



**Doctoral Program in Counseling Psychology
Student Handbook
2022–2023**

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**Psy.D. in Counseling Psychology
Doctoral Student Handbook
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Notice to Students

The *Doctoral Program in Counseling Psychology Student Handbook* describes the current policies and procedures unique to the Doctoral Program in Counseling Psychology at Saint Elizabeth University. The purpose of the *Student Handbook* is (a) to assist students in planning their studies; (b) to provide students with the general educational policies, expectations, and standards of the program; and (c) to assist faculty in student advising so that the policies are applied systematically and fairly. It is important to note that curricular expectations outlined in the Handbook in the year in which the student was admitted are to be followed while the student is actively enrolled in the program. Students will be informed of any program-related changes made subsequent to their matriculation.

The University reserves the right to make changes to the program. Students will be notified of all changes in a timely manner and will not be delayed in projected program completion as a result of any change. Thus, program changes may be applied to students in progress, and students will get an advance notice whenever possible of all such changes.

This *Student Handbook* is not intended to supersede any policies or codes of conduct in the *Saint Elizabeth University Academic Catalog*, the *Ethics Code* of the American Psychological Association (APA) (<http://www.apa.org/ethics/code/index.aspx>), or the jurisprudence rules of the New Jersey State Board of Psychological Examiners. Students are expected to have read these documents prior to beginning coursework.

On April 5, 2020, our Psy.D. Program in Counseling Psychology was granted accreditation, on contingent status, by The Commission on Accreditation (CoA) of the American Psychological Association (APA). The American Psychological Association (APA) grants this [accredited status](#) to new programs such as ours, which began in 2013.

As per the APA Accreditation process, our program will submit an updated self-study by 2023, at which point our program will be reviewed for full accreditation status. The expiration date for the contingent status is 2025.

Kindly direct questions related to our program's accredited status to the Commission on Accreditation: Office of Program Consultation and Accreditation, American Psychological Association, 750 First Street NE, Washington, DC 20002; Phone: (202) 336-5979; Email: apaaccred@apa.org; Website: www.apa.org/ed/accreditation

Our program is designed to meet the educational requirements for licensure of the State of New Jersey and many of our graduates are licensed psychologists or permit holders in New Jersey.

Saint Elizabeth University and the Psychology Department of the University reserve the right to delete, add, or change policies, procedures, and courses in this *Student Handbook* and in the Degree Plan for any reason. The University also reserves the right to effect changes to tuition and fees without notice, although the tuition and fees in effect when a given cohort begins the program will remain unchanged as that cohort progresses through the program.

Students are encouraged to place an emphasis on their personal and professional development while enrolled in the program. In keeping with this statement, students are encouraged to participate in psychotherapy outside of the program, to fully engage in experiential learning activities embedded in the curriculum, and to be self-reflective in relation to course content.

The faculty of the Psychology Department adhere to the *Ethics Code* of the American Psychological Association and respect the rights of our students. Students must be aware that there are many personal and professional reasons that may prohibit them from earning the Psy.D. in Counseling Psychology or from becoming licensed to practice psychology in New Jersey or in other jurisdictions. Consequently, Saint Elizabeth University and the program faculty cannot guarantee graduation from the program or licensure as a psychologist. However, we will do everything we can to fulfill our obligations to our students to provide them with every opportunity to achieve their goals.

In the end, each student must understand that the attainment of the Psy.D. is the result of a joint effort between the student and the faculty. In this regard, the student's progress depends upon numerous factors including the student's motivation, effort, and other life circumstances.

Students are required to read this *Student Handbook* completely and sign the statement below. Signed statements will be submitted to the Director at the beginning of the fall term.

I agree that I will be responsible for adhering to all of the policies in this *Student Handbook* and in the [Saint Elizabeth University Academic Catalog](#). I further agree to adhere to the *Ethics Code* of the American Psychological Association.

Student Signature

Date

Program Mission and Objectives

Program Mission and Philosophy

The mission of the Psy.D. in Counseling Psychology program is to be a practitioner preparation program intended for qualified applicants interested in pursuing the highest level of applied learning and practice within Health Service Psychology. The doctoral program prepares students for careers in Counseling Psychology and specializes in training mental health professionals committed to working with marginalized populations. This emphasis is an outflow of Saint Elizabeth University's mission to promote and effect social justice and positive community change.

As its hallmark, the program's focus on the foundational value of social justice shapes and distinguishes student efforts in developing effective psychotherapeutic relationships while advancing the University's commitment to fostering just and ethical relationships and positive community change. The program's emphasis on academic excellence and extensive field experience promote the University's values of quality teaching and the development of leadership in a spirit of service and social responsibility. In addition, the emphasis on close faculty-student interaction inherent in the professional development of doctoral psychologists-in-training promotes the University's goal of developing a caring personal relationship where students learn by example as well as by participation.

Program Objectives

The Psy.D. is a full-time, 88-credit, cohort-based, intensive professional development program designed to prepare students for careers in the practice of health service psychology. Psy.D. graduates are trained as general practitioner-scholars who can provide psychotherapy, assessment, counseling, supervision, teaching, consultation, and program evaluation services in community, forensic, agency, and academic settings. The emphasis on social justice and empowering underserved populations both aligns the program with the University's mission and values, and also sets it apart from other doctoral programs in the region.

In terms of academic preparation, the program offers students courses and experiences that provide a broad foundational knowledge of psychology and progress to more advanced knowledge, skill building, and identification as a counseling psychologist. Infused throughout the curriculum is the foundational value of social justice with a pedagogical focus on psychotherapy aimed at achieving client empowerment across a range of settings. Supervised practica and internship experiences also provide students with specialized opportunities to develop a repertoire of intervention strategies consistent with effective, respectful, and ethical evidence-based practice. Psy.D. graduates are also prepared to exercise leadership roles within the discipline of counseling psychology and within their individual communities. Further, the program instills in its students a commitment to social justice advocacy and its application in support of the betterment of marginalized populations and challenged communities.

SEU Psy.D. Program Statement on Diversity and Social Justice

The Psy.D. Program at Saint Elizabeth University recognizes the significance of diversity, inclusion, equity, and social justice in all aspects of the curriculum. The Psy.D. Program welcomes people of all backgrounds, especially individuals who identify with historically marginalized groups* who are underrepresented in counseling psychology. The Psy.D. Program

values individual and community empowerment, and maintains a substantial interest in advocating for social change in personal, social, cultural, and political arenas. Toward that end, the Psy.D. Program aims to emphasize social justice throughout the program, and recruit and retain diverse faculty and students who share in the program's commitment to bringing mental health services to all populations. The program understands that social justice extends beyond recognizing and embracing individual diversity; social justice involves ensuring that resources are distributed fairly to promote equity and inclusion.

*We embrace individual and social differences including, but not limited to, age, gender, gender identity, sexual orientation, race/racial identity, ethnicity, national origin, indigenous heritage, religion, disability, language, socioeconomic status, neurodiversity, and veteran status.

Program Aims and Learning Competencies

The aims of the program are to produce graduates who are:

Aim 1. Proficient in addressing individual and cultural differences while engaged in professional psychological practice, and demonstrating a commitment to social justice.

Competency 1.a

Students will recognize their own attitudes and biases and demonstrate knowledge, awareness, sensitivity, and skills when working with diverse clients including, but not limited to age, disability, ethnicity, gender, gender identity, language, national origin, race, religion, culture, sexual orientation, and socioeconomic status.

Competency 1.b

Students will develop knowledge, awareness, and skills in providing multiculturally sensitive and ethically sound supervision and consultation.

Competency 1.c

Students will demonstrate a commitment to social justice as reflected in a range of professional activities.

Aim 2. Prepared with the foundational knowledge in psychology which will enable them to continue their training in counseling psychology and the ethical practice of health service psychology as early-career professionals.

Competency 2.a

Students will acquire and apply knowledge of affective, biological, cognitive, developmental, and social bases of behavior in the ethical practice of health service psychology.

Competency 2.b

Students will acquire and apply knowledge and skills related to legal, professional, and ethical standards in all professional activities.

Aim 3. Proficient at providing ethically sound professional services anchored in science and integrating research and practice.

Competency 3.a

Students will be proficient as science-informed practitioners in conducting professional psychological assessment and intervention services, integrating evidence-based research into practice.

Competency 3.b

Students will be able to evaluate client outcomes in order to improve treatment effectiveness, demonstrate effective communication and interpersonal skills, know their limitations as treatment providers, and seek supervision and consultation as appropriate for the delivery of ethical and effective services.

Competency 3.c

Students will be able to critically evaluate and conduct psychological research with the goal of contributing knowledge to the field of health service psychology.

Comprehensive Evaluation of Student Competencies

Professional psychologists are expected to demonstrate competence across a number of different but interrelated dimensions. Programs that educate and train professional psychologists also strive to protect the public and the profession. Consequently, faculty, supervisors, and administrators in such programs have a duty and responsibility to evaluate the competence of students across multiple aspects of performance, development, and functioning. In addition to performance in coursework, scholarship, comprehensive examinations, and related program requirements, other aspects of professional development and functioning (e.g. cognitive, emotional, psychological, interpersonal, technical, and ethical) will also be evaluated. For detailed information on the comprehensive evaluation of student competence (i.e., the program's Proximal and Distal Data Assessment Plan that conforms to APA standards), please contact the Program Director via email. Current students may access additional information about evaluation and assessment of student competency on the Psy.D. Moodle Course Page.

Assessment of Student Competencies

Discipline Specific Knowledge (DSK)

The Commission on Accreditation (CoA) expects that students will demonstrate knowledge in the discipline of psychology, broadly construed. There are four categories of discipline-specific knowledge (DSK): 1) the history and systems of psychology, 2) basic knowledge in scientific psychology, 3) integrative knowledge in scientific psychology, and 4) methods of inquiry and research. The categories and domains are listed below:

Category 1: History and Systems of Psychology

- History and Systems of Psychology, including the origins and development of major ideas in the discipline of psychology.

Category 2: Basic Content Areas in Scientific Psychology

- Affective Aspects of Behavior, including topics such as affect, mood, and emotion.

- Biological Aspects of Behavior, including multiple biological underpinnings of behavior, such as neural, physiological, anatomical, and genetic aspects of behavior.
- Cognitive Aspects of Behavior, including topics such as learning, memory, thought processes, and decision-making.
- Developmental Aspects of Behavior, including transitions, growth, and development across an individual's life.
- Social Aspects of Behavior, including topics such as group processes, attributions, discrimination, and attitudes.

Category 3: Advanced Integrative Knowledge in Scientific Psychology

- Advanced Integrative Knowledge of Basic Discipline-Specific Content Areas, including graduate-level scientific knowledge that entails the integration of multiple basic discipline-specific content areas identified in Category 2.

Category 4: Research Methods, Statistical Analysis, and Psychometrics

- Research Methods, including topics such as strengths, limitations, interpretation, and technical aspects of rigorous case study; correlational, experimental, and other quantitative research designs; measurement techniques; sampling; replication; theory testing; qualitative methods; mixed methods; meta-analysis; and quasi-experimentation.
- Statistical Analysis, including topics such as quantitative, mathematical modeling and analysis of psychological data, statistical description and inference, univariate and multivariate analysis, null hypothesis testing and its alternatives, power, and estimation.
- Psychometrics, including topics such as theory and techniques of psychological measurement, scale and inventory construction, reliability, validity, evaluation of measurement quality, classical and contemporary measurement theory, and standardization.

These domains will be assessed in a variety of ways, including:

- Course grades in doctoral courses identified as covering discipline specific knowledge, (PSY 700, 701, 704, 706, 708, 710, 728)
- Comprehensive exam
(see Psy.D. Handbook section on the comprehensive exam for more information)

Profession Wide Competencies (PWC)

The Commission on Accreditation (CoA) requires that all trainees develop certain competencies as part of their preparation for practice in health service psychology. Following the Standards of Accreditation (SoA), effective January 1, 2017, there are nine general competency areas:

- Research
- Ethical and legal standards
- Individual and cultural diversity

- Professional values, attitudes, and behaviors
- Communication and interpersonal skills
- Assessment
- Intervention
- Supervision and
- Consultation and interprofessional/interdisciplinary skills

These competencies will be assessed in a variety of ways, including:

- Course grades in designated PWC competency courses (PSY 712, 714, 716, 726, 728, 730, 731, 732, 733, 734, 735)
- Annual Review ratings (Appendix A)
- Practicum Supervisor ratings (Appendix H)
- Scores on the comprehensive exam
- Dissertation proposal defense and final defense (Appendices B and C)
- Professional Presentations and Publications

Program Specific Competencies (PSC)

Consistent with the Psy.D. program's aims and the ethics of the profession of health service psychology, the Psy.D. program has one Program Specific Competency (PSC) in promoting social justice. Specifically, students will demonstrate a commitment to social justice as reflected in a range of professional activities.

This competency will be assessed in a variety of ways, including:

- Course grades in PSC competency courses (PSY 726, PSY 730)
- Annual Review ratings (Appendix A)
- Alumni Surveys

Minimum Levels of Achievement (MLA)

Students must demonstrate a minimum level of achievement (MLA) in all competencies and elements corresponding to DSKs, PWCs, and PSC. Please see below for sample MLAs used to assess student competency.

- Course Grades MLA B-
- Pass Comprehensive Examination MLA 80% or better
- Annual Review MLA of 3 (satisfactory) or above
- Practicum Supervisor Rating Form MLA of 3 (satisfactory) or above globally
- Dissertation Proposal Defense and Final Defense MLA of Pass

Program Requirements, Policies, and Resources

Admissions Criteria

The Psy.D. in Counseling Psychology is a four-year, full-time, cohort-based program with courses being offered in the fall, spring, and summer. The curriculum consists of 88 credits of

which 15 credits are completed by students through required courses in their Master's programs and transferred into the Psy.D. program. The required courses are: Human Growth and Personality Development, Psychological Assessment, Psychopathology, Research Methods and Advanced Statistics, Counseling Theories, and Group Counseling. Although a three-credit course in Group Counseling is a prerequisite to the program, it is not accepted as a transfer course. In addition to these 15 credits in Master's-level courses, the curriculum includes 73 credits in doctoral-level coursework and supervision.

Applicants to the Psy.D. program in counseling psychology are required to:

- Have completed a Master's degree in Counseling Psychology or an equivalent degree in a related field.
- Have completed three credits in each of the following Master's-level courses: Human Growth and Personality Development, Psychological Assessment, Psychopathology, Research Methods and Advanced Statistics, Counseling Theories, and Group Counseling: submit syllabi for these courses.
- Have a satisfactory degree of professional or applied experience (e.g., Master's level practicum or internship, volunteer or paraprofessional helping experience, or employment in clinical settings).
- Submit official scores from the Graduate Record Examination: general and Psychology subject test
- Submit a statement of professional goals: 3–6 pages, double-spaced, detailing the applicant's professional goals and including an autobiographical statement regarding the applicant's motivation for pursuing those goals.
- Submit three letters of recommendation from professionals who can comment on the applicant's qualifications for doctoral study: at least two letters must be from a professor attesting to academic capability and at least one must be from a practitioner attesting to professional capacity.
- Submit official transcripts of all graduate and undergraduate work.
- Submit a curriculum vitae.
- Submit a completed application form.
- Submit application fee.

Graduate GPA, personal statement, and professional experience tend to be weighted more heavily by the faculty; however, each application is considered from a holistic perspective. Selected applicants will be invited to interview with representatives of the Psy.D. faculty.

Admissions Deferral Policy

The Psychology Department faculty has an admissions deferral policy for instances when applicants to our Master's and Doctoral programs are offered admission and later indicate that they wish to defer entry to the program for a period of time. The policy is also guided by the Council of Counseling Psychology Training Programs (CCPTP) Guidelines for Graduate School Offers and Acceptance. These guidelines indicate that applicants seeking an admission deferral must reapply to the graduate program when they are ready to attend.

Applicants to the Psy.D. Program are offered admission only for the academic year indicated by the applicant on the application form. Any applicant wishing to defer admission for one academic year must submit an Admissions Deferral Request to the Director of Psy.D. Program stating the reason for the request. The Psychology faculty may request additional information from the applicant to support the deferral review. If a deferral is granted, the Psychology faculty may offer to maintain the applicant's file for a year so that the applicant will not have to resubmit application materials. The following year, the applicant must indicate in writing her/his desire to enter the program and must submit an updated curriculum vita. When that written expression of interest and updated CV is received, the Psychology faculty will schedule another admissions interview with the applicant and decide if the applicant is suitable to be admitted to the program

Requests for admissions deferral for two or more academic years will be denied.

Recruitment Policy

Consistent with the mission of Saint Elizabeth University, the Psy.D. program's recruitment, selection, and admissions processes reflect our commitment to training multiculturally competent clinicians who provide leadership in service to others. The Psy.D. program at Saint Elizabeth University is committed to recruiting and admitting individuals of diverse backgrounds, including racial/ethnic minorities who have been traditionally underrepresented in health service psychology.

Recruitment strategies that are in line with the above policy may include the following:

- The Psy.D. program sends recruitment announcements and advertisements to the Directors of Master's programs in the area with high student diversity. In addition, the program sends the New Jersey Psychological Association, the NJ Chapter of the Association of Black Psychologists, and the Latino Mental Health Association of New Jersey announcements that include a description of the social justice mission of the University and the Psy.D. program as a whole. Faculty members with contacts at these organizations personally reach out and share that the Psy.D. program is seeking applicants from diverse identities that include age, disability, ethnicity, gender, gender identity, language, national origin, race, religion, culture, sexual orientation, and socioeconomic status.
- The Psy.D. program may send announcements and advertisements to national, state, and local psychological professional associations, particularly organizations in which program faculty are professional members.
- The Psy.D. program also may send announcements and advertisements to mental health clinics and organizations in the surrounding area, particularly those in underserved or diverse areas, that might have employees with similar training and clinical experience in line with the Psy.D. program and Saint Elizabeth University's social justice and diversity mission.
- The Psy.D. program periodically hosts general meetings of state and local psychological associations, attended by a diverse body of graduate and undergraduate students. This provides an opportunity for networking, socialization, and introduction to the Psy.D. program faculty to promote the program and recruit diverse students.

- The Psy.D. program also maintains a record of each of the professional organizations, graduate programs, institutions, and activities with which it engages in an effort to attract applicants from diverse backgrounds. These records are kept in electronic form.

