptomatic (even if mild), immediately consult with your physician, take a PCR test and treat symptoms.

- Contact Health Services (students) and Human Resources (employees) and keep them apprised of your health status until cleared to return to campus or class.
- Follow the steps below depending on vaccination status.

## In the Event of Illness

### For: vaccinated and boosted individuals

#### Who are: symptomatic or test positive

- Test as soon as possible with a PCR (not rapid, not antigen) if you have not tested yet.
- **Day 0** is when your test is positive or you develop symptoms.
- Isolate.
- Consult with your physician.
- If you still have symptoms or fever by Day 6, continue to isolate to **Day 10**.
- On **Day 11**, please contact HR (employees) or Health Services (students) for further instruction.
- On **Day 6**, ONLY if you are symptom-free and have had no fever within 24 hours, take a rapid antigen test (NOT a PCR test). The CDC and the State of New Jersey say it is best to use two antigen tests 24 hours apart with the five-day isolation.
- If the rapid antigen test taken on **Day 6** is positive, remain in isolation to **Day 10**. If symptoms or fever persist on **Day 10**, continue to isolate and alert HR (employees) or Health Services (students).
- If **Day 6** rapid antigen test is negative and you are symptom-free with no fever within 24 hours (you are still considered infectious), you must do the following until **Day 10**:
  - continue to monitor for symptoms/fever;
  - return to work, class or activities while wearing a properly fitted mask at all times;
  - do not consume food or drink in the presence of others (use “to go” option in the dining hall, remaining masked in the serving area);
  - do not allow visitors in your office/cubicle or assigned residence hall room;
  - continue to mask (N95/KN95 masks are highly recommended); and
  - remain socially distanced from others.

### For: unvaccinated and non-boosted individuals

#### Who are: symptomatic or test positive

- Test immediately (with a PCR test);
- Isolate and treat symptoms from **Days 0-10**;
- If the symptoms or fever persist on **Day 10**, continue to isolate.
- Notify HR (employees) or Health Services (students) and follow instructions provided.

## In the Event of Exposure

### For: vaccinated and boosted individuals

#### Who were: in close contact with a COVID-19 positive individual

- Attend class or work on a normal schedule, but follow these guidelines until **Day 10**:
  - wear a properly fitted mask covering the nose and mouth (N95/KN95 masks are highly recommended);
  - do not consume food or drink in the presence of others (use “to go” option in the dining hall, remaining masked in the serving area);
  - refrain from having visitors in your office/cubicle or residence hall room; and,
  - stay socially distanced from others.
- Test with a PCR test on **Day 5**.
- Take PCR test again on **Day 11**.
- If the PCR test taken on **Day 5** or **Day 11** is positive or if symptoms develop at any point:
  - consider the day the symptoms appear or test is positive to be back at **Day 0**;
  - isolate immediately;
  - treat symptoms;
  - consult with your physician and follow the guidelines for vaccinated and boosted individuals testing positive or symptomatic noted above.

### For: unvaccinated and non-boosted individuals

#### Who were: in close contact with a COVID-19 positive individual

- Quarantine for **Days 0-5**.
- If you remain without symptoms or fever, take a PCR test on **Day 5**.
- If the results are negative, return to work or class but follow these guidelines until **Day 10**:
  - wear a properly fitted mask (N95/KN95 are highly recommended);
  - do not consume food or drink in the presence of others (use “to go” option in the dining hall, remaining masked in the serving area);
  - refrain from having visitors in your office/cubicle or residence hall room;
  - stay socially distanced especially from high-risk individuals; and,
  - take PCR test again on **Day 11**.
- If, at any point, symptoms appear or a positive test, you must isolate and immediately test with a PCR with the first day of symptoms counting as **Day 0**.
- Follow the instructions for symptomatic individuals listed above for unvaccinated or non-boosted individuals.

## ADDITIONAL PROTOCOL REMINDERS

### Masking

- Masking while indoors on campus is required until further notice, unless eating or drinking.
- N95/KN95 masks (strongly recommended) properly worn, are the best at preventing disease transmission, followed by surgical masks.
- Cloth masks are less likely to prevent the spread of the Omicron COVID-19 variant.
- Scarfs and neck gaiters are not permitted.
- Masks must be tightly fitted and completely cover the nose and mouth at all times.

### Boosters

- All individuals who are eligible for a booster (five months after the second shot of Pfizer or Moderna, or two months after the single Johnson & Johnson shot) must submit proof of the booster no later than February 15, 2022 to the appropriate secure file upload portal:
  - Students: [steu.edu/meduploads](https://steu.edu/meduploads)
  - Employees: [steu.edu/hr/secure-file-upload](https://steu.edu/hr/secure-file-upload)

NOTE: The University will work directly with those individuals who will not be eligible for their booster in this timeframe.

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