Retention Policy

The Psy.D. program at Saint Elizabeth University highly values student retention. All students receive consistent mentorship and advisement throughout their time in the program from the Director of the Doctoral Program and other core Psy.D. faculty. Our program cultivates an inclusive, supportive, and diverse climate that promotes timely completion of the program and student retention.

Retention strategies may include the following:

- The University offers graduate assistantships and opportunities for adjunct teaching on campus, given that financial concerns and challenges are often a significant factor in student retention for all students. Minority students have participated in these opportunities consistently since the beginning of the program.
- The faculty provides mentorship support to all students but recognizes the special importance of this for minority students who may not have had personal and professional contacts and role models already in the field.
- Faculty ensure that all students, but especially African-American, Latinx and other minority students, are aware of the existence of, and the activities of, the New Jersey Chapter of the Association of Black Psychologists and the Latino Mental Health Association of NJ, as well as the New Jersey Association for Multicultural Counseling. Students are encouraged to attend presentations facilitated by the New Jersey Psychological Association, the Latino Mental Health Association of NJ, and the New Jersey Chapter of the Association of Black Psychologists.
- The Psy.D. program examines its own efforts to retain students who are diverse in several ways. For example, respect for individual and cultural diversity is assessed in every course evaluation and minority student retention data is reviewed at the annual Psy.D. Faculty Retreat.
- The Psy.D. Program sends announcements of grants, fellowships (e.g., minority fellowships), and other opportunities to students.

Master's Level Prerequisites and Transfer Credit Policy

The program requires 6 graduate-level courses as prerequisites to the program. It is the program's policy not to accept additional transfer courses. The required courses are Human Growth and Personality Development, Psychological Assessment, Psychopathology, Research Methods and Advanced Statistics, Counseling Theories, and Group Counseling. Fifteen credits are completed by students through required courses in their master's programs and transferred into the Psy.D. program. Although a three-credit course in Group Counseling is a prerequisite to the program, it is not accepted as a transfer course.

Effective 2019, students must complete a Transfer Evaluation and Substitution application (Appendix M) prior to enrollment in the Psy.D. Program. Syllabi for the 6 graduate-level courses

being transferred must be provided to the Director of the Program, unless these courses were completed at Saint Elizabeth University. The Director of the Program reviews the materials and evaluates the courses for content, level, and mastery (i.e., as evidenced by a grade of B or above). For example, if an applicant submits a syllabus intended to fulfill the Counseling Theories prerequisite, the Director reviews the syllabus to ensure that counseling theories are in fact adequately covered at a Master's level in the required text and journal readings, as well as in assignments and in-class discussions. If so, the Director will allow that particular course to fulfill the Counseling Theories prerequisite. If an applicant does not have one or more required Master's level prerequisites, the applicant may be admitted to the program on condition that the required prerequisites are taken during the summer before the applicant's first year or during the first year of the applicant's doctoral studies. The applicant will be permitted to take up to two prerequisite Master's courses in the first year of the doctoral program.

Exceptions to the prerequisite policy may be considered in the following cases:

- If an applicant does not have one or more of the Master's level prerequisite courses, but has significant professional experience in the topic area (e.g. Group Counseling).
- If an applicant has completed one or more Master's level prerequisite courses with a grade below a B.

The Director and Associate Director will review such cases based on the applicant's statement of goals and curriculum vitae and an interview to gain a detailed understanding of the applicant's experience. A decision will then be reached as to whether professional experience is a suitable substitute for the prerequisite course(s) or grade(s).

Expectations Regarding Satisfactory Progress Through the Program

The Psy.D. Program is cohort-based. Each student is expected to progress satisfactorily through a predetermined sequence of courses as a member of their cohort. **The program will not alter the sequence of courses for the convenience of students.** Students demonstrate satisfactory progress when they earn a B- or above on all required coursework, maintain continuous enrollment (unless granted a leave of absence due to extenuating circumstances), are evaluated as "satisfactory" or above with regard to practica and internship via practicum evaluations, successfully complete the comprehensive examination and dissertation requirements, and are evaluated positively with regard to professionalism and comportment in interpersonal relations in the Annual Review. Student performance on these indicators is assessed by faculty, as well as practicum and internship supervisors. **More specific information regarding progress on each program goal, objective, and competency can be found in this *Handbook*.**

Grade Requirements

In order to remain in good academic standing, students must maintain an overall GPA of 3.0 or higher. Students whose Cumulative GPA falls below 3.0 will automatically be placed on probation and will have one semester (or 9 credits) to raise their Cumulative GPA to 3.0. Failure to do so will result in automatic dismissal from the program.

Doctoral courses must be passed with a grade of B- or higher. Grades of C+ or lower are unacceptable. **Students must repeat courses in which they earn a grade of C+ or lower when the courses are next offered, with the following cohort.** In this situation, students would be

placed on a remediation plan. Students who earn a C+ in a course during their third year in the program will repeat the course with the next cohort and will not be permitted to go on internship until the course is passed with a satisfactory grade. Students who earn one F grade will be automatically dismissed from the program.

Unless otherwise stated by your course instructor, the numerical equivalents of grades are listed below.

93-100 = A 87-89 = B+ 77-79 = C+ 67-69 = D+ 60 and below = F
 91-92 = A- 83-86 = B 73-77 = C 63-66 = D
 81-82 = B- 70-72 = C- 61-62 = D-

Academic Integrity Policies

University Academic Integrity Policy: Each student in the Psy.D. in Counseling Psychology program is expected to follow the University Academic Integrity Policy.

Each member of the academic community must recognize their individual responsibility to uphold academic integrity. The University will not accept academic dishonesty, which includes but is not limited to plagiarism; cheating in any form; theft of educational materials; unauthorized removal of books, journals, or other library resources; copyright violations; falsification of data; sabotaging the work of others; and illegal production of computer and audio/video software. Penalties will be imposed for violations of academic integrity. For a detailed description of the University's Academic Integrity Policy visit <https://www.steu.edu/academicpolicies>

Psy.D. Academic Integrity Policy:

Congruent with the mission of Saint Elizabeth University, students will be held to high standards of ethical and professional conduct. Academic honesty is expected of every student. Cheating, forgery, alteration and misuse of documents or identification of any other unethical behavior may result in serious academic penalties. All submitted work should be the student's own work, which is not 1) plagiarized from a published author (plagiarism entails presenting another's work as one's own), 2) copied from a fellow student, or 3) purchased from a paper writing service.

Sample Curriculum: Doctoral Level Required Courses and Four-Year Course Rotation

| Year | Semester | Number | Name | Credits |
|------|----------|---------|---|---------|
| 1 | Fall | PSY 702 | Recent and Advanced Theories of Personality | 3 |
| 1 | Fall | PSY 708 | History and Systems of Psychology | 3 |
| 1 | Fall | PSY 720 | Techniques in Counseling and Psychotherapy | 3 |
| 1 | Spring | PSY 700 | Developmental Aspects of Behavior | 3 |
| 1 | Spring | PSY 704 | Cognitive and Affective Bases of Behavior | 3 |
| 1 | Spring | PSY 716 | Advanced Adult Psychopathology | 3 |
| 1 | Summer | PSY 701 | Social Aspects of Behavior | 3 |
| 1 | Summer | PSY 706 | Physiological Psychology | 3 |
| | | | | |
| 2 | Fall | PSY 710 | Advanced Psychometrics | 3 |
| 2 | Fall | PSY 719 | Foundations of Counseling Psychology | 3 |

| | | | | |
|---|--------|---------|---|----|
| 2 | Fall | PSY 732 | Doctoral Practicum I | 3 |
| 2 | Spring | PSY 712 | Advanced Cognitive and Personality Assessment | 3 |
| 2 | Spring | PSY 728 | Advanced Research Methods and Statistical Design | 3 |
| 2 | Spring | PSY 733 | Doctoral Practicum II | 3 |
| 2 | Summer | PSY 714 | Child and Adolescent Psychopathology | 3 |
| 2 | Summer | PSY 726 | Applications of Social Justice in Psychological Treatment | 3 |
| 2 | Summer | PSY 748 | Intercession Practicum | |
| | | | | |
| 3 | Fall | PSY 730 | Counseling Research and Program Evaluation Research | 3 |
| 3 | Fall | PSY 734 | Doctoral Practicum III | 3 |
| 3 | Spring | PSY 731 | Supervision and Consultation for Counseling Psychology | 3 |
| 3 | Spring | PSY 740 | Dissertation I | 1 |
| 3 | Spring | PSY 735 | Doctoral Practicum IV | 3 |
| 3 | Summer | PSY 722 | Theories and Techniques of Career Counseling | 3 |
| 3 | Summer | PSY 742 | Dissertation II | 3 |
| | | | | |
| 4 | Fall | PSY 736 | Doctoral Internship I | 3 |
| 4 | Fall | PSY 744 | Dissertation III | 3 |
| 4 | Spring | PSY 738 | Doctoral Internship II | EQ |
| 4 | Spring | PSY 746 | Dissertation IV | EQ |

*Equivalency Credits (EQ) are granted for required activities necessary for the student to progress toward the degree. The acceptable activities are Doctoral Internship and Dissertation. Equivalency credit is not granted to finish work in order to remove a grade of Incomplete.

ABD and Continuous Enrollment

Students are expected to complete their dissertations by the summer of their fourth year in the program. If that expectation is not met, students must register for GST750 Continuous Enrollment (1 credit) in every subsequent semester until the dissertation is completed. This course allows students to demonstrate that they are continuously enrolled in the program throughout their course of study.

Time Limit

Students must complete the Psy.D. program within seven years from the date of matriculation. The seven-year limit includes authorized leaves of absence. If the program is not completed within seven years, the student is dismissed from the program without the Psy.D. degree.

Doctoral Level Practica and Internships

Practica

Practica are part-time, advanced clinical experiences designed to assist students in moving toward competence as future psychologists. They prepare students for the doctoral internship. A practicum provides doctoral students with planned professional training at approved external training sites that partner with Saint Elizabeth University. Practica often include training in clinical interviewing and diagnostic evaluation, direct client care, psychological assessment and

intervention, theoretical case formulation and presentation, attending case conferences, writing reports, and clinical notes, and psychoeducation and consultation.

Each practicum section requires a minimum of 300 hours at a placement site, 150 of which are to be spent in *direct* client service provision. The remaining 180 hours may be in indirect service, which includes documentation and review of client records, writing case notes, reviewing video and audio recordings of sessions, attending staff meetings and case conferences, reviewing research to enhance evidence-based practice, and report writing.

Students are expected to participate in a minimum of four doctoral-level practica beginning in the fall of their second year. Students are to participate in a minimum of one hour of weekly *individual* on-site supervision provided by a qualified individual approved by the Psychology Department.

Students are required to apply to practicum sites through the American Psychological Association's Psychology Practicum Consortium (NYNJADOT/PSYDNYS) match service. Additional information for NYNJADOT, including match policies and procedures and a listing of practicum sites, can be found on their website: <https://nynjadot.apa.org/>. Several key requirements for applying to practica through APA's NYNJADOT are summarized below. Note, however, that the guidelines are updated regularly and can change without notice. Students should refer to the most recent guidelines provided on the NYNJADOT website.

General Guidelines

16–20 hrs./ week — in no more than two days (ADCT must approve additional hours)

- Direct observation at least once during each semester.
- Live supervision “on-site” — at least one hour of face-to-face, individual supervision, and another hour of “other” types of supervision.
- Externship must have a stated didactic component — specifics are not mandated, and their individual training program and application guidelines.

Practicum Match

- Students should register for the match and submit applications through the NYNJADOT applicant portal.
- The portal generally opens in January of each year (slated to open January 9, 2023). Note, however, that not all sites will use the portal. If a site does not use the portal, it will stipulate the process for receiving student materials.
- Students apply to sites in close consultation with the ADCT. Students apply to 8 to 10 sites.

- Students can upload their materials based on site specific instructions but anticipated by January 9, 2023. Interviews can begin January 18, 2023 (dates subject to change; refer to most recent NYNJADOT documents).
- The Match will occur on Monday, March 6, 2023 students will be notified via email.
- If unsuccessful in matching through NYNJADOT, students will then consult with the ADCT to determine practicum placement options.

Once a practicum site has been secured, students work with the ADCT and the clinical training site supervisors to review and complete SEU's Practicum Agreement. If a student's training site requires an affiliation agreement between the site and SEU, students should inform the ADCT as soon as possible to avoid delays. Note that affiliation agreements include reviews by the ADCT and SEU administrators (e.g., VPAA, CFO) in collaboration with a student's planned practicum-training site, and they may necessitate revision before they are finalized.

Practicum Supervision and Evaluation

On-site supervisors will evaluate students using the Practicum Supervisor Evaluation Form (Appendix H. Practicum evaluation forms (both mid-year and final) will be sent to supervisors via Time2Track. Their evaluation will be based, in part, on direct observation of the student. Direct observation is defined by the American Psychological Association Commission on Accreditation as, "... live and in-person (e.g., in-room or one-way mirror observation), through synchronous audio-video streaming, or through either audio or video recording (APA, 2018)." Students are required to have one live supervision for each evaluation cycle (generally fall and spring cycles). In addition, students receive weekly group supervision on campus through active participation in the Practicum Seminar conducted by a licensed psychologist on the program faculty.

Documentation of Training Experience

Students must record all practicum hours, both direct and indirect for all practicum-training experiences in the Time2Track system. Time2Track (www.time2track.com) is a web-based logging system that allows students to easily track training hours, view progress in real time and easily integrates into the AAPI (application for internship). In addition, students must record the number of clients seen, the intervention modality used (e.g., individual, group, family) and demographic information as it pertains to each client (e.g., age, ethnicity/race, sexual orientation, religious background, gender/sex, ability status, class). The Practicum Log (Appendix F Logging Practicum/Internship Hours) will be approved and signed by each practicum supervisor (on-site and on-campus). All practicum hours will be logged via Time2Track system (see Appendix F). It will be used to demonstrate readiness for application for the pre-doctoral internship. Students must have site approval from the Associate Director for Clinical Training before confirming placement and submitting all required forms.

Internship

During the student's final year in the doctoral program, the student will participate in a yearlong, full-time or two-year, part-time (1,750–2,000 hours, depending on site), APA-Accredited Internship. This pre-doctoral internship allows students to employ the knowledge and skills acquired during their doctoral studies under the supervision of seasoned practitioners of psychology. More specifically, an internship is an organized training program that is designed to provide students with a planned, programmatic sequence of training experiences that are primarily focused on assuring breadth and quality of training. With approval from the student's advisor and the Associate Director for Clinical Training, students apply for internship following successful completion of 1) necessary coursework, 2) comprehensive examination, and 3) defense of the Dissertation Proposal.

The Psy.D. program follows the American Psychological Association's guidelines regarding curricular accomplishments prior to the internship. Accordingly, prior to internship, students must:

- Complete foundational and specialty coursework
- Pass the comprehensive exam and
- Gain approval of the dissertation proposal from their dissertation committee.

Students are *required* to participate in the Association of Psychology Postdoctoral and Internship Centers (APPIC) match program *and* apply to a *maximum of 15* APA accredited internship sites. APA-accredited internship applications are submitted through APPIC's match program. Students should begin preparing early, as these sites are limited and highly competitive if students plan to focus on regional APA-accredited sites (e.g., New York, New Jersey). Students should make every effort to submit competitive applications to APA-accredited internship sites. More information about the APPIC match program can be found at <http://www.appic.org/>. As students near the internship application stage of their program, they should subscribe to the APPIC Match-news listserv and familiarize themselves with APPIC internship application procedures and policies. A copy of the most up-to-date APPIC Application for Psychology Internship (AAPI) is available for download from this site.

The interview process for the internship typically occurs during December and January before internship and offers are extended in February. Planning meetings and support for the internship application process will begin the year before the internship. Students should plan for internship applications and interviews, as they can be time-consuming and often require travel. APA's internship database is available at:

https://apps.apa.org/accredsearch/?_ga=2.138109816.996729358.1596641639-1687320845.1583361827

Students are strongly discouraged from applying to non-APA accredited sites. APA accredited sites are the gold standard for professional training in psychology as the training sites have undergone rigorous program review by APA. With approval by the ADCT, students may consider internship sites with APPIC membership status. Students, who opt to apply for a non-APA accredited program, must complete the Non-APA Accredited Internship Training Site Form (Appendix L) for review and approval by the ADCT in consultation with the counseling

psychology faculty. Students should be aware that in applying to a non-accredited internship, he/she/they assume all responsibility for ensuring that their experiences meet state licensure board requirements for a pre-doctoral internship experience. The Associate Director for Clinical Training will approve non-APPIC member site internships on a limited case-by-case basis after reviewing a detailed description of the internship submitted by the student and a completed internship contract signed by the internship director at the non-APPIC member internship site, and the student.

Capstone Experiences

Professional psychologists are expected to demonstrate competence across multiple domains. In addition to ongoing student evaluation, there are three capstone experiences that are evaluative in nature and are meaningful components of the Psy.D. in Counseling Psychology program at Saint Elizabeth University. The three capstone experiences are: 1) the Comprehensive Examination, 2) the Dissertation, and 3) the Internship (see the section on Internship above).

Comprehensive Examination

The Comprehensive Examination gives students the opportunity to demonstrate their ability to integrate acquired knowledge in response to specific questions by articulating a clear and focused explanation of the relevant literature and by presenting professionally sound recommendations or conclusions. The examination consists of open-ended essay questions designed to assess student knowledge, acquired in the first two years of the curriculum, in the following areas:

- Knowledge of the following Discipline-Specific Knowledge (DSK) content areas: Affective, Cognitive, Developmental, Social, and Biological; and, integration and application of these areas to clinical phenomenon.
- Knowledge of the following Discipline-Specific Knowledge (DSK) content areas: Research Methods, Quantitative Methods, and Psychometrics.
- Knowledge of the profession-wide competencies (PWC) in Research, Ethics, Diversity, Professional Values, Attitudes and Behavior, Communication and Interpersonal Skills, Assessment, and Intervention.

The Comprehensive Examination is administered by the Comprehensive Examination Committee (CEC) and is given annually (typically the first Tuesday before the beginning of the fall semester). Generally, students are eligible in the fall of their third year if the required curriculum has been followed and if the appropriate paperwork has been completed. The Comprehensive Examination must be passed to be declared eligible for internship. Notification regarding status on the Comprehensive Examination will be given within three weeks of the test date. Grades assigned are:

- Pass with Distinction (PWD)
- Pass (P)
- Fail (F)

The examination takes place in one day and is administered in a computer lab on campus. Approximately 5 examination questions are developed and evaluated by the Comprehensive

Examination Committee and include questions representative of the areas noted above. Students respond in typed (word-processed) format and have 8 hours to complete the exam. Student responses to each question are read (blindly) by two faculty evaluators. If consensus is not reached, the question will be read by a third evaluator.

Students must earn a passing score above 80% on the comprehensive examination, and 80% on each question when averaged by the faculty reviewers. In the event that a student earns less than 80% on any section of comprehensive examination, the student may be given the opportunity to remediate their response to question(s) they fail. This means that the student will have the opportunity to respond to a different question in the relevant content area(s). The student must receive a passing mark on the remediated question(s) to pass the comprehensive examination. Students may remediate up to three questions. Failing more than three questions necessitates retaking the entire examination. The remediation will be scheduled within the same semester in which the exam is initially taken and may be in written or verbal format.

Students may take the comprehensive examination two times. Failure to pass the comprehensive examination the second time may result in dismissal from the program. Students may request to review their examination after they have been evaluated. However, students are not permitted to keep their graded essay responses.

Students may Pass with Distinction (PWD) if they earn an average of over 90% when averaged by the faculty reviewers and pass each individual question.

Please note, multicultural counseling theory and social justice applications should be infused throughout all questions.

Comprehensive Examination Review Suggestions

Please review readings from ALL areas below; refer to your syllabi for empirical and theoretical articles, books, and chapters in the content areas noted below. Please review ALL assigned readings from the following courses: PSY700, PSY702, PSY720, PSY704, PSY716, PSY706, PSY701, PSY710, PSY719, PSY728, PSY 712, PSY714, PSY732, PSY733, and PSY734.

Question 1: Discipline-Specific Knowledge and Psychological Functioning

- Knowledge of the following Discipline-Specific Knowledge (DSK) content areas: Affective, Cognitive, Developmental, Social, and Biological. Integration and application of these areas to clinical phenomenon (e.g., trauma, anxiety, depression, etc.). An effort should be made to incorporate *all* discipline specific knowledge in this question (not just social/cultural, etc.).
- For example, the impact of racial/cultural trauma on psychological functioning (i.e., affective, cognitive, developmental, social, AND biological areas) should be covered.

Question 2: Assessment Case

- Familiarity with cognitive and personality assessment measures – be able to select a battery of relevant tests based on a vignette.
- Discuss selection, psychometrics, interpretation, and recommendations.

- Cultural considerations of assessment.

Question 3: Therapy Case Conceptualization

- Be prepared to respond in the following ways: (a) diagnostic impressions, including a DSM 5 diagnosis if enough information is provided (b) conceptual information regarding etiology. Integration of relevant biological, affective, cognitive, social, and developmental aspects of behavior (c) develop an evidenced-based treatment plan grounded in theory and research (d) describe counseling interventions, techniques, and therapeutic relationship according to your theoretical orientation (e) use of supervision and ethical/legal concerns.

Question 4: Ethical and Legal Standards

- Be familiar with ethical decision making models, the APA Ethical Principles of Psychologists and Code of Conduct, professional standards, including but not limited to relevant laws and regulations.
- Be able to apply an ethical decision making model to a case, and include multicultural and social justice considerations.

Question 5: Research Methods and Statistics

- Be able to plan a study/critique a research study.
- Knowledge of research methodology (quantitative, qualitative, validity, reliability), analytic approaches (basic or advanced statistics), diversity considerations on methodology, results, and interpretations.

In addition, students are expected to integrate contemporary research and best clinical practices from the below sources into their responses. Thus, students are expected to include up-to-date scholarly research findings from relevant peer-reviewed journals. **The below list is not exhaustive but rather provides guidance for applicable sources.**

1. The last 3 years of *The Journal of Counseling Psychology* and *The Counseling Psychologist*
2. The last 3 years of *The American Psychologist*
3. The last 3 years of *Cultural Diversity and Ethnic Minority Psychology*
4. The most recent version of the *APA Handbook of Counseling Psychology*
5. The latest version of the APA ethics code: <https://www.apa.org/ethics/code>
6. APA's Multicultural Guidelines: <https://www.apa.org/about/policy/multicultural-guidelines.pdf>

Dissertation

Through the Dissertation, students in the Psy.D. program are required to provide evidence of scholarly competence in keeping with the program's practitioner-scholar model. In the Dissertation, students are expected to demonstrate in-depth knowledge of an area relevant to the practice of professional Counseling Psychology, as well as the ability to think critically, integrate and evaluate research and theory, and communicate their work clearly to members of the profession.

Students are encouraged to use a variety of formats, including but not limited to case studies of individuals, groups, or systems, program evaluation or design, quantitative or qualitative empirical research, and treatment design and assessment pertinent to the practice of Counseling Psychology.

Students must successfully pass their Comprehensive Examination before moving forward with the Dissertation Proposal. Further, students are required to successfully defend their Dissertation Proposal prior to leaving for the internship.

An outline of the process of preparing the Dissertation is described below and is followed by a more detailed description of the various steps:

1. The Dissertation Statement of the Problem is submitted to the Director of the Doctoral Program **by the end of the spring semester of the second year of academic study** along with students' rankings of their preferred Dissertation Chair. Upon review by the Counseling Psychology core faculty, assignment is made of the student's Dissertation Chair. The Dissertation Chair is the student's main point of contact during the entire Dissertation process.
2. The student consults with the chair about the viability of the project idea *and* the composition of the Dissertation Committee, and once finalized, submits them electronically to the chair and the Program Director via email. The Dissertation Committee must be established **no later than mid-October of the third year of academic study.**
3. **The Proposal draft must be submitted to the Chair of the Committee by January 7, and the final Proposal must be defended by March 1 during the student's third year.**
4. Upon completion of the proposed study and approval by the Dissertation Chair, the student will schedule a defense date with their committee.
5. Following approval by the Dissertation Chair, the Proposal and a draft of the IRB application must be circulated among committee members at least two weeks (10 business days) prior to the proposal meeting.
6. It is the student's responsibility to contact the department's Academic Program Coordinator and provide the following information: the title, date, time, and location of the proposal meeting or defense. The Program Coordinator will then announce the defense information (in writing, sent electronically) to the Director of the Doctoral Program, the Dissertation Chair, and the doctoral program student body and faculty.
7. The student will complete the IRB application, including refining the method and proposed analysis, during PSY 730: Counseling Research and Program Evaluation Research in the fall semester of the third year.
8. During the PSY 730: Counseling Research course, the Proposal will be submitted in several draft forms to the Dissertation Chair for additional refinements prior to being submitted to the Dissertation Committee.
9. Upon successful completion of the oral proposal defense, it is the responsibility of the student to provide an update via letter (sent electronically with a copy to the Dissertation Chair) to 1) the Director of the Doctoral Program and 2) the Chair of

the Psychology Department 3) the Academic Dean, and 4) The Academic Program Coordinator.

10. The IRB proposal (which should be included in the Dissertation Proposal) is submitted to the appropriate IRB representative. Following approval by the IRB, the student may begin the data collection or equivalent of the student's project. The student cannot send their study to IRB until they receive approval from their Committee.

Statement of the Problem

The first step in the Dissertation process is the preparation of the Statement of the Problem (SOP). The purpose of the SOP is to help the student begin to think about the project in a meaningful way. A significant amount of reading in the area of interest is required before completing the SOP.. It should have the following elements:

- Summarize the literature that has been done in your research area
- Indicate what is not yet known (the gap in the literature)
- Clearly state the research question or hypothesis (how the gap will be filled)
- State why the research question matters (why it is important to do the proposed study)

The SOP is similar to the Introduction section of an empirical research article, and should be no more than 3 double-spaced pages. It should be written in APA style.

Dissertation Committee

Following the assignment of the Dissertation Chair and the discussion regarding the finalized topic, the student must approach qualified candidates to serve on the Dissertation committee. The committee must comprise at least three members including the chair, at least one of whom must be a member of the Counseling Psychology core faculty. One other member of the committee must be from within the Psychology Department at Saint Elizabeth University. The third member may be from the University faculty at large or from the professional psychological community. The Dissertation Chair must approve all members of the committee. Committee membership must be reported in writing, sent electronically to the Director of the Doctoral Program.

Dissertation Proposal

The Proposal is the next step in the process and must be successfully completed and approved prior to beginning work on the Dissertation. The Proposal is essentially a comprehensive description of the Dissertation. The purpose of the Proposal is threefold:

1. to provide a solid foundation for the Dissertation
2. to demonstrate that the project has been thoroughly considered and is meaningful, and
3. to demonstrate the student's growing expertise in the identified area.

The Proposal is a time-consuming piece of scholarship that will be rigorously evaluated by the Dissertation committee, whose approval must be granted prior to beginning work on the proposed project. Generally, the Proposal is 30–50 double-spaced pages (APA format) plus references, appendices, and a draft of the IRB proposal if necessary.

The Proposal includes the following sections:

Section Approximate Number of Pages

Title Page

Abstract

Table of Contents

Chapter 1 Introduction and Literature review (25–30 pages)

Chapter 2 Method; sections should include Sampling, Recruitment, Procedures, and Instruments, Hypotheses/Questions (2–6 pages)

Chapter 3 Proposed Statistical Analysis or Proposed Qualitative Analysis Method (1–2 pages)

Chapter 2 Discussion of Expected Limitations and Strengths of Study (1–2 pages)

References

Appendices

Draft of IRB Proposal (if necessary)

Proposal Defense

The dissertation committee in its entirety, is to be present for the oral proposal defense. During this meeting, it is expected that the student will do a formal presentation on the research to be conducted, including a review of both the theoretical framework and professional literature upon which it is based, the method, and the timeline for carrying out the study. The student will be prepared to answer questions about the methodology and the timeline. Following the meeting, the committee members will determine whether the student can move forward with the project and if any changes are needed.

Dissertation Defense

Upon completion of the proposed study, the student will schedule a defense date with the dissertation committee. The completed dissertation is circulated among committee members at least two weeks (10 business days) prior to the defense date. Ideally, the dissertation will be circulated far in advance of two weeks so that the student has time to receive and incorporate some of the feedback of committee members prior to the defense date. For students intending to graduate in the spring, the dissertation defense form needs to be signed by May 1.

Students will follow the instructions and details in the Dissertation Sequence of Pages and Chapters document (Appendix D). Students should have the following chapters:

Chapter 1: Introduction and Literature Review

Chapter 2: Method

Chapter 3: Results

Chapter 4: Discussion

References

Appendices

It is the student's responsibility to contact the Academic Program Coordinator and provide the following information: title, date, time, and location of the dissertation defense. The Program Coordinator will then announce the defense information (in writing, sent electronically) to the

Director of the Doctoral Program, the Dissertation Chair, and the doctoral program student body and faculty.

The committee, in its entirety, is to be present for the oral final defense. During the defense, it is expected that the student will do a formal presentation of the dissertation study. The student will review both the theoretical framework and professional literature upon which the project is based, as well as the methodology and outcomes of the study. Following the defense, the committee members will determine whether the project and the oral defense were successfully completed. Upon successful completion of the defense, it is the responsibility of the student and their committee chair to provide an update via letter (sent electronically) to 1) the Director of the Doctoral Program, 2) the Chair of the Psychology Department, 3) the Academic Dean, and 4) the Academic Program Coordinator.

Assessment of Student Competence

Academic Performance Evaluation

Students must maintain a 3.0-grade point average, pass the Comprehensive Examination with a minimum of 80%, successfully defend a Dissertation, and meet all additional expectations as outlined in this *Handbook* in order to remain in and successfully complete the program.

Student academic performance is based on evaluation in three areas:

- 1) Grades earned in all courses
- 2) Performance on the Comprehensive Examination (as described in this *Handbook*)
- 3) Dissertation (as described in this *Handbook*).

Skills and Professional Practice Evaluation: Practicum and Internship

Students will receive formal written and verbal feedback from their on-site supervisors regarding their progress during their practica placements. Similarly, their internship supervisors will provide feedback and evaluation. Satisfactory performance and progress is necessary in order to pass the practica/internship and earn the doctoral degree. At a minimum, students are expected to pass all practicum and internship courses. A specific rating of less than '3' on a practicum or internship evaluation item will be reviewed by the Associate Director for Clinical Training. As needed, the Associate Director for Clinical Training requests a meeting (in person, via Zoom, or via phone) with the student and the on-site supervisor.

Annual Review of Student Progress

Once again, faculty associated with the Doctoral Program in Counseling Psychology have the professional and ethical responsibility to ensure that students are competent to practice psychology. To that end, the Director and the Associate Director of the Doctoral Program annually review students..

Feedback is synthesized and provided in a written format to the student. The Director and the Associate Director review the evaluation with each doctoral student. The student and the Director then sign the evaluation, and a copy is placed in the student's file. Student evaluations must fall within expected limits in order for the student to remain in the program. In addition, the student must show progress/development and the ability to incorporate feedback from previous

evaluations when necessary as the student moves through the program. All students currently enrolled in the program are required to participate in the evaluation process, including those on internship or completing Dissertations who intend to graduate in the near future. The Annual Review form is in the Forms section. It is the responsibility of the student to schedule the annual evaluation appointment when the sign up email goes out to all doctoral students. At a minimum, students are expected to receive a '3' or higher on all items in their faculty annual reviews.

Record Retention Policy

Doctoral student files containing academic records will be securely maintained by the Psychology Department and will be available for a minimum of 7 years following graduation. Students' academic transcripts are maintained permanently in an electronic database by the University.

Issues Related to Competence and Impairment/Incompetence

Doctoral level training programs in psychology must cautiously balance student rights with the program faculty's responsibilities to the profession and most importantly to the clients served by those in our discipline. The American Psychological Association Ethical Principles of Psychologists and Code of Conduct (2017) clearly states that all psychologists must meet certain standards of competence and be free of personal impediments that could impair professional performance. It further states that training programs have the obligation to apply these standards of performance to students, taking remedial action when necessary and dismissing students when remediation efforts prove ineffective.

In accordance with the guidelines of the American Psychological Association, the Doctoral Program in Counseling Psychology at Saint Elizabeth University must 1) set program specific standards that are in line with expectations of the profession, 2) monitor the academic and professional (clinical and interpersonal comportment) progress of its students, and 3) acknowledge and protect the rights of students. This necessitates specifying behavioral criteria and variables related to student performance, specifying assessment in these areas, and identifying impairment and areas showing cause for remediation.

Of particular concern are the following:

- *Incompetence* – refers to situations where the skills and training necessary for adequate professional performance are lacking;
- *Impairment* – refers to situations where there is diminished functioning.

Impairment can be further described as occurring when there is significant interference in functioning at the academic or professional training level. Impairment is generally associated with a health or mental health problem. However, it is important to note that a person may experience a health or mental health problem without being considered impaired.

Both incompetence and impairment may manifest in graduate students in one or more performance areas including academic, clinical, research, and general professional interpersonal functioning. While it is a professional judgment as to when a student's behavior becomes problematic enough to be considered impairment, below are some indicators of impairment:

- the student does not recognize, acknowledge, understand, or address the problem when it is brought to the student's attention;

- the quality of the student's academic or clinical work is sufficiently negatively impacted;
- the problem is manifest in more than one area of professional functioning;
- the problem is not merely a reflection of a skill deficit (rectifiable through additional training);
- there is no change in the student's behavior following feedback and remediation;
- the behavior in question has potential for ethical/legal ramifications if not addressed.

Reporting Concerns Regarding Impairment/Incompetence

Students experiencing difficulty will be treated with dignity and compassion. Students are welcome and encouraged to approach core faculty to discuss any difficulties they believe may impair their ability to function in academic and/or clinical settings. Students, faculty, or staff who have concerns about possible impairment in a Counseling Psychology student should follow the steps described below.

- When possible, express concern directly with the student and encourage the student to remediate the problem. Be prepared to provide specific behavioral examples that illustrate the concern.
- Encourage the student to approach the Director to discuss the issue and inform the student that you have a responsibility to report it to the Director, if the student does not take steps to remediate.
- If faculty, student, or staff is unwilling or unable to talk to the student, the concern may be reported to the Director or the Associate Director for Clinical Training.
- Once such concerns have been brought to the attention of either the Director or the Associate Director, the issue will be directly addressed with the student in question.

Probation, Remediation, and Dismissal

Probation

Any student in violation of maintaining performance expectations described in this *Student Handbook* or the *APA Ethics Code* may be placed on academic probation. The student may be immediately dismissed from the program if the violation is exceptionally egregious. A student may be placed on probation following discussion among Counseling Psychology core faculty during which consensus is reached regarding the student's performance. When a student is placed on probation, the length of the probationary status, as well as the remediation requirements that must be met before the probationary status ends, will be communicated to the student both verbally and in writing. Failure to comply with the described requirements and failure to make progress will result in dismissal from the program.

Remediation

Remediation plans will be developed in consideration of the student's unique situation. Examples of remediation steps include such approaches as: (a) a modified plan of study that may include additional coursework and/or supervision, (b) a referral to an appropriate mental health professional, (c) a recommendation that the student take a leave of absence, or (d) any combination of the above. When possible and appropriate, the student will be involved in developing the remediation plan.

Psychotherapeutic Remediation

As noted above, in situations where student professional or interpersonal conduct is of concern, it may be recommended or required that the student participate in psychotherapy with a licensed psychologist in the community of their own choosing and at their own expense. If psychotherapy is required, then continuation or resumption of the program is likely to be contingent on successful completion of this requirement. The student will be required to provide evidence of the remediation from the treating therapist (e.g. a letter from the treating therapist documenting the student's improvement, sometimes with a follow-up conversation between the therapist and the Program Director and Associate Director).

Dismissal

Student dismissal from the doctoral program is taken very seriously and occurs only when the faculty determines that the student has not demonstrated adequate progression toward competency in academic performance, clinical skill acquisition, or in other areas essential to professional practice. The final decision regarding whether a student should be dismissed from the program, or under what conditions a student making insufficient progress will be allowed to remain in the program, rests with the core doctoral faculty and will be communicated to the student in writing both by the Director of the Doctoral Program and by the Associate Director. **Students are formally reviewed annually; however, faculty may decide to review student progress at any point.**

Reasons for dismissal from the program include the following:

- failure to maintain minimum academic standards
- failure to perform satisfactorily in clinical settings (e.g. practica or internship)
- academic misconduct or dishonesty
- criminal conviction that affects ability to practice as a psychologist or eligibility for licensure
- failure to comply with established University or program timetables and requirements
- unethical practices and/or unprofessional conduct
- cognitive, affective, and/or behavioral impairments that obstruct the training process and/or threaten client welfare

Guidelines for Due Process

The following procedures are followed in establishing due process for students:

1. In the form of the *Student Handbook*, students are given the program's expectations as they pertain to professional functioning, adequate progress, a definition of impairment, and conditions under which student termination from the program may occur.
2. Procedures and criteria for evaluation are clearly stipulated, including when and how the evaluations will be conducted.

3. The various procedures and steps that comprise the decision-making process regarding impairment are clearly articulated.
4. A remediation plan for identified deficiencies is outlined and includes a period for expected remediation. Consequences for failing to rectify deficiencies are described.
5. Appeal procedures which the student may follow in appealing the actions of the Doctoral Program are articulated.

Appeals Procedures

Academic Appeal

If a student questions a grade she/he has received in a course, the student can appeal the grade by following the Academic Review Board Procedure detailed in the [Saint Elizabeth University Academic Catalog](#).

The Academic Review Board (ARB) provides undergraduate and graduate students with a means of resolving serious academic disputes that cannot be settled directly with the faculty involved, or by the Program Director, the Department Chairperson, or the appropriate Academic Dean. Grade appeals will not be heard by the ARB unless they are based on misapplication or arbitrary application of the professor's grading policy or unusual circumstances.

The ARB has established the following arbitration process to settle disputes fairly and to the satisfaction of all parties involved.

To prepare for a grade appeal, students are encouraged to review the [Student Request for Grade Appeal Form](#) and the [Student Grade Appeal Flowchart](#) for guiding the appeal process.

1. Before a grade appeal is referred to the ARB, students must first inform the professor about the disputed grade, and submit a Student Request for Grade Appeal form to the professor, with a copy of this form to the Student Support Specialist in the student's School within 14 calendar days of the grade being posted by the Registrar.
2. The student must then set up a meeting with the professor within the first week of the beginning of the next semester.
3. If the meeting with the professor does not resolve the dispute, the professor will initiate the [Grade Appeal Tracking Report](#) and forward it to the next level within 24 hours. If the appeal remains unresolved, the designated representative of the university at each subsequent level will forward the report to the next level.

Graduate students in Theology, Psychology, and Education, will arrange a meeting with the Director of the Graduate Program and provide her/him with the relevant documents and the Student Request for Grade Appeal form. If there is no resolution, the Director of the Graduate Program will notify the Department Chair within 24 hours.

4. Students in academic programs other than Theology, Psychology and Education will arrange a meeting with the Department Chair and provide her/him with the relevant documents.
5. The Department Chair will arrange and meet with the parties involved within three (3) calendar days of receiving notification of the grade appeal. If there is no resolution, the Department Chair will notify the College within 24 hours, providing her/him with the relevant documents.
6. The Academic Dean will arrange a meeting and meet with the parties within seven (7) calendar days of receiving the relevant documents to attempt to reach a satisfactory resolution.
7. If the matter remains unresolved after the Academic Dean's intervention, the Academic Dean will inform the Chairperson of the Academic Life Committee within seven (7) calendar days and provide her/him with the relevant documents.
8. The Chairperson of the Academic Life Committee will notify both parties (faculty and student) in writing that the grievance has been received.
9. The Academic Life Committee Chairperson will initiate the mechanism for the selection of the Academic Life Committee members who will serve on the ARB. This five-member board will consist of three faculty members and two student representatives, who will be selected by the two parties involved in the grievance, with each party selecting one faculty member and one student member. The third faculty member will be a member of the Academic Life Committee designated by the Academic Life Committee Chairperson and will serve as the Chairperson of ARB. If either party fails to select members for the ARB, the Chairperson of the ARB will select the members.

During the summer, faculty and students will be on call to serve on the ARB. Preference will be given to Academic Life Committee members, but if necessary, non-Academic Life Committee members will be asked to serve during the summer. This list will be drafted during the spring semester by the Chairperson of the Academic Life Committee.

10. The Chairperson of the Academic Life Committee will consult with those involved to determine the hearing date(s). Members of the ARB will meet prior to the hearing to establish procedures for the review and to select a chairperson and determine a timetable for the completion of the Board's work.
11. The ARB will then convene a hearing with both parties. Board members must keep the proceedings and all other matters related to the hearing in the strictest confidence. Counsel for the parties or the University will not attend the hearing.
12. The ARB will listen to the statements of the parties involved in the grievance, ask questions, review appropriate materials, deliberate, and recommend in writing a resolution to the grievance. This recommendation must be determined within 30 calendar days of when the Academic Life Committee Chairperson was informed of the grievance.

13. The Chairperson of the ARB will sign the proposed resolution and forward to the Vice President of Academic Affairs within seven (7) calendar days. She/he will accept or reject the recommendation and notify the parties of the decision in writing. Only the Vice President for Academic Affairs may change grades. A record of the hearing will be maintained in strict confidentiality in the Office of the Vice President for Academic Affairs.

Non-Grade Related Appeal

If a student believes that she/he has received an incorrect application of program policies or procedures which may affect the student's progress toward degree completion, the student may have a non-grade related concern. For example, if a student receives a poor Annual Review, is considered ineligible to proceed with Dissertation, or is advised to postpone internship due to lack of clinical skills, no grade has been given and, therefore, there is no academic appeal possible. As in the case of academic reviews, students should note that non-grade related appeals first involve consultations with the Director of the Program. It is the policy of the Psy.D. Program to follow the University's non-grade related appeal policy in the *Academic Catalog*. [*Saint Elizabeth University Academic Catalog*](#)

Student Support and Resources

Students in the Doctoral Program in Counseling Psychology are encouraged to engage in self-reflection as they progress through their courses and training experiences. Doctoral preparation is a time frequently characterized by significant developmental transitions during which students may be in need of assistance. The Doctoral Program has a number of supportive measures and resources in place in order to prevent undue stress that may lead to difficulties or impairment. Supportive measures include:

1. Clear expectations for successful degree completion (outlined in the *Student Handbook*)
2. Cohort Orientation Session for incoming students
3. Professional socialization opportunities (e.g. annual fall social, town halls, colloquia, etc.)
4. Timely evaluations
5. Opportunities for student affiliation with professional organizations.
6. Access to the Director of the Doctoral Program, the Associate Director for Clinical Training, and faculty mentors, as well as dissertation chairs.
7. Internship Application Preparation
8. Opportunity to join Psi Chi
9. The Psy.D. Program maintains a Moodle page which provides additional resources for students including social justice and dissertation resources as well as other professional development supports.
10. Limited free printing on campus (please visit the Library for more information)

In addition, please see the *Saint Elizabeth University Academic Catalog* for academic and personal support services available through the University. These services include cost-free professional counseling through the Office of Counseling Services in Founders Hall, First Floor.

Administrative and Financial Policies

The Psy.D. Program adheres to University policies on tuition and fees, financial aid, payments, refunds, and withdrawals. Psy.D. students may also be eligible for graduate assistantships and teaching opportunities in the Psychology Department.

Tuition and Fees

Psy.D. tuition is payable in two equal installments due in the fall and spring semester.

Tuition rates for the Psy.D. Program are available at the website below:

<https://www.steu.edu/gradtuition>

The University also reserves the right to effect changes to tuition and fees without notice, although the tuition and fees in effect when a given cohort begins the program will remain unchanged as that cohort progresses through the program.

Doctoral students do not pay course fees. Professional liability insurance fees are included for several Psy.D. courses including PSY732, PSY733, PSY734, PSY735, PSY736, and PSY738. The cost of malpractice fees is \$25/ course. Other fees include an initial application fee, graduation and parking fees, along with miscellaneous fees like lost book fees and returned check fees. Please see the above university tuition and fees website for more information.

Financial Aid, Assistantships, and Teaching Opportunities

The Psy.D. Program adheres to the University's policy that all matriculated students have access to financial advice and assistance through our financial aid office. The Office of Financial Aid strives to make a SEU education affordable to all students and is committed to working with students and families to develop a customized financial assistance plan. Please see the Financial Aid website for up-to-date information about the University's financial aid opportunities, including information about applying for financial aid, the financial aid handbook, and financial aid staff.

<https://www.steu.edu/financialaid>

Doctoral students have the opportunity to serve as Graduate Assistants for the Psychology Department as well as other departments on campus, as needed. Students earn three credits (one course) for ten hours per week of service. Psy.D. students are asked to submit an application through Career Services at <https://www.steu.edu/careerservices> and inform the Director of the Doctoral Program and the Department Chair about their application.

Doctoral students who are interested and qualified are given priority to serve as adjunct instructors in the Psychology Department. Psy.D. Students are encouraged to contact the Chair of the Psychology Department to express interest in teaching.

Payment Policy

<https://www.steu.edu/paymentpolicies>

Students' accounts are considered settled when the Bursar's Office receives payment by check, money order, credit card, or enrollment in a payment plan. Payment by check or money order should be made payable to Saint Elizabeth University and mailed to:

Bursar's Office
Saint Elizabeth University
2 Convent Road
Morristown, NJ 07960-6989

Students can choose to make monthly installments through Tuition Pay Plan by calling the company directly at 1-800-635-0120.

A late payment fee of \$300 will be assessed to all students who:

- Have not sent payment by check, credit card, or money order to the University Bursar's Office by the due date.
- Receive financial aid but have not submitted all of their appropriate paperwork to the Financial Aid Office (973-290-4445) prior to the first day of classes.

Students are expected to pay their outstanding balance in full or establish a payment plan. If the student's financial obligation to Saint Elizabeth University becomes delinquent at any time, the Bursar's Office will send the student a notification. Financial obligations include but are not limited to tuition, room, board, course fees, parking fines, library fines, residence hall fines, and any special fees or fines charged to a student's account.

Refund Policy

Students must follow the established procedures to drop/add a course, to withdraw from a course or courses, to withdraw from the University, or to take a leave of absence. The following actions do not constitute appropriate notification of withdrawal: non-payment of tuition and other charges, absence from classes or notification to the instructor. A student who fails to withdraw officially waives the right of consideration for any refunds based upon the official withdrawal. <https://www.steu.edu/refundpolicies>

Withdrawal Policy

Doctoral students must notify the Director of the Doctoral Program if they wish to withdraw from a course (see section on continuous enrollment and leave of absence). When a student drops a course or withdraws from the University, a tuition adjustment is made based on the policies described in the current *Academic Catalog*. <https://www.steu.edu/withdrawalpolicies>

Graduation Policy

The Psy.D. Program is committed to retaining students and supporting timely graduation. Degrees are conferred in May, August, and December. Students must be enrolled in the semester when their degree is awarded. Applications for graduation are available on the Registrar's homepage and must be submitted to the Psy.D. Director the semester prior to the anticipated graduation date. Students are required to purchase or rent regalia if they are walking in graduation. It is the policy of the Psy.D. Program to require successful completion of all coursework and program requirements prior to graduation. Students on internship who will have completed all requirements for internship prior to the August degree conferral date are permitted to participate in May graduation; however, degrees will be awarded and conferred after the completion of their internship. Additional information about graduation policies can be found in

the [Saint Elizabeth University Academic Catalog](#). Please note that the dissertation defense form must be signed by May 1 for students intending to graduate in the spring.

Additional Academic Policies and Procedures

Continuous Enrollment and Leave of Absence

Students must maintain continuous enrollment in the program. Under extraordinary circumstances, students may request a leave of absence for up to two semesters (one year). They should refer to the *Saint Elizabeth University Graduate Catalog* for a full description of the Leave of Absence policy. Students who wish to take a Leave of Absence for more than one full year must re-apply to the Doctoral Program. Leave of Absence requests must be approved by the Director, the Academic Dean, and, if appropriate, the Director of Financial Aid. All doctoral degree requirements must be completed within seven (7) years of initial enrollment.

Students on internship or those completing Dissertations are required to remain enrolled continuously through registration until they complete the necessary requirements.

Students who have completed all but their dissertation, must register for the following course:
GST750: Continuous Enrollment 1 credit

This enables students who have registered for all credits, but have not completed all coursework requirements to maintain continuous enrollment in their programs of study.

Attendance Policy

Attendance and participation in all classes is required. Medical emergencies and other legitimate issues necessitating absence may be unavoidable and will be taken into consideration. However, work conflicts, personal vacations, and personal or family business are not considered excusable absences. Students are expected to plan such activities being mindful of the academic calendar, available on the Registrar's homepage, and course syllabi.

Administrative Assistance

SEU's Student Life and Academic Affairs Divisions both provide programs and support services that help all students not only develop intellectually, but socially, emotionally, and spiritually as well. In furtherance of its mission, the University offers an array of support services to meet students' needs with the following administrative assistance and support:

- Students are automatically registered each semester through self-service by the Director of the program.
- Faculty provide orientation and academic advising.
- The staff of Mahoney Library, the Wellness Center, and the Conklin Academic Success Center provide tutoring, career development, counseling, and health and disability services.
- Health Insurance is available for Psy.D. students.
<https://www.steu.edu/universityinsurance>

- Students can apply for graduate assistantships and adjunct teaching positions at the University. <https://www.steu.edu/gradassistantships> Students are made aware of these resources during their Psy.D. Orientation. In addition, students participate in a Mahoney Library Orientation by the end of their first semester.

Academic Advisement

Academic Advisors are intended to support student learning and growth during doctoral level training. The Director of the Doctoral Program and the Associate Director for Clinical Training will serve as the Co-Academic Advisors for all students. Students should feel free to approach the Director of the Doctoral Program or the Associate Director for Clinical Training for guidance with academic or professional issues at any point during their training.

Colloquia and Psi Chi

The Department has multiple internal opportunities to engage students in extracurricular learning, scholarship, and advocacy. The purpose of the colloquia is to provide a venue in which program-wide business and extra-curricular learning objectives (through guest speakers, etc.) can be addressed. Psi Chi membership is offered to students with a 3.5 GPA.

Student Affiliation with Professional Organizations

In order to support student identity development as doctoral level counseling psychologists, students are encouraged to become members of professional organizations that most closely reflect their emerging interests. In this regard, students are encouraged to join the American Psychological Association at the student rate and are encouraged to become involved in the American Psychological Association of Graduate Students (APAGS). Students are especially encouraged to explore APA Divisions 17 (Counseling Psychology), Student Affiliates of 17 (SAS), 9 (Society for the Psychological Study of Social Issues), and 29 (Psychotherapy), divisions which closely match program emphases. Finally, students are also encouraged to join the New Jersey Psychological Association, the New Jersey Psychological Association of Graduate Students (NJPAGS), as well as the Morris County Psychological Association or another county's psychological association because program graduates may practice in New Jersey following licensure.

Internship Application Preparation Seminar

An informal seminar is provided for students applying for internship. It takes place in the fall term during the Practicum III course when applications are submitted. Under faculty mentorship and through peer support, students are offered assistance with preparation of their internship applications, curriculum vitae, preparation for interviews, etc.

Student Employment During Program

While the Doctor of Psychology (Psy.D.) in Counseling Psychology is a full-time program, it is assumed that students will want to pursue some employment off campus to meet their expenses during their studies. Classes are scheduled in the late afternoon/evening in order to facilitate student employment. However, students should be aware that there are several points during the program when employment is likely to become problematic.

In the first semester of the second year, students will begin the first of four semesters of doctoral practicum. In each practicum, students will be placed at a practicum site where they will be required to complete at least 150 hours of direct client service, along with a minimum of one hour of individual on-site supervision per week. It is also expected that students will want to participate in case conferences and professional development activities on-site. Hence, students should expect to spend 10-15 hours per week at a practicum site, most or all of which may be during the day. In addition, students will attend a 2.5-hour Doctoral Practicum class on campus in the evening.

Practicum is a vital component of students' professional development and it is the program's expectation that students will make practicum a priority. In this regard, it is assumed that students will alter their schedules as necessary to fit the needs of a given practicum site. It is further assumed that students will embrace this training opportunity, being open not only to client interactions but also to the supervisory process and the accompanying professional interactions with other mental health professionals. Hence, the program faculty strongly recommend that students limit their employment to half-time at most during the four practicum semesters.

In the fourth year of the program, students will be taking a doctoral internship, a 40 hour per week, 50-week training experience (which can be completed in 2 half time years). Further, internship is highly likely going to be out of state. ***Therefore, students should assume they will not be able to continue their employment during their full time (and possibly their half time) internships.***

Notice of Sexual Misconduct and Discrimination Policy

Saint Elizabeth University practices equal opportunity with respect to its students and its employees. No one will be denied employment at or admission to the Saint Elizabeth University based on sex, race, creed, color, religion, disability, age, marital status, sexual orientation, gender identity or expression, or national origin.

The University does not discriminate based on any of the aforementioned protected bases in the recruitment and admission of students, the recruitment and employment of faculty and staff, and the operation of any of its programs and activities as specified by federal and state law and regulations.

Saint Elizabeth University complies with Title IX of the Education Amendments of 1972, which prohibits all recipients of federal funds from discriminating based on gender in its educational programs and activities. The University also prohibits harassment based on sex, race, or other bases listed above, and prohibits sexual assault, dating violence, domestic violence, stalking or other forms of violence against its students and employees. Any of these acts or other acts of violence will not be tolerated.

The University will respond promptly, fairly, and impartially to all complaints of harassment, sexual assault, or violence. This policy applies to all members of the Saint Elizabeth University community and describes an individual's rights as a student or employee with respect to sexual or other forms of harassment, sexual assault, dating violence, domestic violence and/or stalking.

The Title IX Policy has been revised to improve its organization and formatting and to align the policy with new regulations recently released by the federal government.

- Revising the definitions of stalking dating/domestic violence, sexual harassment, sexual assault; in order to be in compliance with the recent federal regulations.
- Consent for sexual activity;
- Clarifying the role of an advisor during the complaint resolution process; and
- Adjusting investigative timelines to be consistent with new regulations.

Our policy remains within the parameters established by federal and state law including:

- [Violence Against Women Reauthorization Act of 2013](#)
- [Preventing Sexual Violence in Higher Education Act](#)
- [2017 Title IX Guidance](#)

We will continue to use a “preponderance of the evidence” standard in determining whether the facts support a finding of responsibility for violation of our sexual misconduct policies. This is consistent with the standard we use for other policy violations.

Saint Elizabeth University is also committed to promptly, impartially, and equitably addressing and resolving all reports of sex discrimination, sexual harassment, and sexual misconduct. When the university discovers that such behavior has occurred, we will take steps to stop the behavior, to prevent its recurrence, and to remedy its effects.

Creating a safe campus environment and a culture of respect is the shared responsibility of all members of the Saint Elizabeth University community. This must continue to be among our highest priorities. <https://www.steu.edu/titleix>

Title IX Coordinator

MaryAnn Maikisch Director of Human Resources, serves as the Title IX Coordinator for the University. The Title IX Coordinator is responsible for the University’s compliance with Title IX of the Education Amendments of 1972. The Title IX Coordinator role on campus is to administer the review, investigation, and resolution procedures for reports of sexual misconduct and harassment. Students seeking additional information or wishing to file a complaint related to discrimination, harassment, or assault on the basis of sex, race, creed, color, religion, handicap/disability, gender, age, marital status, sexual orientation, gender identity or expression, or national origin should contact MaryAnn Maikisch. Contact information is below:

MaryAnn Maikisch, Title IX Coordinator, Santa Rita Hall, Room 9 (973) 290-4478

Appendix A
Doctoral Program in Counseling Psychology
Saint Elizabeth University
Annual Review of Student Progress

Students in the Doctoral Program in Counseling Psychology are reviewed annually by the Director of the Doctoral Program and an additional Psy.D. faculty member. The evaluation is comprehensive in nature and is intended to support student development.

Areas of assessment include:

- Progress in the program (academic, clinical skills, scholarly activities) with attention to any areas of minimally satisfactory or unsatisfactory performance
- Professional Development, Interpersonal/Intrapersonal development
- Program Aims and learning outcomes
- Discipline Specific Knowledge (DSK) faculty ratings
- Profession-Wide Competencies (PWC) faculty ratings
- Program-Specific Competency (PSC) faculty ratings
- Student strengths and recommendations for growth (student and faculty feedback)
- Program strengths and recommendations for growth (student feedback)

The Director of the Doctoral Program and other Psy.D. faculty review the results of the evaluation with each doctoral student trainee. The student and the Director of the Program sign the evaluation, and a copy is placed in the student's on-campus file. Student evaluations must fall within expected limits in order for the student to remain in the program.

Note: All students currently enrolled in the program are required to participate in the evaluation process. This includes students who are on internship or completing Dissertations and who intend to graduate in coming months. In addition, the questions that comprise the evaluation form are subject to change from year to year. Therefore, students are encouraged to ensure that they use the most up-to-date version.

Instructions to Students:

Please describe and rate your progress in each of the following areas over the past academic year. In addition, if relevant, please indicate how you addressed constructive feedback from your previous annual review(s). This report is to be typed and submitted to the Director of the Doctoral Program at the Annual Review meeting. Please obtain an electronic copy of this document, **Bold** all of the questions, and type your response to each question in Times New Roman 12" font following the **Bolded** question. You are to schedule an appointment with your Advisor during the Annual Review period, typically July and August.

Please keep in mind that it is expected that students will continue to evolve their professional skills, attitudes, and behaviors as they progress through their training. Therefore, what is expected for a student in their first year of the doctoral program will be different than what is expected of a student in their third or fourth year of the doctoral program.

Please use N/A for areas that you have yet to experience/achieve.

Student Name: _____ **Student ID No:** _____

| Academic Progress | | |
|---|-----------------|--------------|
| Semester and year of initial program enrollment: | | |
| Have you been consistently enrolled since this date? | Yes | No |
| Have you taken the comprehensive examinations? | Yes | No |
| If yes, <div style="text-align: right; margin-left: 400px;"> <input type="checkbox"/> I passed with distinction <input type="checkbox"/> I passed <input type="checkbox"/> I passed, with remediation <input type="checkbox"/> I did not pass </div> | | |
| If you have not yet taken the comprehensive examinations, in which year do you anticipate doing so? | | |
| (For the courses that you have been completed to date, the earned grade, and the courses in which you are currently enrolled. a copy of your current transcript will be utilized to review courses and grades. No need to enter manually.) | Course # | Grade |
| | | |

Expected Graduation Date: _____

| Practica Location | Supervisor | Dates | Client Population | #Clients seen |
|--------------------------|-------------------|--------------|--------------------------|----------------------|
| | | | | |
| | | | | |
| | | | | |

Please attach a copy of your practicum supervisor's evaluation for each practicum experience.

| Dissertation and Internship Status | |
|---|--|
| <i>If you have passed your comprehensive examinations and are nearing the time to begin your Dissertation, please <i>briefly</i> describe where you are in the process.</i> | |
| Date Proposal defended (or plan to defend) | |
| Date Dissertation defended (or plan to defend) | |
| Date applied or plan to apply for internship | |
| Date internship completed or plan to complete | |

| Professional Development Assessment | | | | | |
|---|----------|----------|----------|----------|----------|
| Using the scale below, rate the extent to which you have grown in the following areas since beginning the doctoral program. You should consider the following areas: courses, practicum, research activities, teaching, advocacy and outreach activities; and relationships with others (including peers and faculty). 1=Student's performance is well below the expected level for this competency. 2=Student's performance is somewhat below the expected level for this competency. 3=Student's performance is average for this competency. 4=Student's performance is above average for this competency. 5=Student's performance is exceptional for this competency. | | | | | |
| Professional Competency | 1 | 2 | 3 | 4 | 5 |
| Development of Clinical Skills (e.g., practicum, supervision, etc.). | | | | | |
| Development of Teaching and Consultation Skills. (e.g., teaching classes, leading workshops, or consultation) | | | | | |
| Development of Research/Scholarship (e.g., participation on research projects, submission of conference proposals, or attendance at conference presentations). | | | | | |
| Writing , including APA style, including grammar, sentence construction (e.g., varied sentence construction), punctuation, et cetera. | | | | | |

| Professional Development Evidence | |
|---|--|
| Clinical Skills Please assess your strengths and weaknesses at this point in your training. | |
| Teaching Assignments List course number and title of course you have taught or assisted with by semester. | |

| | |
|--|--|
| <p>Graduate Assistantship/Employment Identify graduate assistantships, sponsoring department, and number of hours per week. List duties associated with assistantship. List off-campus employment and hours per week.</p> | |
| <p>Professional Affiliations List professional organizations of which you are a student member.</p> | |
| <p>Service Describe service activities to the department, the college, and the community. Include committee assignments and offices held.</p> | |
| <p>Research List attendance at professional conferences, professional presentations, publications, submissions for publication, participation in research teams, research grants, and works in progress.</p> | |
| <p>Professional Development List informal activities and formal training or workshops.</p> | |
| <p>Awards List awards received.</p> | |
| <p>Self-care Plan Describe what self-care strategies you will use in order to achieve some balance in your life while in the program.</p> | |

Interpersonal/Intrapersonal Development

| Self-Evaluation of Professional Virtues and Dispositions | | | | | |
|--|----------|----------|----------|----------|----------|
| <p>Using the scale below, rate the extent to which you have grown in the following areas since beginning the doctoral program. You should consider the following areas: courses, practicum, research activities, teaching, advocacy and outreach activities; and relationships with others (including peers and faculty).</p> <p>1=Student's performance is well below the expected level for this competency. 2=Student's performance is somewhat below the expected level for this competency. 3=Student's performance is average for this competency. 4=Student's performance is above average for this competency. 5=Student's performance is exceptional for this competency.</p> | | | | | |
| Virtue and Disposition | 1 | 2 | 3 | 4 | 5 |
| Being respectful (values others' experiences and expertise; values diversity; empathizing; considers impact on others) | | | | | |
| Being inclusive (willingness to work and relate with all people; willing to challenge own beliefs about others) | | | | | |
| Being collaborative and cooperative (interest in learning from others; responsive and engages in dialogue with others; works together to understand one another) | | | | | |
| Being open (open to new ideas; engages in perspective-taking; flexible; receptive and responsive to feedback; engages in self-disclosure relevant to professional growth) | | | | | |
| Being inquisitive (curiosity about others' experiences; seeks additional knowledge about MC issues; desire to learn from others) | | | | | |
| Self-aware and introspective (aware of personal and professional strengths and weaknesses, and biases; reflects on and evaluates feelings, decisions, actions, and how one relates with others) | | | | | |
| Culturally aware (learns about and accepts people from diverse backgrounds; provides culturally relevant services to others; awareness of how one's cultural background impacts counseling and research) | | | | | |
| Socially just (engages in advocacy; awareness of power and privilege dynamics; active in addressing institutional barriers) | | | | | |
| Professional growth and improvement (seeks feedback on performance; willingness to address nonproductive strategies and self-correct; applies ethical and professional standards of profession to work) | | | | | |
| Awareness of Intervention Effectiveness (ability to evaluate your clinical interventions and identify ways to assess effectiveness) | | | | | |
| Being collegial and contributing to the energetic, respectful, and collaborative student-faculty atmosphere. | | | | | |
| Understand and implement the practitioner-scholar training model. | | | | | |
| Knowledge of counseling psychology and identification as a counseling psychologist. | | | | | |
| Self-directed on going learning and development (e.g., reading beyond class assignments) | | | | | |
| Resolution of issues or problems that interfere with professional development or functioning in a satisfactory manner (e.g., seeking personal therapy when appropriate). | | | | | |
| Timely completion of the program | | | | | |

Program Aims and Competencies

| Self-Evaluation of Program Aims and Competencies | | | | | |
|--|----------|----------|----------|----------|----------|
| Rate the extent to which you believe the Psy.D. in Counseling Psychology program has prepared you for the following program aims and competencies using this scale: 1=Student's performance is well below the expected level for this competency. 2=Student's performance is somewhat below the expected level for this competency. 3=Student's performance is average for this competency. 4=Student's performance is above average for this competency. 5=Student's performance is exceptional for this competency. | | | | | |
| | 1 | 2 | 3 | 4 | 5 |
| Aim 1. Prepared with the foundational knowledge in psychology which will enable them to continue their training in counseling psychology and the ethical practice of health service psychology as early-career professionals. | | | | | |
| Competency 1.a Students will acquire and apply knowledge of affective, biological, cognitive, developmental, and social bases of behavior in the ethical practice of health service psychology. | | | | | |
| Competency 1.b. Students will acquire and apply knowledge and skills related to legal, professional, and ethical standards in all professional activities. | | | | | |
| Aim 2. Proficient at providing ethically-sound professional services anchored in science and integrating research and practice. | | | | | |
| Competency 2.a Students will be proficient as science-informed practitioners in conducting professional psychological assessment and intervention services, integrating evidence-based research into practice. | | | | | |
| Competency 2.b Students will be able to evaluate client outcomes in order to improve treatment effectiveness, demonstrate effective communication and interpersonal skills, know their limitations as treatment providers, and seek supervision and consultation as appropriate for the delivery of ethical and effective services. | | | | | |
| Competency 2.c Students will be able to critically evaluate and conduct psychological research with the goal of contributing knowledge to the field of health service psychology. | | | | | |
| Aim 3. Proficient in addressing individual and cultural differences while engaged in professional psychological practice, and demonstrating a commitment to social justice. | | | | | |
| Competency 3.a Students will recognize their own attitudes and biases and demonstrate knowledge, awareness, and skills when working with diverse clients including, but not limited to, age, disability, ethnicity, gender, gender identity, language, national origin, race, religion, culture, sexual orientation, and socioeconomic status. | | | | | |
| Competency 3.b. Students will develop knowledge, awareness, and skills in providing multiculturally sensitive and ethically-sound supervision and consultation. | | | | | |
| Competency 3.c Able to demonstrate a commitment to social justice as reflected in a range of professional activities. | | | | | |

Please address the previously listed areas of competencies, dispositions, and achievements in narrative form to provide greater detail in your self-evaluation. Feel free to use an additional page if you need.

Strengths:

Identified Areas of Growth – please address any ratings below “3”

Social Justice:

Describe the social justice activities that you have engaged in during the past academic year. These should reflect a range of professional activities, such as advocacy at practicum or other professional work, volunteer activities, community activism, dissertation topic.

**Core Counseling Psychology Faculty Comments and Rating
(to be completed by Faculty)**

| | |
|--|--|
| Strengths | |
| Weaknesses | |
| Identified Areas of Growth | |
| Overall Rating 1=Student's performance is well below the expected level for this competency. 2=Student's performance is somewhat below the expected level for this competency. 3=Student's performance is average for this competency. 4=Student's performance is above average for this competency. 5=Student's performance is exceptional for this competency. | |

Student Signature: _____ Date: _____

Program Director's Signature: _____ Date: _____

**Annual Review DSK, PWC, and PSC Assessment
(to be completed by faculty)**

Using this form, please confirm that students have achieved knowledge (as appropriate for year) in the following **discipline specific knowledge areas**.

You should consider the following areas:

DSK courses (PSY 700, 701, 704, 706, 708, 710, 728) where the MLA is B- or better.

Comprehensive exam where the MLA is 80% or higher.

If a student has not met an MLA, please document a plan for remediation in the Annual Review.

1=Student's performance is well below the expected level for this competency.

2=Student's performance is somewhat below the expected level for this competency.

3=Student's performance is average for this competency.

4=Student's performance is above average for this competency.

5=Student's performance is exceptional for this competency.

| Discipline Specific Knowledge Categories | Yr 1 | Yr 2 | Yr 3 | Yr 4 |
|---|------|------|------|------|
| <u>Category 1: History and Systems of Psychology</u> | | | | |
| <i>History and Systems of Psychology</i> , information including the origins and development of major ideas in the discipline of psychology. The history of a subdiscipline of psychology, such as clinical, counseling, or school psychology, or the history of interventions or assessments do not, by themselves, fulfill this category. | | | | |
| <u>Category 2: Basic Content Areas in Scientific Psychology</u> | | | | |
| <i>Affective Aspects of Behavior</i> , information including topics such as affect, mood, and emotion. Information regarding psychopathology and mood disorders do not by themselves fulfill this category. | | | | |
| <i>Biological Aspects of Behavior</i> , information including multiple biological underpinnings of behavior, such as neural, physiological, anatomical, and genetic aspects of behavior. Although neuropsychological assessment and psychopharmacology can be included in this category, they do not, by themselves, fulfill this category. | | | | |
| <i>Cognitive Aspects of Behavior</i> , information including topics such as learning, memory, thought processes, and decision-making. | | | | |
| <i>Developmental Aspects of Behavior</i> , information including transitions, growth, and development across an individual's life. A curriculum limited to one developmental period is not sufficient. | | | | |
| <i>Social Aspects of Behavior</i> , information including topics such as group processes, attributions, discrimination, and attitudes. Information | | | | |

| | | | | |
|---|--|--|--|--|
| regarding individual and cultural diversity and group or family therapy do not, by themselves, fulfill this category. | | | | |
|---|--|--|--|--|

| <u>Category 3: Advanced Integrative Knowledge</u> | | | | |
|--|--|--|--|--|
| <i>Advanced Integrative Knowledge of Basic Discipline-Specific Content Areas</i> , including graduate-level knowledge that entails integration of multiple basic discipline-specific content areas identified in Category 1 (i.e., integration of at least two of: affective, biological, cognitive, social, or developmental aspects of behavior). Advanced integrative knowledge in these content areas can be acquired in either of two ways: 1) a discreet educational learning experience that integrates at least two basic content areas; or 2) an educational experience that provides basic coverage in two areas and integration across those two areas. | | | | |

| <u>Category 4: Research Methods, Statistical Analysis, and Psychometrics</u> | | | | |
|---|--|--|--|--|
| <i>Research Methods</i> , including topics such as strengths, limitations, interpretation, and technical aspects of rigorous case study; correlational, descriptive, and experimental research designs; measurement techniques; sampling; replication; theory testing; qualitative methods; meta-analysis; and quasi-experimentation. | | | | |
| <i>Statistical Analysis</i> , including topics such as mathematical modeling and statistical analysis of psychological data, statistical description and inference, univariate and multivariate analysis, null-hypothesis testing and its alternatives, power, and estimation. | | | | |
| <i>Psychometrics</i> , including topics such as theory and techniques of psychological measurement, scale and inventory construction, reliability, validity, evaluation of measurement quality, classical and contemporary measurement theory, and standardization. | | | | |

Using this form rate the extent to which the student has developed competency in following **Professional Wide Competencies (PWCs)**. You should consider the following areas:

- Courses (PSY 712, 714, 716, 726, 730, 731, 732, 733, 734, 735) where the MLA is B- or better.
- Practicum Supervisor Evaluation Ratings where the MLA is 3 or better
- Research activities that have been completed and presented.
- Comprehensive exam where the MLA is 80% or higher.
- Dissertation Defenses that have been passed.

1=Student's performance is well below the expected level for this competency.

2=Student's performance is somewhat below the expected level for this competency.

3=Student's performance is average for this competency.

4=Student's performance is above average for this competency.

5=Student's performance is exceptional for this competency. N/A= Not able to assess at this time

| Professional Wide Competencies and Elements | Yr 1 | Yr 2 | Yr 3 | Yr 4 |
|--|------|------|------|------|
| i. Research | | | | |
| 1. Demonstrate the substantially independent ability to formulate research or other scholarly activities (e.g., critical literature reviews, dissertation, efficacy studies, clinical case studies, theoretical papers, program evaluation projects, program development projects) that are of sufficient quality and rigor | | | | |
| 2. Conduct research or other scholarly activities | | | | |
| 3. Critically evaluate and disseminate research or other scholarly activity via professional publication and presentation at the local (including the host institution), regional, or national level | | | | |
| ii. Ethical and Legal Standards | | | | |
| 1. Be knowledgeable of and act in accordance with each of the following: the current version of the APA Ethical Principles of Psychologists and Code of Conduct; relevant laws, regulations, rules, and policies governing health service psychology at the organizational, local, state, regional, and federal levels; and relevant professional standards and guidelines | | | | |
| 2. Recognize ethical dilemmas as they arise and apply ethical decision-making processes in order to resolve the dilemmas | | | | |
| 3. Conduct self in an ethical manner in all professional activities | | | | |

| | | | | |
|---|--|--|--|--|
| iii. Individual and Cultural Diversity | | | | |
| 1. An understanding of how their own personal/cultural history, attitudes, and biases may affect how they understand and interact with people different from themselves | | | | |
| 2. Knowledge of the current theoretical and empirical knowledge base as it relates to addressing diversity in all professional activities including research, training, supervision/consultation, and service | | | | |
| 3. The ability to integrate awareness and knowledge of individual and cultural differences in the conduct of professional roles | | | | |
| 4. The ability to apply a framework for working effectively with individual and cultural diversity not previously encountered | | | | |
| 5. The ability to work effectively with individuals whose group membership, demographic characteristics, or worldviews create conflict with their own | | | | |

| | | | | |
|---|--|--|--|--|
| iv. Professional Values, Attitudes, and Behaviors | | | | |
| 1. Behave in ways that reflect the values and attitudes of psychology, including integrity, deportment, professional identity, accountability, lifelong learning, and concern for the welfare of others | | | | |
| 2. Engage in self-reflection regarding one's personal and professional functioning; engage in activities to maintain and improve performance, well-being, and professional effectiveness | | | | |
| 3. Actively seek and demonstrate openness and responsiveness to feedback and supervision | | | | |
| 4. Respond professionally in increasingly complex situations with a greater degree of independence as they progress across levels of training | | | | |

| | | | | |
|---|--|--|--|--|
| v. Communication and Interpersonal Skills | | | | |
| 1. Develop and maintain effective relationships with a wide range of individuals, including colleagues, communities, organizations, supervisors, supervisees, and those receiving professional services | | | | |
| 2. Produce and comprehend oral, nonverbal, and written communications that are informative and well-integrated; demonstrate a thorough grasp of professional language and concepts | | | | |
| 3. Demonstrate effective interpersonal skills and the ability to manage difficult communication well | | | | |

| | | | | |
|--|--|--|--|--|
| vi. Assessment | | | | |
| 1. Demonstrate current knowledge of diagnostic classification systems, functional and dysfunctional behaviors, including consideration of client strengths and psychopathology | | | | |
| 2. Demonstrate understanding of human behavior within its context (e.g., family, social, societal, and cultural) | | | | |
| 3. Demonstrate the ability to apply the knowledge of functional and dysfunctional behaviors including context to the assessment and/or diagnostic process | | | | |
| 4. Select and apply assessment methods that draw from the best available empirical literature and that reflect the science of measurement and psychometrics; collect relevant data using multiple sources and methods appropriate to the identified goals and questions of the assessment as well as relevant diversity characteristics of the service recipient | | | | |
| 5. Interpret assessment results, following current research and professional standards and guidelines, to inform case conceptualization, classification, and recommendations, while guarding against decision-making biases, distinguishing the aspects of assessment that are subjective from those that are objective | | | | |
| 6. Communicate orally and in written documents the findings and implications of the assessment in an accurate and effective manner sensitive to a range of audiences | | | | |

| | | | | |
|-------------------|--|--|--|--|
| vii. Intervention | | | | |
|-------------------|--|--|--|--|

| | | | | |
|--|--|--|--|--|
| 1. Establish and maintain effective relationships with the recipients of psychological services | | | | |
| 2. Develop evidence-based intervention plans specific to the service delivery goals | | | | |
| 3. Implement interventions informed by the current scientific literature, assessment findings, diversity characteristics, and contextual variables | | | | |
| 4. Demonstrate the ability to apply the relevant research literature to clinical decision making | | | | |
| 5. Modify and adapt evidence-based approaches effectively when a clear evidence-base is lacking | | | | |
| 6. Evaluate intervention effectiveness and adapt intervention goals and methods consistent with ongoing evaluation | | | | |

| | | | | |
|---|--|--|--|--|
| viii. Supervision | | | | |
| 1. Demonstrate knowledge of supervision models and practices | | | | |
| 2. Demonstrate the ability to apply theory and knowledge of supervision models to the practice of supervision | | | | |

| | | | | |
|--|--|--|--|--|
| ix. Consultation and Interprofessional/Interdisciplinary Skills | | | | |
| 1. Demonstrate knowledge and respect for the roles and perspectives of other professions | | | | |
| 2. Demonstrates knowledge of consultation models and practices | | | | |

Using this form rate the extent to which the student has developed competency in the following **Program Specific Competency (PSC)**. You should consider the following areas:

- Course PSY726 where the MLA is B- or better.

| Program Specific Competency and Elements | Yr 1 | Yr 2 | Yr 3 | Yr 4 |
|---|-------------|-------------|-------------|-------------|
| Social Justice | | | | |
| 1. Student demonstrates a commitment to social justice as reflected in a range of professional experiences. | | | | |

Appendix B
Psy.D. in Counseling Psychology Program
Dissertation Proposal Defense Approval Form
For Use by Trainees in the Psy.D. in Counseling Psychology Program

Name: _____ SEU ID: Number: _____
 Dissertation Title: _____

Date of Proposal Defense: _____

Dissertation Chair and Committee Members: Choose one of the following:

___ At the proposal defense, we approved the dissertation proposal as submitted. After the meeting, the trainee will submit this form to the Director of the Psy.D. in Counseling Psychology Program once all committee members sign the form.

___ At the proposal defense changes were requested (see below) prior to approving the proposal. After the meeting, trainee will be required to make the necessary changes and meet with their Dissertation Chair to present these changes. Once the Chair determines the required changes have been sufficiently made, they will sign at the bottom of this form indicating such, and the trainee will submit this form to the Director of the Psy.D. in Counseling Psychology Program.

Dissertation Committee Signatures

Chair _____ Signature _____ Date _____

Member _____ Signature _____ Date _____

Member _____ Signature _____ Date _____

The following space is for the Dissertation Chair to indicate any significant changes agreed to by the Dissertation Committee at the prospectus defense meeting. Attach additional page if needed.

___ I confirm that the trainee has made the requested changes to the satisfaction of the Chair and committee, and the proposal is now approved. (Trainee will submit this form to the Director of the Psy.D. in Counseling Psychology Program).

Dissertation Chair Signature: _____ Date _____

Psy.D. Trainee Name: _____ SEU ID Number: _____

NOTE: The Counseling Psychology Psy.D. Program requires that any Dissertation constituting empirical research using human participants must be approved by the above committee for the respective trainee, and this form must be accompanied by Saint Elizabeth University Institutional Review Board Submission form for subsequent approval from the IRB. For additional general information and application forms via the web at the following address:

<https://www.steu.edu/irbforms>

Appendix C
Psy.D. in Counseling Psychology Program
Dissertation Final Defense Approval Form
For Use by Trainees in the Psy.D. in Counseling Psychology Program

Name: _____ SEU ID Number: _____

Dissertation Title: _____

Date of Dissertation Final Defense: _____

Dissertation Chair and Committee Members: Choose one of the following:

___ At the final defense, we approved the dissertation as submitted. (After the meeting, the trainee will submit this form to the Director of the Psy.D. in Counseling Psychology Program, once all committee members sign the form.)

___ At the final defense, changes were requested (see below) prior to approving the project. (After the meeting, trainee will be required to make the necessary changes and meet with their Dissertation Chair to present these changes. Once the Chair determines the required changes have been sufficiently made, he/she will sign at the bottom of this form indicating such, and the trainee will submit this form to the Director of the Psy.D. in Counseling Psychology Program).

Dissertation Committee Signatures

Chair _____ Signature _____ Date _____

Member _____ Signature _____ Date _____

Member _____ Signature _____ Date _____

The following space is for the Dissertation Chair to indicate any significant changes agreed to by the Committee at the defense meeting. Attach additional page if needed.

___ I confirm that the trainee has made the requested changes to the satisfaction of the Chair and Committee, and the dissertation is now approved. (Trainee will submit this form to the Director of the Psy.D. in Counseling Psychology Program).

Dissertation Chair Signature: _____ Date _____

Psy.D. Trainee Name: _____ SEU ID Number: _____

Appendix D
Psy.D. in Counseling Psychology
Dissertation Sequence of Pages and Chapters

1. Title Page (see example attached) Title should be succinct and clear. Running title (shortened version of your title) cannot exceed 50 characters including spacing and punctuation. The entire paper should be typed in Times New Roman 12 pt.
2. Approval Page (see example attached) Please make sure that date on title and approval pages match. Following your final defense (and once all edits have been made) your Chair and readers will sign and date your approval page. You will receive a scanned copy of the approval page and must include the signed page in your document.
3. Abstract (see attached)
4. Dedication (optional)
5. Acknowledgements (optional) If you chose to include a dedication and/or acknowledgment page you should use restraint and perspective when writing, given that these statements will exist in ProQuest for all eternity. Please make sure that you use a professional tone and avoid highlighted (bold) affective expressions, etc.
6. Table of Contents - do not use Roman Numerals, only Arabic. Make sure page numbers are aligned on the right side of the page. Every chapter should start on a new page. You will make many revisions, so make sure that you update your Table of Contents after all revisions are complete.
7. List of Tables (if included)
8. List of Figures (if included)

Chapters

Chapter 1: Introduction
Chapter 2: Literature Review
Chapter 3: Statement of the Problem
Chapter 4: Method
Chapter 5: Results
Chapter 6: Discussion
References
Appendixes

A PSYCHOLOGICAL STUDY OF ADULT RETURNING
UNDERGRADUATE STUDENTS WHO DROP OUT
AFTER THEIR FIRST YEAR

by

LESLIE R. SINCLAIR

A DISSERTATION

Presented to the Doctor of Psychology in Counseling Psychology Program
of Saint Elizabeth University in partial fulfillment of
the requirements for the degree of
Doctor of Psychology

Date

APPROVAL PAGE

This dissertation submitted by [Student]
for the degree of Doctor of Psychology
is approved

XX, Ph.D.
Committee Chair

XY, Ph.D.
Reader

YY, Ph.D.
Reader

Director, Doctor of Psychology (Psy.D.) in Counseling Psychology

Glen L. Sherman, Ph.D.
Psychology Department Chair

Saint Elizabeth University

Morristown, New Jersey

Date

Abstract

The abstract is a single paragraph summary of your paper's purpose, method, findings, and conclusions. Please include a sentence that states how limitations of the study and areas for future research are discussed. Finally, include a sentence on clinical application(s) -- how your findings are useful for counseling psychologists and the field. Length should be 150-250 words, no indentation, and double spaced.

Keywords: include keywords and indent from left margin

Appendix E
Academic Warning Form

Instructions: This form is to be used for documenting issues and interventions with a student. The form may be used 1) as an Academic Warning to let students know that their progress in an identified area is unsatisfactory, 2) as a source of data for the Annual Review.

Student Name: _____ Semester: _____

Advisor Name: _____

Director Name: _____

Please indicate the reason(s) for the warning:

Please comment on any specifics about this issue AND what changes need to occur with regard to student performance.

Follow-Up

Instructions: Please report on follow-up actions taken with the student.

Signature of Academic Advisor: _____ Date: _____

Signature of Director: _____ Date: _____

Appendix F

Logging Practicum/Internship Hours

Practicum and internship experience hours are logged via the Time2Track system (www.time2track.com).

Time2Track allows students to track hours for practicum, internship and post-doctorate in a web-based application. Direct (intervention and assessment) as well as indirect (case management, phone calls, charting) can be easily accounted for in the T2T application which easily merges with the APPIC (Association of Psychology Postdoctoral and Internship Centers) AAPI (Application for APPIC). The Associate Director for Clinical Training will assist students with registration for T2T prior to the start of their practicum and internship experiences.

Appendix G
Doctor of Psychology (Psy.D.) in Counseling Psychology Program
Practicum Agreement with Training Site

Name of Training Site: _____

Name of On-Site Supervisor: _____

Name of Associate Director for Clinical Training: _____

The purpose of this agreement is to specify the terms of understanding between the Doctor of Psychology (Psy.D.) in Counseling Psychology Program at Saint Elizabeth University and the training site providing practicum training experiences. Each practicum training experience is intended to partially fulfill the practicum requirement for the doctoral degree in Counseling Psychology. During each semester of practicum, students are expected to complete a 300-hour practicum including 120 hours of direct client service on site, and at least 15 hours of individual supervision with a licensed mental health professional on site. Students will also receive 2.5 hours of weekly group supervision on campus with a licensed psychologist who is a member of the Program's Core Faculty.

The University and the Training Site Agree to the Following:

1. The Associate Director for Clinical Training shall determine the suitability of the training site as a practicum training site based, in part, on a visit to the site. At least yearly thereafter, the Director shall visit the site again and review the determination of the site's suitability. The University and the training site will have a separate administrative Affiliation Agreement and nothing in this Practicum Agreement will nullify or change any aspect of that Affiliation Agreement.
2. The decision regarding the number of practicum students being trained at the site, their schedules, the populations with whom they interact, and their general clinical duties will be made by mutual agreement between the training site and the Associate Director for Clinical Training.
3. The training site may request withdrawal of any student whose performance or conduct precludes continuing in practicum at the site. Prior to withdrawal, the on-site supervisor and the Director will discuss the student's difficulties and possible courses of action to remediate the situation.
4. The training site and the University understand that the evaluation criteria listed in the Practicum Evaluation Form and the educational objectives contained in the Program's Overview statement constitute the expectations for learning at the training site.
5. Students will be expected to abide by the Code of Ethics of the American Psychological Association and to conduct themselves as professionals in all interactions at the training site. They will further follow the policies and procedures of the training site, maintain accurate records as required by their on-site supervisor, maintain weekly logs of all hours spent at the site, and be open to their supervisor's observations and directions.

Responsibilities of the On-Site Supervisor:

The on-site supervisor shall:

1. Serve as the primary supervisor for the practicum student. Regular, weekly, one-hour, face-to-face supervision meetings between the supervisor and the student are required.
2. Provide each practicum student with the required number of direct client contact and supervision hours. In instances where students are unable to meet these hourly requirements through no fault of their own (e.g. low client population at a site, high no-show percentage, etc.), the instructor of the practicum course on campus has the discretion to nonetheless assign a passing grade to the student.
3. Review and sign each student's weekly practicum log of hours spent at the training site.
4. Complete, at the end of each semester of practicum, a Practicum Evaluation Form for each student based, in part, on direct observation (either live or electronically). Direct observation includes in-person observation (e.g. in room or one-way mirror observation of client contact, live video streaming, or video recording).
5. Notify the Associate Director for Clinical Training if a practicum student appears to be exhibiting performance deficits or conduct which would preclude continuing at the training site. Upon giving such notification, the on-site supervisor is expected to discuss with the Associate Director for Clinical Training the circumstances and possible courses of action to remedy the situation.

On-Site Supervisor Signature

Date

Associate Director for Clinical Training Signature

Date

Appendix H
Practicum Supervisor Evaluation Form
Evaluation form submitted via Time2Track

Student completes the information in the box below

| |
|--|
| Student (Print Name): Site Supervisor (Print Name): Practicum Site: Semester and Year: Practicum 1 2 3 4 5/voluntary (please circle) |
|--|

Supervisor completes the remainder of the form

APA requires that supervisors observe supervisees directly. How have you observed this student directly?

Reviewed video or audio sessions

Co-led a group/ co-led therapy

Observed clinical sessions

Please rate supervisee on the following competencies using the following scale:

1=Student's performance is well below the expected level for this competency.

2=Student's performance is somewhat below the expected level for this competency.

3=Student's performance is average for this competency.

4=Student's performance is above average for this competency.

5=Student's performance is exceptional for this competency.

N/A At this time/ setting

It is expected that students will continue to evolve their professional skills, attitudes, and behaviors as they progress through their training. What is expected for students in their first semester of practicum will be different than what is expected of students in their fourth semester of practicum. If applicable, please evaluate the student as compared to other students at the same level of training.

| Ethical and Legal Standards | |
|------------------------------------|--|
| Rating | Competency |
| | Knowledgeable about and acts in accordance with, APA Ethical Principles and Code of Conduct. |
| | Knowledgeable about and acts in accordance with, relevant laws, regulations, rules and policies governing health service psychology. |

| | |
|---------------------|---|
| | Knowledgeable about and acts in accordance with, relevant professional standards and guidelines. |
| | Recognizes ethical dilemmas and applies ethical decision-making processes. |
| | Conducts self in an ethical manner in all professional activities. |
| | Seeks appropriate information, supervision, and/or consultation when faced with ethical issues. |
| Assessment | |
| Rating | Competency |
| | Demonstrates current knowledge of diagnostic classification systems, functional/dysfunctional behaviors, including psychopathology. |
| | Demonstrates understanding of human behavior. |
| | Demonstrates the ability to apply the knowledge of functional and dysfunctional behaviors. |
| | Demonstrate ability to formulate and apply diagnoses accurately based on current diagnostic systems. |
| | Selects and applies assessment methods that draw from empirical literature; collects relevant data. |
| | Interprets assessment results to inform case conceptualizations, classifications, and recommendations. |
| | Communicates findings in an accurate and effective manner. |
| | Assesses crisis situations appropriately. |
| | Conducts suicide and homicide assessments thoroughly, effectively and appropriately. Elicits relevant information. |
| | Incorporates cultural considerations into assessment, diagnosis, treatment planning, and case conceptualizations. |
| Intervention | |
| Rating | Competency |
| | Establishes and maintains effective relationships with the recipients of psychological services. |
| | Develops effective clinical skills, including establishing rapport, empathic listening. |
| | Develops evidence-based intervention plans. |

| | |
|--|---|
| | Implements interventions informed by the current scientific literature. |
| | Applies the relevant research literature to clinical decision making. |
| | Modifies and adapts evidence-based approaches. |
| | Assesses and evaluates accurately one's own clinical skills, intervention effectiveness, and treatment progress. |
| | Demonstrates awareness and knowledge of group development and process. |
| | Adapts and tailors interventions and mainstream treatment methods to be culturally relevant and congruent to clients. |
| Individual and Cultural Diversity | |
| Rating | Competency |
| | Understands how their own personal/cultural history may affect how they understand and interacts with people different from themselves. |
| | Knowledgeable of the current theoretical and empirical knowledge base as it relates to addressing diversity. |
| | Applies the current theoretical and empirical knowledge effectively in their professional work with diverse recipients of psychological services. |
| | Integrates awareness and knowledge of individual and cultural differences in the conduct of professional roles. |
| | Demonstrates ability to work effectively with individuals whose group membership, demographic characteristics, or worldviews may create conflict with their own identity and worldview. |
| Consultation and Interprofessional/Interdisciplinary Skills | |
| Rating | Competency |
| | Demonstrates knowledge and respect for the roles and perspectives of other professions. |
| | Demonstrates knowledge of consultation models and practices. |
| | Works effectively and collaboratively with other professionals. |
| Professional Values and Attitudes and Behaviors | |
| Rating | Competency |
| | Behaves in ways that reflect the values of psychology, including respect for others, integrity, and professional responsibility. |

| | |
|---|---|
| | Engages in self-reflection; engages in activities to maintain and improve performance, well-being, and professional effectiveness. |
| | Self-reflects and self-evaluates regarding clinical work with clients. |
| | Monitors and accurately assesses own strengths and weaknesses. |
| | Responds professionally in increasing complex situations with a greater degree of independence as they progress. |
| | Demonstrates active efforts to advance one's professional identity and career development as a psychologist (e.g., consulting with faculty, attending workshops, conferences, career development programs, etc.). |
| | Demonstrates professionalism in the workplace (e.g., dress, work ethic, timeliness). |
| Communication and Interpersonal Skills | |
| Rating | Competency |
| | Develops and maintains effective relationships with a wide range of individuals (e.g., recipients of psychological services, peers, professionals, supervisors, etc.). |
| | Communicates effectively using oral, non-verbal, and written skills. |
| | Demonstrates effective interpersonal skills in professional relationships and manages conflict appropriately. |
| | Accepts feedback from peers and professionals in an open and non-defensive manner. |
| | Works collaboratively with peers and colleagues. |
| | Demonstrates ability to remain calm during a crisis situation. |
| Supervision | |
| Rating | Competency |
| | Demonstrates knowledge of supervision models and practices. |
| | Uses good judgment and actively seeks supervisory input in a prompt manner. |
| | Demonstrates an open and non-defensive stance toward supervisory evaluation and feedback. |
| | Applies what is discussed in supervision to interactions with clients. |
| Management and Administration | |
| Rating | Competence |

| | |
|--|--|
| | Follows agency's policies and operating procedures. |
| | Documents crisis assessments appropriately. |
| | Maintains organized and timely notes and client records. |

| | |
|---|--|
| Student shows strengths in these areas | |
| Suggested tasks for the future | |

| | | | |
|---|----------|--------------|--|
| Absences: | | Times Tardy: | |
| Student Signature/Date | | | |
| Printed Student Name | | | |
| Practicum Number | Semester | Year | |
| My signature below acknowledges that this practicum evaluation is based, in part, on direct observation. | | | |
| Site Supervisor/Date | | | |
| Agency: | | | |

Supervisors:

For your reference, we have provided behavioral anchors that correspond to some of the assessment areas (Counseling Psychology Core Competencies, Division 17) on this form. You will notice that there are different behavioral anchors related to readiness for practicum, internship, and entry to practice and these might help you assess where students are given their year of training (Practicum 1 & 2, Practicum 3 & 4).

2. Relationships: Relates effectively and meaningfully with individuals, groups, and/or communities.

2a. Interpersonal Relationships

Readiness for Practicum Achieved

Displays interpersonal skills

Readiness for Internship Achieved

Forms and maintains productive and respectful relationships with clients, peers/colleagues, supervisors and professionals from other disciplines

Readiness for Entry to Practice Achieved

Develops and maintains effective relationships with a wide range of clients, colleagues, organizations and communities

2b. Affective Skills

Readiness for Practicum Achieved

Displays affective skills

Readiness for Internship Achieved

Negotiates differences and handles conflict satisfactorily; provides effective feedback to others and receives feedback non-defensively

Readiness for Entry to Practice Achieved

Manages difficult communication; possesses advanced interpersonal skills

2c. Expressive Skills

Readiness for Practicum Achieved

Communicates ideas, feelings, and information clearly using verbal, non-verbal, and written skills

Readiness for Internship Achieved

Communicates clearly using verbal, non-verbal, and written skills in a professional context; demonstrates clear understanding and use of professional language

Readiness for Entry to Practice Achieved

Verbal, non-verbal, and written communications are informative, articulate, succinct, sophisticated, and well integrated; demonstrates thorough grasp of professional language and concepts

3. Individual and Cultural Diversity

3a. Self as shaped by Individual and Cultural Diversity

Readiness for Practicum Achieved

Demonstrates knowledge, awareness, and understanding of one's own dimensions of diversity and attitudes towards diverse others

Readiness for Internship Achieved

Integrates knowledge of the client as a person, including his or her mind, body, environment and sociocultural experience, into treatment planning and intervention selection. Integrates when planning research question

Readiness for Entry to Practice Achieved

Is able to implement interventions that are appropriate for clients in their current life situation and that are consistent with their worldview

3b. Others as shaped by Individual and Cultural Diversity

Readiness for Practicum Achieved

Demonstrates knowledge, awareness, and understanding of other individuals as cultural beings

Readiness for Internship Achieved

Applies knowledge of others as cultural beings in assessment, treatment, and consultation

Readiness for Entry to Practice Achieved

Independently monitors and applies knowledge of others as cultural beings in assessment, treatment, and consultation

3c. Interaction of self and others as shaped by Individual and Cultural Diversity

Readiness for Practicum Achieved

Demonstrates knowledge, awareness, and understanding of interactions between self and diverse others

Readiness for Internship Achieved

Applies knowledge of the role of culture in interactions in assessment, treatment, and consultation with diverse others

Readiness for Entry to Practice Achieved

Independently monitors and applies knowledge of diversity with others as cultural beings in assessment, treatment, and consultation

3d. Interaction of self and others as shaped by Individual and Cultural Diversity and Context

Readiness for Practicum Achieved

Demonstrates knowledge of and sensitivity to the scientific, theoretical, and contextual issues related to ICD (as defined by APA policy) as they apply to professional psychology. Understands the need to consider ICD issues in all aspects of professional psychology work (e.g., assessment, treatment, research, relationships with colleagues)

Readiness for Internship Achieved

Applies knowledge, sensitivity, and understanding regarding ICD issues to work effectively with diverse others in assessment, treatment, and consultation

Readiness for Entry to Practice Achieved

Independently monitors and applies knowledge, skills, and attitudes of diversity dimensions regarding others as cultural beings in assessment, treatment/intervention, and consultation

6. Scientific Knowledge and Methods: Understanding of research, research methodology, techniques of data collection and analysis, biological basis of behavior, cognitive-affective bases of behavior, and development across the lifespan. Respect for scientifically derived knowledge

6a. Scientific Mindedness

Readiness for Practicum Achieved

Displays critical scientific thinking

Readiness for Internship Achieved

Values and applies scientific methods to professional practice

Readiness for Entry to Practice Achieved

Independently applies to scientific methods to practice

6b. Scientific Foundations of Psychology and Counseling Psychology

Readiness for Practicum Achieved

Demonstrates understanding of psychology as a science

Readiness for Internship Achieved

Demonstrates knowledge, understanding, and application of the concept of evidence-based practice

Readiness for Entry to Practice Achieved

Independently applies knowledge and understanding of scientific foundation independently applies to practice

6c. Scientific Foundation of Professional Practice

Readiness for Practicum Achieved

Understands the scientific foundation of professional practice

Readiness for Internship Achieved

Demonstrates knowledge, understanding, and application of the concept of evidence-based practice

Readiness for Entry to Practice Achieved

Independently applies knowledge and understanding of scientific foundations independently applied to practice

7. Ethical and Legal Standards and Policy: Application of ethical concepts and awareness of legal issues regarding professional activities with individuals, groups, and organizations

7a. Knowledge of ethical, legal, and professional standards and guidelines

Readiness for Practicum Achieved

Demonstrates basic knowledge of the APA Ethical Principles and Code of Conduct [ethical practice and basic skills in ethical decision making]; demonstrates beginning level knowledge of legal and regulatory issues in the practice of psychology that apply to practice while placed at practicum setting

Readiness for Internship Achieved

Demonstrates intermediate level knowledge and understanding of the APA Ethical Principles and Code of Conduct and other relevant ethical/professional codes; standards and guidelines, laws, statutes, rules, and regulations

Readiness for Entry to Practice Achieved

Demonstrates advanced knowledge and application of the APA Ethical Principles and Code of Conduct and other relevant ethical, legal and professional standards and guidelines

7b. Awareness of Application of Ethical Decision Making

Readiness for Practicum Achieved

Demonstrates awareness of the importance of applying an ethical decision model to practice

Readiness for Internship Achieved

Demonstrates knowledge and application of an ethical decision-making model; applies relevant elements of ethical decision making to a dilemma

Readiness for Entry to Practice Achieved

Independently utilizes and ethical decision-making model in professional work

7c. Ethical Conduct

Readiness for Practicum Achieved

Displays ethical attitudes and values

Readiness for Internship Achieved

Integrates own moral principles/ethical values in professional conduct

Readiness for Entry to Practice Achieved

Independently integrates ethical and legal standards with all competencies

9. Intervention: Interventions designed to alleviate suffering and to promote health and well-being of individuals, groups, and/or organizations; integrates research and clinical expertise in the context of client factors (evidence-based practice; EBP).

9a. Intervention Planning

Readiness for Practicum Achieved

Readiness for Internship Achieved

Readiness for Entry to Practice Achieved

Displays basic understanding of the relationship between assessment and intervention; demonstrates basic knowledge of scientific, theoretical, and contextual bases of psychological assessment and intervention

Formulates and conceptualizes cases and plans interventions utilizing at least one consistent theoretical orientation; applies knowledge of EBP, including empirical bases of assessment and intervention, clinical expertise, and client preferences

Effectively plans interventions; case conceptualizations and intervention plans are specific to case and context; effectively integrates knowledge of evidence-based practice, including empirical bases of assessment and intervention, clinical expertise, and client preferences

9b. Skills

Readiness for Practicum Achieved

Displays basic helping skills

Readiness for Internship Achieved

Displays clinical/therapeutic/psychoeducational skills

Readiness for Entry to Practice Achieved

Displays clinical/therapeutic/psychoeducational skills with a wide variety of clients and uses a good judgment even in unexpected or difficult situations

9c. Intervention Implementation

Readiness for Practicum Achieved

Demonstrates basic knowledge of intervention strategies

Readiness for Internship Achieved

Implements evidence-based interventions

Readiness for Entry to Practice Achieved

Implements interventions with fidelity to empirical models and flexibility to adapt where appropriate

9d. Progress Evaluation

Readiness for Practicum Achieved

Demonstrates basic knowledge of the assessment of intervention progress and outcome

Readiness for Internship Achieved

Evaluates treatment/intervention progress and modifies treatment/intervention planning as indicated, utilizing established outcomes measures

Readiness for Entry to Practice Achieved

Independently evaluates treatment/intervention progress and modifies planning as indicated, even in the absence of established outcome measures

11. Assessment: Assessment and diagnosis of problems, capabilities and issues associated with individuals, groups, and/or organizations.

11f. Communication of assessment findings

Readiness for Practicum Achieved

Demonstrates awareness of models of report writing and progress notes

Readiness for Internship Achieved

Writes assessment reports and progress notes and communicates assessment findings verbally to client

Readiness for Entry to Practice Achieved

Communicates results in written and verbal form clearly, constructively, and accurately in a conceptually appropriate manner

Appendix I
Doctor of Psychology (Psy.D.) in Counseling Psychology
Pre-Doctoral Internship Contract- Non APA

Name of Internship Site:

Name of Internship Director of Training/Primary Supervisor:

Name of Doctoral Student:

Internship Start Date: _____ **Internship End Date:** _____

Internship Stipend: _____

The Psy.D. in Counseling Psychology program at Saint Elizabeth University acknowledges that some students may elect to pursue non-APPIC/APA internship options. The policy of the Psy.D. program, as stated in the Doctoral Student Handbook, is that the Psy.D. faculty will approve non-APPIC/APA internships on a case-by-case basis after insuring that the program's internship criteria have been met and that the goals and structure of internship supervision, as well as the duties and responsibilities of the supervisor and the supervisee, have been articulated and agreed upon.

Supervisors should complete the missing information designated by blank lines in the contract, read the contract carefully, sign it, and give it to doctoral students to sign. When students have signed the contract, supervisors should return the original, signed contract to the Associate Director for Clinical Training, Doctor of Psychology (Psy.D.) in Counseling Psychology Program, Department of Psychology, Saint Elizabeth University, 2 Convent Road, Morristown, NJ 07960.

I. Psy.D. Program Criteria for Assessing Non-APPIC/APA Internships

The pre-doctoral internship will be a one-year (two years if half time) training experience characterized by the following:

- A. 40 hours per week for 50 weeks (about 2000 hours).
- B. At least 1000 hours of client contact, about 20 hours of client contact per week.
- C. At least 200 hours of supervision (100 hours of which could be group supervision). The ratio is 1 hour of supervision for every 5 hours of client contact. This is about 4 hours of supervision per week, 2 hours of which can be group supervision.
- D. There is a licensed psychologist who is responsible for the internship and who is named as the director of training. An intern can have several licensed psychologists as supervisors. But one of them is designated as the director or primary supervisor in charge of the intern's training. If the

internship is in NJ, the primary supervisor would be an individual licensed as a psychologist in NJ for at least 2 years with suitable training/experience.

E. The internship involves both assessment and psychotherapy. Further, several hours each week are devoted to didactic activities (e.g. case conferences, continuing education seminars, in-service training, grand rounds, etc.).

F. The intern's director of training or primary supervisor supervises no more than 2 - 3 interns at one time.

II. Goals of Supervision

- A. The supervisor will monitor and ensure the welfare and protection of patients of the supervisee.
- B. The supervisor will gatekeep for the profession to ensure competent professionals enter.
- C. The supervisor will promote the development of the supervisee's professional identity and competence.
- D. The supervisor will provide evaluative feedback to the supervisee.

III. Structure of Supervision

- A. The primary supervisor during this training period will be _____ who will provide _____ hours of supervision per week. The delegated supervisor(s) during this training period will be _____ and _____ who will provide _____ and _____ hours of supervision per week, respectively.
- B. Structure of the supervision session: supervisor and supervisee will discuss and agree upon preparation for supervision, in-session structure and processes (e.g. case discussion, role-play, audio tape review, etc.), live or video observation _____ times per year (if full time internship).
- C. The supervisor will discuss with the supervisee the limits on confidentiality which exist for supervisee disclosures in supervision. (e.g., supervisor normative reporting to Psy.D. program, licensing board, training teams, and Director of the Doctoral Program as necessary to uphold legal and ethical standards).
- D. The supervisor will make supervision records available to the licensing board, training program, and other organizations/individuals mutually agreed upon in writing by the supervisor and supervisee.

IV. Duties and Responsibilities of Supervisor

- A. The supervisor assumes legal responsibility for services offered by the supervisee.
- B. The supervisor oversees and monitors all aspects of patient case conceptualization and treatment planning, assessment, and intervention including but not limited to emergent circumstances, duty to warn and protect, legal, ethical, and regulatory standards, diversity factors, management of supervisee reactivity or countertransference to patient, strains to the supervisory relationship.
- C. The supervisor ensures availability when the supervisee is providing patient services.
- D. The supervisor reviews and signs off on all reports, case notes, and communications.
- E. The supervisor develops and maintains a respectful and collaborative supervisory relationship within the power differential.
- F. The supervisor practices effective supervision that includes describing student's theoretical orientations for supervision and therapy, and maintaining a distinction between supervision and psychotherapy.
- G. The supervisor assists the supervisee in setting and attaining goals.

- H. The supervisor provides feedback anchored in supervisee training goals, objectives and competencies.
- I. The supervisor provides ongoing formative and end of supervisory relationship summative evaluation on forms provided by the Psy.D. program. At the end of each semester of the internship, the Psy.D. program will request that the Director of Training/Primary Supervisor complete the Psy.D. Internship Evaluation Form, sign it, and return it to the Associate Director for Clinical Training of the Psy.D. program.
- J. The supervisor informs the supervisee when the supervisee is not meeting competence criteria for successful completion of the training experience, and implements remedial steps to assist the supervisee's development. Guidelines for processes that may be implemented should competencies not be achieved are available from the supervisor at the start of the internship.
- K. The supervisor discloses training, licensure including number and state(s), areas of specialty and special expertise, previous supervision training and experience, and areas in which he/she has previously supervised.
- L. The supervisor reschedules sessions to adhere to the legal standard and the requirements of this contract if the supervisor must cancel or miss a supervision session.
- M. The supervisor maintains documentation of the clinical supervision and services provided.
- N. If the supervisor determines that a case is beyond the supervisee's competence, the supervisor may join the supervisee as co-therapist or may transfer a case to another therapist, as determined by the supervisor to be in the best interest of the patient.
- O. The supervisor will conduct him/herself in keeping with the American Psychological Association Ethical Principles of Psychologists and Code of Conduct.

V. Duties and Responsibilities of the Supervisee

- A. The supervisee understands the responsibility of the supervisor for all supervisee professional practice and behavior.
- B. The supervisee implements supervisor directives, and discloses clinical issues, concerns, and errors as they arise.
- C. The supervisee identifies to patients his/her status as a psychology intern, the name of the clinical supervisor, and describes the supervisory structure (including supervisor access to all aspects of case documentation and records), obtaining patient's informed consent to discuss all aspects of the clinical work with the supervisor.
- D. The supervisee attends supervision prepared to discuss patient cases with completed case notes and case conceptualization, patient progress, clinical and ethics questions, and literature on relevant evidence-based practices.
- E. The supervisee informs the supervisor of clinically relevant information about the patient including patient progress, risk situations, self-exploration, supervisee emotional reactivity or countertransference to patient(s).
- F. The supervisee integrates supervisor feedback into practice and provides feedback weekly to supervisor on patient and supervision process.
- G. The supervisee seeks out and receives immediate supervision on emergent situations.
Supervisor contact information: _____
- H. If the supervisee must cancel or miss a supervision session, the supervisee will reschedule the session to ensure adherence to the legal standard and this contract.
- I. The supervisee will conduct him/herself in keeping with the American Psychological Association Ethical Principles of Psychologists and Code of Conduct.

By signing below, the internship Director of Training/Primary Supervisor certifies that the internship meets the Psy.D. program's criteria for assessing non-APPIC/APA internships, as stated above, and that the goals of supervision, structure of supervision, and duties and responsibilities of supervisor and supervisee are as stated above.

Internship Director of Training/Primary Supervisor

(Print Name)

(Signature) (Date)

By signing below, the doctoral student acknowledges that he/she understands and agrees with the goals of supervision, the structure of supervision, and the duties and responsibilities of the supervisee.

Doctoral Student

(Print Name)

(Signature) (Date)

By signing below, the Associate Director for Clinical Training of the Psy.D. program certifies that the doctoral program will monitor and support the doctoral student's progress in the internship.

Associate Director for Clinical Training

(Print Name)

(Signature) (Date)

Appendix J
Internship Supervisor Evaluation
Evaluation Submitted via Time2Track

Student completes the information in the box below

| |
|---|
| Student (Print Name): Site Supervisor (Print Name): Pre-Doctoral Internship Site: Semester and Year: |
|---|

Supervisors: Please rate intern on the following competencies using this scale:

- 1=Student's performance is well below the expected level for this competency.**
- 2=Student's performance is somewhat below the expected level for this competency.**
- 3=Student's performance is average for this competency.**
- 4=Student's performance is above average for this competency.**
- 5=Student's performance is exceptional for this competency.**

For your reference, we have provided behavioral anchors that correspond to many of the assessment areas (Counseling Psychology Core Competencies, Division 17) on this form. You will notice that there are different behavioral anchors related to readiness for practicum, internship, and entry to practice and these might help you assess where students are/should be given their level of training.

| Ethical and Legal Standards | |
|------------------------------------|--|
| Rating | Competency |
| | Knowledgeable about and acts in accordance with, APA Ethical Principles and Code of Conduct. |
| | Knowledgeable about and acts in accordance with, relevant laws, regulations, rules and policies governing health service psychology. |
| | Knowledgeable about and acts in accordance with, relevant professional standards and guidelines. |
| | Recognizes ethical dilemmas and applies ethical decision-making processes. |
| | Conducts self in an ethical manner in all professional activities. |
| | Seeks appropriate information, supervision, and/or consultation when faced with ethical issues. |

| Assessment | |
|---------------------|---|
| Rating | Competency |
| | Demonstrates current knowledge of diagnostic classification systems, functional/dysfunctional behaviors, including psychopathology. |
| | Demonstrates understanding of human behavior. |
| | Demonstrates the ability to apply the knowledge of functional and dysfunctional behaviors. |
| | Demonstrate ability to formulate and apply diagnoses accurately based on current diagnostic systems. |
| | Selects and applies assessment methods that draw from empirical literature; collects relevant data. |
| | Interprets assessment results to inform case conceptualizations, classifications, and recommendations. |
| | Communicates findings in an accurate and effective manner. |
| | Assesses crisis situations appropriately. |
| | Conducts suicide and homicide assessments thoroughly, effectively and appropriately. Elicits relevant information. |
| | Incorporates cultural considerations into assessment, diagnosis, treatment planning, and case conceptualizations. |
| Intervention | |
| Rating | Competency |
| | Establishes and maintains effective relationships with the recipients of psychological services. |
| | Develops effective clinical skills, including establishing rapport, empathic listening. |
| | Develops evidence-based intervention plans. |
| | Implements interventions informed by the current scientific literature. |
| | Applies the relevant research literature to clinical decision making. |
| | Modifies and adapts evidence-based approaches. |
| | Assesses and evaluates accurately one's own clinical skills, intervention effectiveness, and treatment progress. |

| | |
|--|---|
| | Demonstrates awareness and knowledge of group development and process. |
| | Adapts and tailors interventions and mainstream treatment methods to be culturally relevant and congruent to clients. |
| Individual and Cultural Diversity | |
| Rating | Competency |
| | Understands how their own personal/cultural history may affect how they understand and interacts with people different from themselves. |
| | Knowledgeable of the current theoretical and empirical knowledge base as it relates to addressing diversity. |
| | Applies the current theoretical and empirical knowledge effectively in their professional work with diverse recipients of psychological services. |
| | Integrates awareness and knowledge of individual and cultural differences in the conduct of professional roles. |
| | Demonstrates ability to work effectively with individuals whose group membership, demographic characteristics, or worldviews may create conflict with their own identity and worldview. |
| Consultation and Interprofessional/Interdisciplinary Skills | |
| Rating | Competency |
| | Demonstrates knowledge and respect for the roles and perspectives of other professions. |
| | Demonstrates knowledge of consultation models and practices. |
| | Works effectively and collaboratively with other professionals. |
| Professional Values and Attitudes and Behaviors | |
| Rating | Competency |
| | Behaves in ways that reflect the values of psychology, including respect for others, integrity, and professional responsibility. |
| | Engages in self-reflection; engages in activities to maintain and improve performance, well-being, and professional effectiveness. |
| | Self-reflects and self-evaluates regarding clinical work with clients. |
| | Monitors and accurately assesses own strengths and weaknesses. |

| | |
|---|---|
| | Responds professionally in increasing complex situations with a greater degree of independence as they progress. |
| | Demonstrates active efforts to advance one's professional identity and career development as a psychologist (e.g., consulting with faculty, attending workshops, conferences, career development programs, etc.). |
| | Demonstrates professionalism in the workplace (e.g., dress, work ethic, timeliness). |
| Communication and Interpersonal Skills | |
| Rating | Competency |
| | Develops and maintains effective relationships with a wide range of individuals (e.g., recipients of psychological services, peers, professionals, supervisors, etc.). |
| | Communicates effectively using oral, non-verbal, and written skills. |
| | Demonstrates effective interpersonal skills in professional relationships and manages conflict appropriately. |
| | Accepts feedback from peers and professionals in an open and non-defensive manner. |
| | Works collaboratively with peers and colleagues. |
| | Demonstrates ability to remain calm during a crisis situation. |
| Supervision | |
| Rating | Competency |
| | Demonstrates knowledge of supervision models and practices. |
| | Uses good judgment and actively seeks supervisory input in a prompt manner. |
| | Demonstrates an open and non-defensive stance toward supervisory evaluation and feedback. |
| | Applies what is discussed in supervision to interactions with clients. |
| Management and Administration | |
| Rating | Competence |
| | Follows agency's policies and operating procedures. |
| | Documents crisis assessments appropriately. |

| | |
|--|--|
| | Maintains organized and timely notes and client records. |
|--|--|

| | |
|---|--|
| Student shows strengths in these areas | |
| Suggested tasks for the future | |
| Student Signature/Date | |
| Printed Student Name | |
| My signature below acknowledges that this evaluation is based, in part, on direct observation. | |
| Site Supervisor/Date | |
| Site | |

Supervisors:

For your reference, we have provided behavioral anchors that correspond to many of the assessment areas (Counseling Psychology Core Competencies, Division 17) on this form. You will notice that there are different behavioral anchors related to readiness for practicum, internship, and entry to practice and these might help you assess where students are/should be given their level of training.

2. Relationships: Relates effectively and meaningfully with individuals, groups, and/or communities.**2a. Interpersonal Relationships****Readiness for Practicum Achieved**

Displays interpersonal skills

Readiness for Internship Achieved

Forms and maintains productive and respectful relationships with clients, peers/colleagues, supervisors and professionals from other disciplines

Readiness for Entry to Practice Achieved

Develops and maintains effective relationships with a wide range of clients, colleagues, organizations and communities

2b. Affective Skills

Readiness for Practicum Achieved

Displays affective skills

Readiness for Internship Achieved

Negotiates differences and handles conflict satisfactorily; provides effective feedback to others and receives feedback non-defensively

Readiness for Entry to Practice Achieved

Manages difficult communication' possesses advanced interpersonal skills

2c. Expressive Skills

Readiness for Practicum Achieved

Communicates ideas, feelings, and information clearly using verbal, non-verbal, and written skills

Readiness for Internship Achieved

Communicates clearly using verbal, non-verbal, and written skills in a professional context; demonstrates clear understanding and use of professional language

Readiness for Entry to Practice Achieved

Verbal, non-verbal, and written communications are informative, articulate, succinct, sophisticated, and well integrated; demonstrates thorough grasp of professional language and concepts

3. Individual and Cultural Diversity

3a. Self as shaped by Individual and Cultural Diversity

Readiness for Practicum Achieved

Demonstrates knowledge, awareness, and understanding of one's own dimensions of diversity and attitudes towards diverse others

Readiness for Internship Achieved

Integrates knowledge of the client as a person, including his or her mind, body, environment and sociocultural experience, into treatment planning and intervention selection. Integrates when planning research question

Readiness for Entry to Practice Achieved

Is able to implement interventions that are appropriate for clients in their current life situation and that are consistent with their worldview

3b. Others as shaped by Individual and Cultural Diversity

Readiness for Practicum Achieved

Demonstrates knowledge, awareness, and understanding of other individuals as cultural beings

Readiness for Internship Achieved

Applies knowledge of others as cultural beings in assessment, treatment, and consultation

Readiness for Entry to Practice Achieved

Independently monitors and applies knowledge of others as cultural beings in assessment, treatment, and consultation

3c. Interaction of self and others as shaped by Individual and Cultural Diversity

Readiness for Practicum Achieved

Demonstrates knowledge, awareness, and understanding of interactions between self and diverse others

Readiness for Internship Achieved

Applies knowledge of the role of culture in interactions in assessment, treatment, and consultation with diverse others

Readiness for Entry to Practice Achieved

Independently monitors and applies knowledge of diversity with others as cultural beings in

assessment, treatment, and
consultation

3d. Interaction of self and others as shaped by Individual and Cultural Diversity and Context

Readiness for Practicum Achieved

Demonstrates knowledge of and sensitivity to the scientific, theoretical, and contextual issues related to ICD (as defined by APA policy) as they apply to professional psychology. Understands the need to consider ICD issues in all aspects of professional psychology work (e.g., assessment, treatment, research, relationships with colleagues)

Readiness for Internship Achieved

Applies knowledge, sensitivity, and understanding regarding ICD issues to work effectively with diverse others in assessment, treatment, and consultation

Readiness for Entry to Practice Achieved

Independently monitors and applies knowledge, skills, and attitudes of diversity dimensions regarding others as cultural beings in assessment, treatment/intervention, and consultation

6. Scientific Knowledge and Methods: Understanding of research, research methodology, techniques of data collection and analysis, biological basis of behavior, cognitive-affective bases of behavior, and development across the lifespan. Respect for scientifically derived knowledge

6a. Scientific Mindedness

Readiness for Practicum Achieved

Displays critical scientific thinking

Readiness for Internship Achieved

Values and applies scientific methods to professional practice

Readiness for Entry to Practice Achieved

Independently applies to scientific methods to practice

6b. Scientific Foundations of Psychology and Counseling Psychology

Readiness for Practicum Achieved

Demonstrates understanding of psychology as a science

Readiness for Internship Achieved

Demonstrates knowledge, understanding, and application of the concept of evidence-based practice

Readiness for Entry to Practice Achieved

Independently applies knowledge and understanding of scientific foundation independently applies to practice

6c. Scientific Foundation of Professional Practice

Readiness for Practicum Achieved

Understands the scientific foundation of professional practice

Readiness for Internship Achieved

Demonstrates knowledge, understanding, and application of the concept of evidence-based practice

Readiness for Entry to Practice Achieved

Independently applies knowledge and understanding of scientific foundations independently applied to practice

7. Ethical and Legal Standards and Policy: Application of ethical concepts and awareness of legal issues regarding professional activities with individuals, groups, and organizations

7a. Knowledge of ethical, legal, and professional standards and guidelines

Readiness for Practicum Achieved

Demonstrates basic knowledge of the APA Ethical Principles and Code of Conduct [ethical practice and basic skills in ethical decision making]; demonstrates beginning level knowledge of legal and regulatory issues in the practice of psychology that apply to practice while placed at practicum setting

Readiness for Internship Achieved

Demonstrates intermediate level knowledge and understanding of the APA Ethical Principles and Code of Conduct and other relevant ethical/professional codes; standards and guidelines, laws, statutes, rules, and regulations

Readiness for Entry to Practice Achieved

Demonstrates advanced knowledge and application of the APA Ethical Principles and Code of Conduct and other relevant ethical, legal and professional standards and guidelines

7b. Awareness of Application of Ethical Decision Making

Readiness for Practicum Achieved

Demonstrates awareness of the importance of applying an ethical decision model to practice

Readiness for Internship Achieved

Demonstrates knowledge and application of an ethical decision-making model; applies relevant elements of ethical decision making to a dilemma

Readiness for Entry to Practice Achieved

Independently utilizes and ethical decision-making model in professional work

7c. Ethical Conduct

Readiness for Practicum Achieved

Displays ethical attitudes and values

Readiness for Internship Achieved

Integrates own moral principles/ethical values in professional conduct

Readiness for Entry to Practice Achieved

Independently integrates ethical and legal standards with all competencies

9. Intervention: Interventions designed to alleviate suffering and to promote health and well-being of individuals, groups, and/or organizations; integrates research and clinical expertise in the context of client factors (evidence-based practice; EBP).

9a. Intervention Planning

Readiness for Practicum Achieved

Displays basic understanding of the relationship between assessment and intervention; demonstrates basic knowledge of scientific, theoretical, and contextual bases of psychological assessment and intervention

Readiness for Internship Achieved

Formulates and conceptualizes cases and plans interventions utilizing at least one consistent theoretical orientation; applies knowledge of EBP, including empirical bases of assessment and intervention, clinical expertise, and client preferences

Readiness for Entry to Practice Achieved

Effectively plans interventions; case conceptualizations and intervention plans are specific to case and context; effectively integrates knowledge of evidence-based practice, including empirical bases of assessment and intervention, clinical expertise, and client preferences

9b. Skills

| | | |
|--|--|--|
| Readiness for Practicum Achieved Displays basic helping skills | Readiness for Internship Achieved Displays clinical/therapeutic/psychoeducational skills | Readiness for Entry to Practice Achieved Displays clinical/therapeutic/psychoeducational skills with a wide variety of clients and uses a good judgment even in unexpected or difficult situations |
|--|--|--|

9c. Intervention Implementation

| | | |
|--|---|--|
| Readiness for Practicum Achieved Demonstrates basic knowledge of intervention strategies | Readiness for Internship Achieved Implements evidence-based interventions | Readiness for Entry to Practice Achieved Implements interventions with fidelity to empirical models and flexibility to adapt where appropriate |
|--|---|--|

9d. Progress Evaluation

| | | |
|--|--|--|
| Readiness for Practicum Achieved Demonstrates basic knowledge of the assessment of intervention progress and outcome | Readiness for Internship Achieved Evaluates treatment/intervention progress and modifies treatment/intervention planning as indicated, utilizing established outcomes measures | Readiness for Entry to Practice Achieved Independently evaluates treatment/intervention progress and modifies planning as indicated, even in the absence of established outcome measures |
|--|--|--|

11. Assessment: Assessment and diagnosis of problems, capabilities and issues associated with individuals, groups, and/or organizations.

11f. Communication of assessment findings

| | | |
|--|--|---|
| Readiness for Practicum Achieved Demonstrates awareness of models of report writing and progress notes | Readiness for Internship Achieved Writes assessment reports and progress notes and communicates assessment findings verbally to client | Readiness for Entry to Practice Achieved Communicates results in written and verbal form clearly, constructively, and accurately in a conceptually appropriate manner |
|--|--|---|

**Appendix K
Transfer Evaluation and Substitution Form
Psychology Doctoral Program**

Student Name: _____ Student ID: _____

The curriculum consists of 88 credits of which 15 credits are completed by students through required courses in their master's programs and transferred into the Psy.D. program. **The required courses are listed below.**

Please note: the three-credit course in Group Counseling is a pre-requisite to the program, but is not accepted as a transfer course. In addition to these 15 credits in masters-level courses, the curriculum includes 73 credits in doctoral-level coursework and supervision.

All of our Psy.D. students will have taken the equivalent of the following SEU courses before they come into the program or before the end of their first semester.

Official transcripts demonstrating completion of the course substitutions must be attached to the Registrar's copy. Syllabi are required for courses taken outside of Saint Elizabeth University.

SEU Program Requirements

| Course #/Course Title | Course Substitution | Outside College/ University |
|--|----------------------------|--|
| PSY639 Human Growth and Personality Development (3 cr) | _____ | _____ |
| PSY635 Assessment and Evaluation in Counseling (3 cr) | _____ | _____ |
| PSY641 Psychopathology and Diagnosis (3 cr) | _____ | _____ |
| PSY631 Research Methods and Program Evaluation (3 cr) | _____ | _____ |
| PSY633 Counseling Theories and Methods (3 cr) | _____ | _____ |

Director, Psy.D. in Counseling Psychology

Signature: _____ Date: _____

Registrar's Office: _____ Date: _____

Appendix L
Non-APA Accredited Internship Training Site Form

Required for sites that are not accredited by APA

Return to the Associate Director for Clinical Training

Student (Print Name):
Name of Psychology Training Director:
Contact Information:
Proposed Pre-Doctoral Internship Site Name:
Semester and Year:

Section 1 of 3

1. List all individuals who will be involved in the student's training and provide their credentials.

A. Name:

B. State(s) of licensure:

C. License #:

A. Name:

B. State(s) of licensure:

C. License #:

2. Describe the internship director's supervision qualifications, including relevant education and training, approach to supervision, and experience supervising doctoral students.

3. Describe the internship training program. Include information about the focus of training, clinical site(s), clients served, and assessment and treatment modalities.

4. What is the program's mission?

Section 2 of 3

5. Briefly describe the training provided to students in the following areas:

A. Multiculturalism and Diversity

| |
|---|
| |
| <i>B. Psychological Assessment</i> |
| <i>C. Intervention</i> |
| <i>D. Evidence-Based Practice</i> |
| <i>E. Ethical and Legal Issues</i> |
| <i>F. Social Justice and Advocacy</i> |
| <i>G. Professional Values, Attitudes, and Behaviors</i> |
| |
| Section 3 of 3 |
| 6. What title do your psychology internship trainees use in the work setting? |
| 7. How many pre-doctoral psychology interns do you currently have on-site and in training? |
| 8. Is the internship appropriate for a pre-doctoral level psychology training experience? Explain. |
| 9. How are cases assigned to interns? What are the procedures used to determine the appropriateness of cases? |
| 10. Describe the program's due process procedures, including safeguards for handling intern performance problems and intern grievances against the program. |

11. Does the program have brochures, website links, or other public program documents? If so, please include those resources in the link provided at the end of this survey. The link will take you to a Google shared drive folder where you can upload resources.

12. Can you provide the intern with a formal written evaluation in the Fall and Spring semesters using the evaluation form provided by Saint Elizabeth University?

***Please submit Supporting Documents here. Supporting documents include proposed site supervisor(s) CV, marketing material, policies, and procedures (e.g., program training manuals, due process procedures for interns, didactics.*